

Need a lift? A laugh? A break from the insanity? You've come to the right place!

Best known for her positive outlook on life, no matter what the circumstances, Alyse Kenny shares fun stories, positive anecdotes and personal tips to get you through this crazy time. Unmasked reveals more about Alyse's private life than ever before — from her humorous take on Zoom dating and garage birthday parties, to her more private “aha” moments and behind-the-scenes tales from the years she worked on staff at ABC's The View and The Dr. Oz Show. Read about the hard lessons she learned about herself and how she made the best of each day while going through lockdown alone in a 412-square foot apartment on Manhattan's Upper West Side. Treat yourself or give Unmasked as a gift! This book is a delightful, quick read that leaves you feeling energized and optimistic — a refreshingly honest and entertaining ride for anyone who needs a break from the madness!

**10% of proceeds from sales of this book are being donated to
DirectRelief.org**

Thank you for your support and enjoy!

