

Value 1



Value 2



Value 3



Value 4



Value 5



Value 1 \_\_\_\_\_

\_\_\_\_\_

Value 2 \_\_\_\_\_

\_\_\_\_\_

Value 3 \_\_\_\_\_

\_\_\_\_\_

Value 4 \_\_\_\_\_

\_\_\_\_\_

Value 5 \_\_\_\_\_

\_\_\_\_\_

In your most recent or most common daydream, what are you doing?

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Who are you with?

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Where do you live? Describe the setting in detail, including the climate, the type of home or work setting you're in, and even the furnishings.

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How do you spend your time?

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How do you look? Are you wearing casual clothes, or are you dressed up? Again, be as specific as possible.

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What else is significant or noticeable about the life you imagine for yourself?

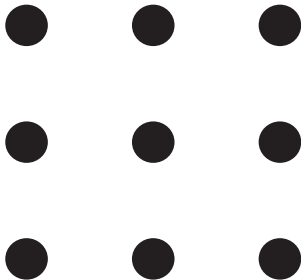
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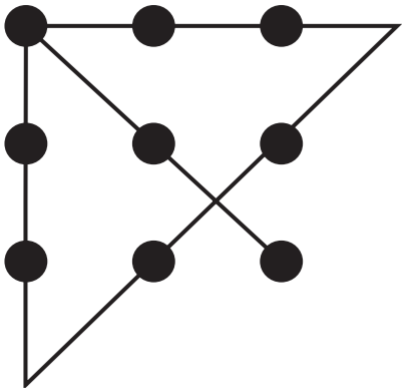
Connect all nine dots using only four straight lines and without raising your pen or pencil from the page. You can crisscross lines, but you can't lift the pen from the page.

Got it? Okay, now do it.

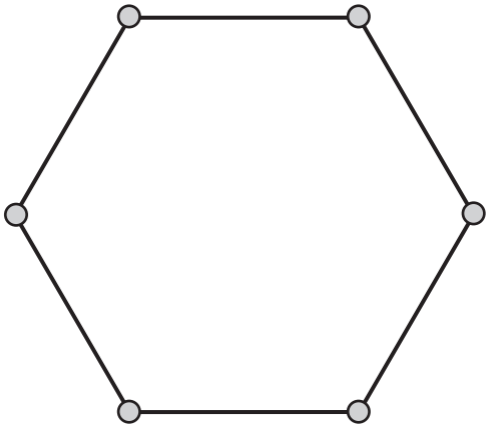


Here's a great exercise: list ten successes you've had today in the spaces provided below. Even if you're reading this just after you've awakened early in the morning and you don't think you've done anything successful yet, think again, then list ten successes you've already had today.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_



*Nine Dots Solution*





# Your Mastermind Group

Now it's time to form your own Mastermind group. Write down the names of the people you'll be consulting with, along with your reasons for including them—the specific qualities they'll bring to the table.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5. \_\_\_\_\_

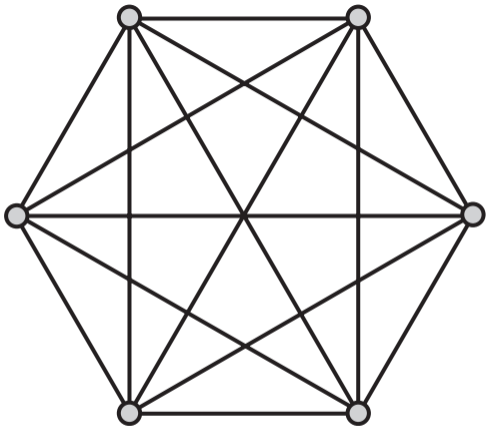
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\_\_\_\_\_

6. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



*Hexagon Solution*

Goal

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By when

---

Reward

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Subgoal #1

By when

Reward

Subgoal #2

By when

Reward

Subgoal #3

By when

Reward

Subgoal #4

By when

Reward

What obstacles will you need to overcome to complete your goal?

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What skills will you need to develop to complete your goal?

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Who are the people you'll need to speak with and the resources you'll need to have?

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What other knowledge will you need to reach your goals?

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Don't give a thought to how you will accomplish these commitments. There'll be time enough for that later on. Write your five commitments below:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_