



Young Alexis.



Jenny with ringlets.



Jennifer  
with her  
husband,  
Keith.



Alexis and Jennifer watching Martha while filming *Whatever, Martha!*



Portrait of Alexis.



Jenny with braids.



The Koppelman family home in the 1980s.



Martha with baby Alexis in the kitchen.





The view from Alexis's Greenwich Village bedroom.



Turkey Hill before the renovations.



Alexis and Martha in front of Turkey Hill.



Alexis bobbing  
for apples.



Jenny in sugar-rush heaven.



Alexis is not amused by her food.



Jennifer and her husband, Keith, at her twenty-sixth birthday dinner at the 21 Club in New York City.



Alexis on her wedding day, with Martha.





Alexis's library.



The vanity in Alexis's bedroom.

Alexis's lipstick collection  
(it's quite a collection for  
someone who almost  
never wears lipstick).





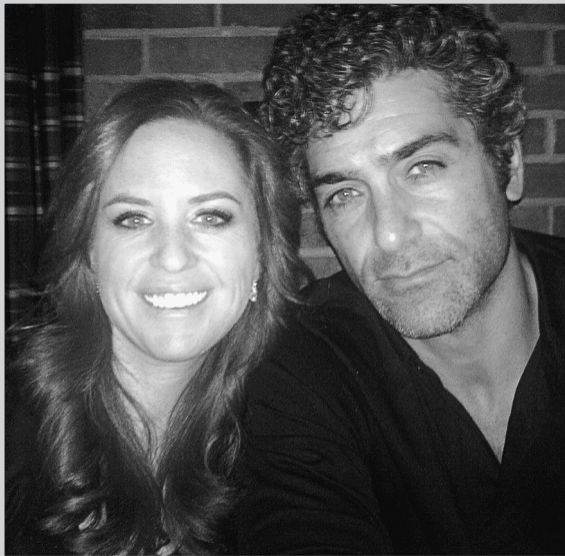
“There’s gotta be a shade of eye shadow that will change my life!”  
–Alexis

# **For Those of You Taking Notes at Home: Clinical Terms for Filth-and-Home-Related Phobias**

<i>Fear of dust</i>	amathophobia or koniophobia
<i>Fear of disorder or untidiness</i>	ataxophobia
<i>Fear of microbes</i>	bacillophobia
<i>Fear of bacteria</i>	bacteriophobia
<i>Fear of slime</i>	blemophobia
<i>Fear of contamination</i>	molysmophobia
<i>Fear of germs</i>	verminophobia
<i>Fear of fecal matter</i>	coprophobia or scatophobia
<i>Fear of throwing anything away</i>	disposophobia



Romantic  
Jennifer and  
Keith.



Jennifer and her husband make a good-looking couple, right?

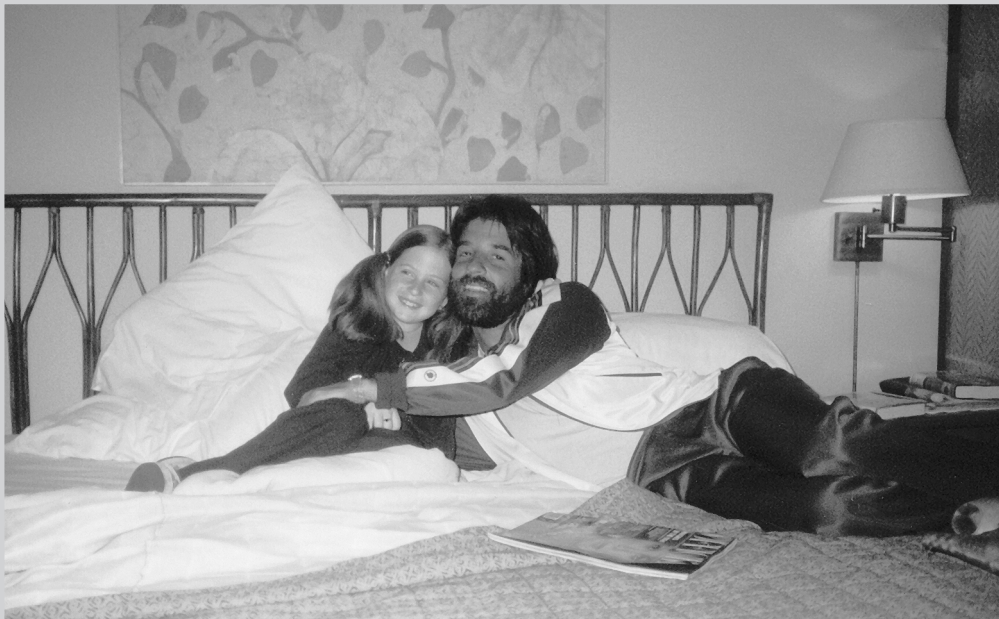
## **For Those of You Taking Notes at Home: Clinical Terms for All of Your Relationship Phobias**

<i>Fear of staying single</i>	anuptaphobia
<i>Fear of being touched</i>	aphenphosmophobia
<i>Fear of men</i>	arrhenphobia
<i>Fear of women</i>	gynephobia
<i>Fear of beautiful women</i>	caligynephobia
<i>Fear of the opposite sex</i>	heterophobia
<i>Fear of dancing</i>	chorophobia
<i>Fear of coitus</i>	coitophobia
<i>Fear of undressing in front of someone</i>	dishabiliophobia
<i>Fear of sexual love</i>	erotophobia
<i>Fear of female genitalia</i>	eurotophobia
<i>Fear of marriage</i>	gamophobia
<i>Fear of sex</i>	genophobia
<i>Fear of nudity</i>	gymnophobia
<i>Fear of bald people</i>	peladophobia
<i>Fear of becoming bald</i>	phalacrophobia
<i>Fear of kissing</i>	philemaphobia





Alexis's first bulldog, Homer.



Jenny with movie producer Jon Peters.



Bare-bottomed Alexis in front of the house in Massachusetts.



Jenny with her sister, Stacy, and her mother, Bunny.

I DO WISH THAT YOU CHILDREN IN YOUR  
BUNK WOULD BE GOOD GIRLS. PLEASE BE  
NICE UNTIL THE - END OF CAMP.

DADDY AND MOMMY LOVE YOU VERY MUCH!  
Love Mommy.

SPELLING LESSON

FOOT

BANQUET

SHOES

BETTER

DRESS

DIFFERENT

CAMP

BE

BOOK

LOVE

PAIR

ANIMAL

KISSES

PARTY

STUFFED

PLEASE

A letter from  
Martha to Alexis  
at camp.



Jenny celebrating Christmas with Barbra Streisand.



Alexis feeding the pet rabbits.



Jenny and Alexis  
filming *Whatever,  
Martha!*





Alexis's pots and pans.



“These cookies went to my endocrinologist to try to bribe him to be extra nice to me.” –Alexis



Some of  
Alexis's  
cookbooks.

## **For Those of You Taking Notes at Home: Clinical Terms for Food-Related Fears**

*Fear of peanut butter  
sticking to roof of  
mouth*

arachibutyrophobia

*Fear of meat*

carnophobia

*Fear of food*

sitophobia

*Fear of vegetables*

lachanophobia



Jenny at the beach.



Alexis thought she was too fat to fit into her jeans. Whatever!



Jenny and her sister, Stacy, during a family vacation



Alexis exercising during a photo shoot for *Harper's Bazaar*.



## **For Those of You Taking Notes at Home: Clinical Terms for Body-Related Phobias**

*Fear of one who has  
a vile odor*

autodysomophobia

*Fear of being dirty*

automysophobia

*Fear of body smells*

bromidrosiphobia

*Fear of ugliness*

cacophobia

*Fear of constipation*

coprastasophobia

*Fear of feces*

coprophobia

*Fear of dentists*

dentophobia

*Fear of gaining weight*

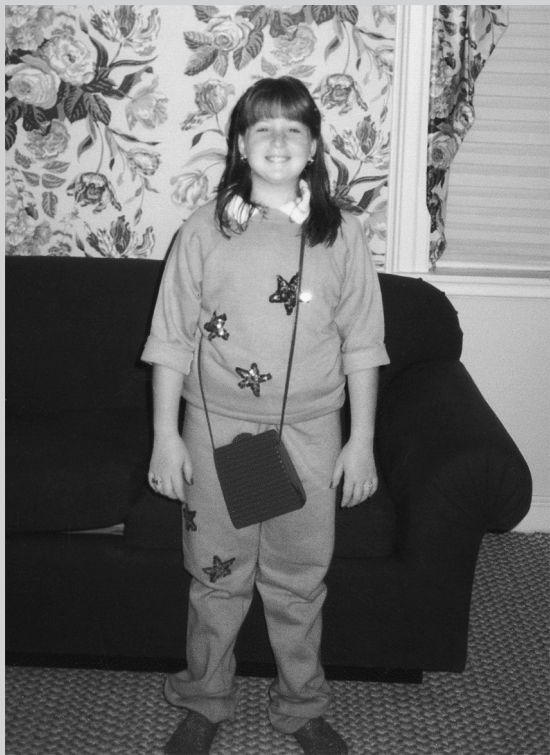
obesophobia

*Fear of getting wrinkles*

phytiphobia



Young Alexis in stripes and a bandanna.



Jenny with a purse and an appliquéd outfit.



Alexis and Martha dressed up for the walk to school.



Jenny looking dreamy and lovely in alpaca.

Jennifer with Mikhail Gorbachev at a charity event; Gorbachev and Jenny's dad were honored that night.



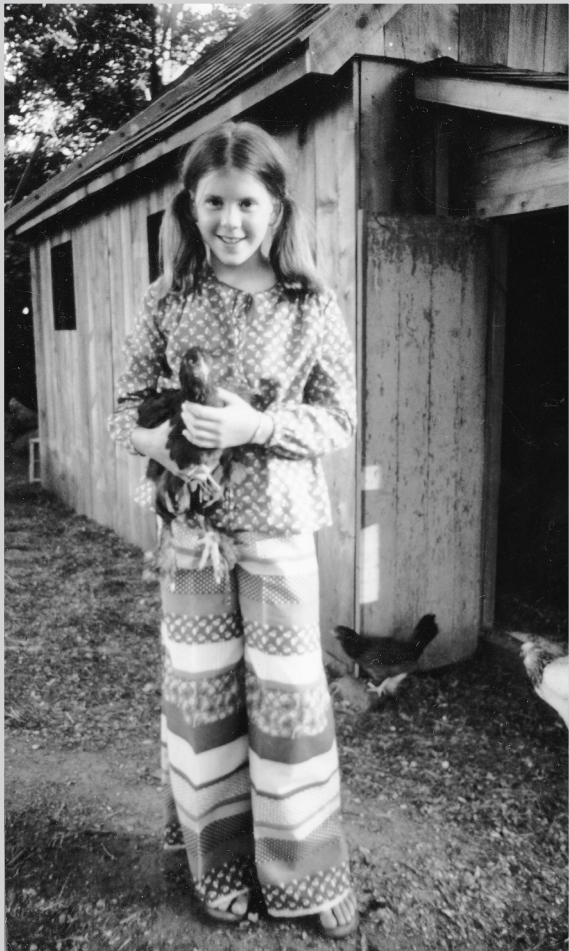


Young Alexis.



Jenny with big brother Brian going to a cousin's engagement party.





Young Alexis loved prints.



Alexis dressing  
for the photo  
shoot for  
*Harper's Bazaar*.



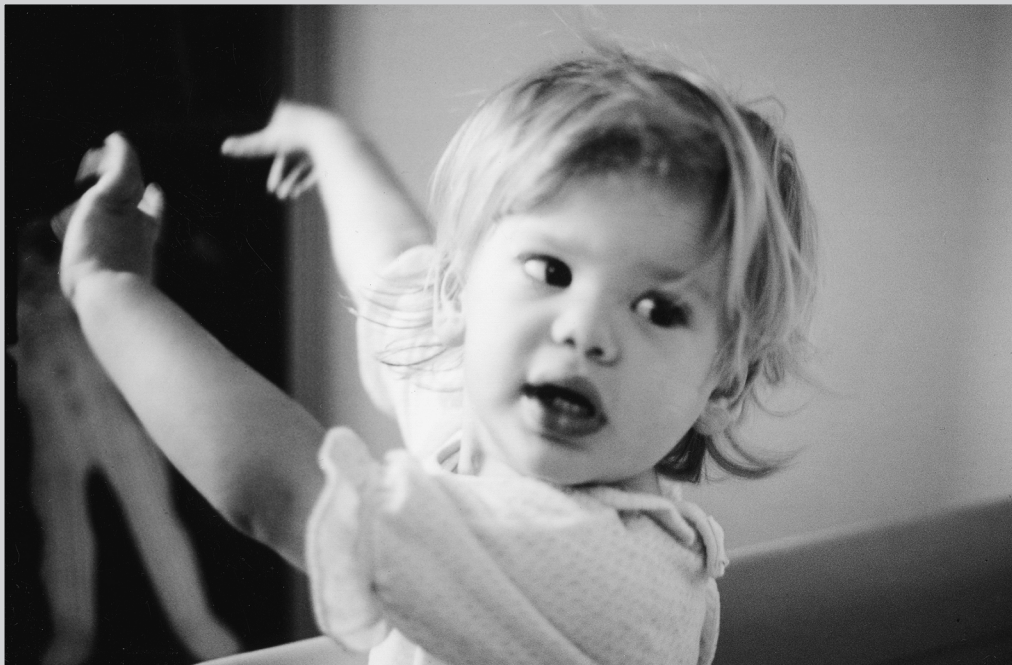
Jenny in her spring finery.



Jenny defining the term "big hair."



Alexis the schoolgirl.



Alexis as  
a toddler.

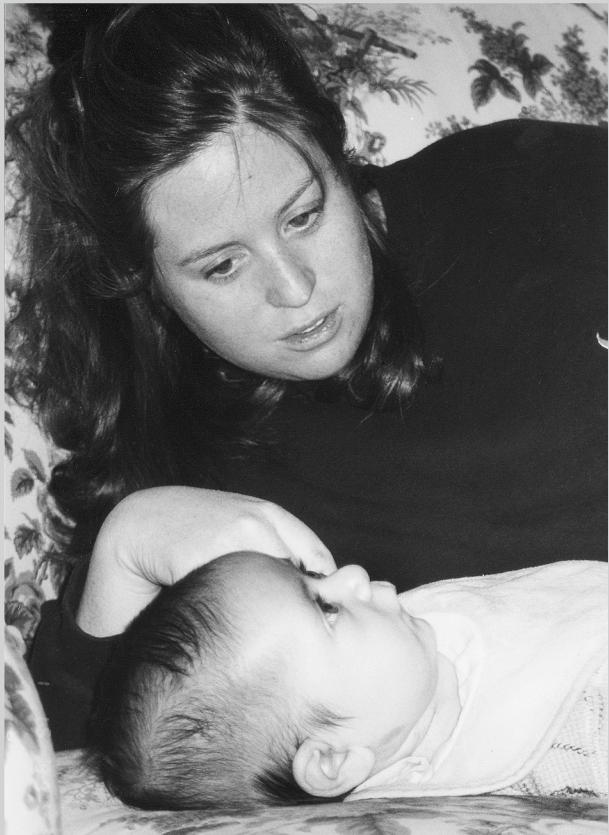


Young Alexis.



Jenny's kids, Raquel and Jacob.





Jennifer and  
baby Jacob.



Alexis and crew making sure the carpet is aligned properly.



The Koppelmans celebrating Bunny's sixty-fifth birthday; she passed away six months later.

# Resources

## Alexis and Jennifer's Guide to Useful Sites and Favorite Things

### Alexis's Favorites

#### Housewares

*Awesome shelving:* <http://www.vitsoe.com/en/us>

*Modern house wares:*

<http://www.okstore.la/index.php>

<http://www.unicahome.com/>

<http://www.lekkerhome.com/>

<http://www.designpublic.com/>

*Cool stuff:*

<http://kioskiosk.com/>

<http://www.fitsu.com/index.php>

[www.manufactum.com/](http://www.manufactum.com/)

*Custom cutting boards:* <http://www.cuttingboardcompany.com/>

*Cool phones:* <http://www.oldphones.com/servlet/StoreFront>

#### Food

*Ingredients and equipment:* <http://www.culinarydistrict.com/>

*Great miso with great recipes, including the best recipe for the salad dressing you get in Japanese restaurants (I use less garlic*

*and much less oil and add a Vidalia onion*): <http://www.southernrivermiso.com/>

*Thai ingredients and tools*: <http://importfood.com/>

*Candy and baking ingredients*:

<http://www.lepicerie.com/customer/home.php>

<http://www.beryls.com/>

<http://www.pasterychef.com/>

<http://www.kingarthurfLOUR.com/shop/landing.jsp>

*Hard to find organic ingredients*: <http://www.naturesflavors.com/>

*The best pasta and lots of other amazing stuff*: <http://www.formaggiokitchen.com/>

*More Italian ingredients*:

<http://www.gustiamo.com/>

<http://www.salumeriaitaliana.com/>

<http://www.ilmercatoitaliano.net>

*Cheese*:

<http://www.idealcheese.com/>

<http://cheesebyhand.com/>

*The best parmesan cheese*: <http://www.academiabarilla.com/>

*Kitchen wares*:

<http://www.fantes.com/index.html>

<http://www.jbprince.com/>

<http://www.bakingshop.com/equipment/index.html>

<http://www.bakedeco.com/>

*Real Jordan Almonds*: [http://www.confettipelino.com/site/epage/30439\\_552.htm](http://www.confettipelino.com/site/epage/30439_552.htm)

*Candy for adults and children (a great place to visit, too!)*:

<http://www.papabubble.com/>

*Licorice*: <http://www.licoriceinternational.com/licorice/pc/Licorice-International-Home-Page-d44.htm>

## **Packaging**

Presentation is everything! No one really likes baked goods or home-made candy in a zip lock bag or crumpled tinfoil.

*Boxes*: <http://www.bakingboxes.com/index.html>

*Rolls of real cellophane, plain shopping bags, and coffee bags*:

<http://www.papermart.com>

*Real cellophane bags and great custom labels and coasters:*

<http://www.simplicity.com/p-783-3yd-of-12-seam-bindinghem-tape.aspx>

*Tags:* [http://www.paperpresentation.com/mm5/merchant.mvc?Screen=SFNT&Store\\_Code=PPN](http://www.paperpresentation.com/mm5/merchant.mvc?Screen=SFNT&Store_Code=PPN)

*Ribbon, boxes, bags, and tissue:* <http://www.nashvillewraps.com/>

*Ribbon:* <http://www.mjtrim.com/Catalog/Category/443.aspx>

*The best plain white cake boxes (and a bunch of other hard-to-find kitchen items, including the most unusual cookie cutters):*

<http://www.lacuisineus.com/catalog/>

*Waxed tissue and tons of baking cups:* <http://www.fancyflours.com/site/index.html>

*Seam binding (great colors and so inexpensive; great for tying cellophane bags):*

<http://www.fabric.com>

<http://www.simplicity.com/p-783-3yd-of-12-seam-bindinghem-tape.aspx>

*Tea canisters (for candy or cookie packaging) and other Japanese products:*

<http://store.zensuke.com/index.html>

*Beautiful ribbon, twine, and other items:*

<http://www.papertreyink.com/index.html>

*Odd but beautiful papers, labels, boxes, tags, and other items:*

<http://www.bellocchio.com/>

## Jennifer's Favorites

[www.jenniferhutt.com](http://www.jenniferhutt.com)

[www.weightwatchers.com](http://www.weightwatchers.com)

[www.solestruck.com](http://www.solestruck.com)

[www.barmethod.com](http://www.barmethod.com)

[www.poptarts.com](http://www.poptarts.com)

[www.siwymdenim.com](http://www.siwymdenim.com)

[www.workcustomjeans.com](http://www.workcustomjeans.com)

[www.revolveclothing.com](http://www.revolveclothing.com)

[www.cabbagepatchkids.com](http://www.cabbagepatchkids.com)

[www.hankypanky.com](http://www.hankypanky.com) (Hanky Panky Retro Thong—not Plus Size!)