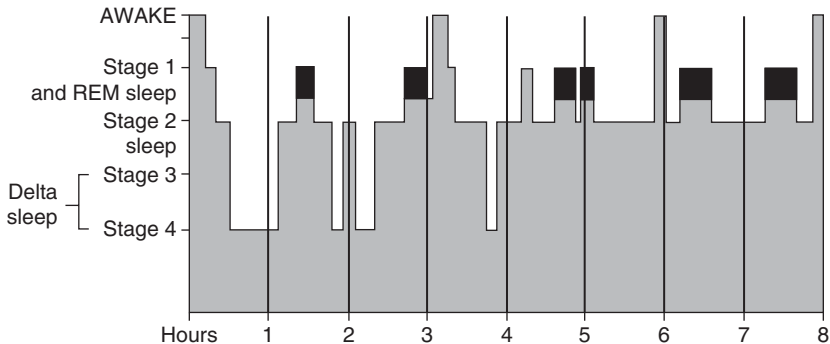


FIGURE 1.1 Electroencephalographic stages of sleep



Stage 1 sleep and REM sleep are graphed on the same level because their EEG patterns are very similar.

FIGURE 1.2 Typical sleep pattern of a young human adult



FIGURE 2.1 Dream drawing of a 3-year-old girl

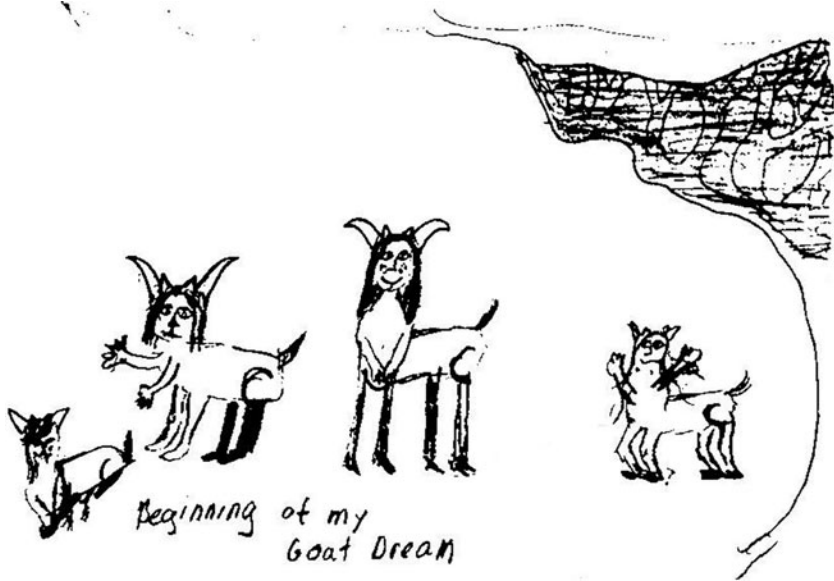


FIGURE 2.2 Dream drawings of an 8-year-old girl



FIGURE 2.3 Dream drawings of an 8-year-old girl

My Dream

My mom, my sisters, & I were
all goats. We lived happily.
One day I got mad at
them & I killed them.

My mom was a goddess,
I was on earth starving
for I was still a
baby & needed milk.

My mom felt sorry
for me & made it
rain warm milk
so I wouldn't starve.

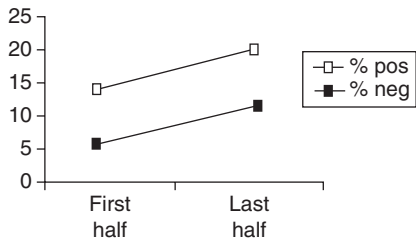
FIGURE 2.4 An 8-year-old's dream

Why I had this
dream,

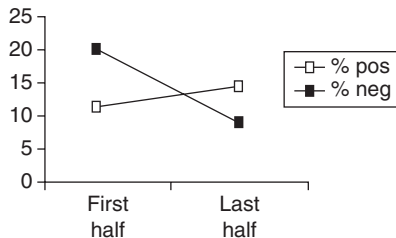
I had just ~~finished~~
~~and~~ finished a
big book on gods &
goddesses. I probably
was guilty about
something I did to
somebody.

After the dream I
was scared for a long
time that this meant
something or unconsciously
I didn't like my mom
& sisters. (But I
got over it.)

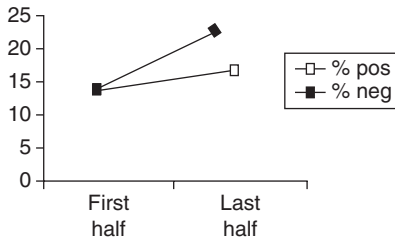
FIGURE 2.5 An 8-year-old's written interpretations of her dream



Group 1 (not depressed) N=22



Group 2 (remitted) N=22



Group 3 (not remitted) N=17

FIGURE 4.1 Percent of positive and negative dream affect by half-night in divorce volunteers

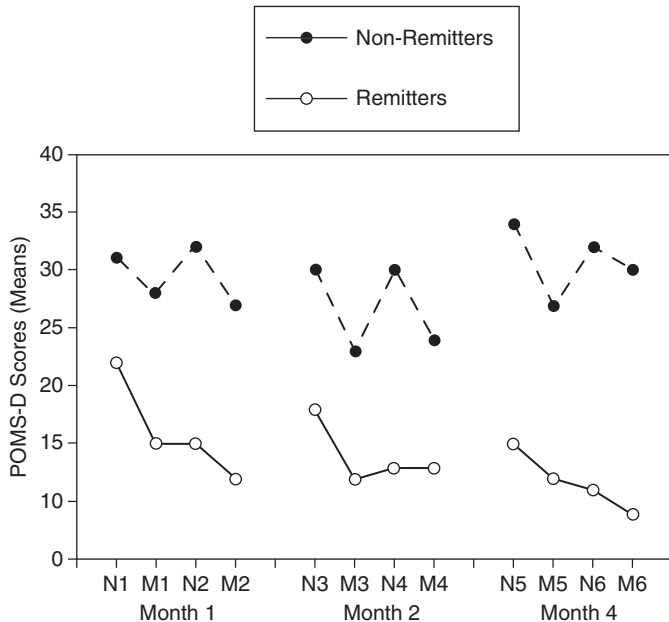


FIGURE 4.2 Overnight (night, morning) change in depressed mood in nonremitters and remitters

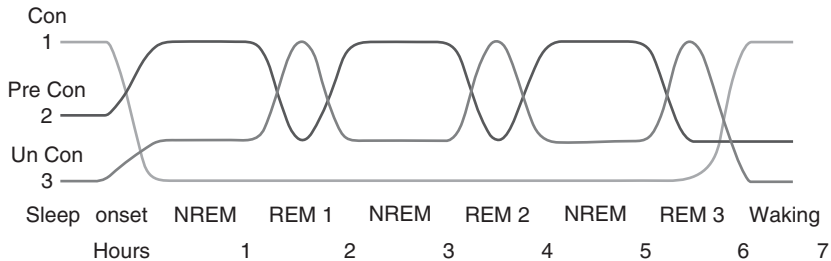


FIGURE 10.1 Cognition in wake/sleeping/dreaming