

## Cassandra Eason's Magick Chronicles



This is the first ever recorded magick course that will guide you through all you need to know to enrich your life with magick, reverse bad fortune and shape your own destiny in the way you want. Cassandra Eason, one of the world's most experienced white witches, will guide you step by step in the safe, positive but powerful old ways of magical wisdom and share her secrets with you. Open your own innate magical abilities as people have done for thousands of years and enter a world where almost anything is possible whether in love, happiness, health, career, travel or prosperity.

Learn the ancient arts of magick with traditional spells some dating back thousands of years and others that are rooted firmly in the 21st century using materials and ingredients you already have at home and easily obtainable crystals and fragrances. Study Moon Magick, Candle Magick, Prosperity Magick, Healing Magick, Workplace Magick and the all important good but powerful Defensive Magick for those times when life is hard and you need to overcome bullying, jealousy, injustice and nastiness that threatens the happiness of you and your loved ones.

You will after working with even one CD bring magick into your everyday world and gradually as you progress through the course, you will feel confident in any situation, by learning magical short cuts to activate your power anywhere, any time. This course is complete in itself but you can learn even more about the principles and practice of magick on Cassandra's other magick CDs and the Magick Workshop.

For more information on magick and details of her magick books and her online magick course contact Cassandra Eason on [www.cassandraeason.co.uk](http://www.cassandraeason.co.uk)

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# CASSANDRA EASON'S Chronicles of Magick

## HEALING Magick



## Healing Magick

Healing magick dates back to the Ancient Babylonians and Egyptians and offers a powerful way of triggering the self healing powers within yourself and to send healing to those you care for, humans, animals and places.

In the modern world medicine is increasingly accepting that the mind and spirit are vital in bringing healing to the body and acknowledging that our body defences become weaker when we are stressed, making us more prone to minor illness and anxiety related phobias and addictions.

We all have the power to heal ourselves and those we love and healing rituals need neither medical knowledge nor formal healing training. This recording adapts the best of the old healing traditions of our ancestors, teaching you step by step how you can use water, candle light, the powers of the earth and crystals to cast beautiful healing spells whether for health, fertility or the relief of pain, addictions or fear. As you heal others whether a family member, a pet or a war torn place across the world, so by the laws of magick, healing and harmony flow automatically into your own life.

## About Cassandra Eason

Cassandra has worked as a white witch for many years and is a trained Druidess with the Order of Bards, Ovates and Druids. She teaches workshops and lectures on magick and psychic development in the UK, Australia and Sweden. She has published more than 80 books worldwide including Pagan in the City, A Year and a Day in Magick and Cassandra Eason's Complete Book of Natural Magick (all with Quantum/Foulsham), the Illustrated Guide to Healing Crystals (Anova/Collins and Brown), Angel Magick for Busy People and Becoming Clairvoyant (both with Piatkus). Cassandra has five children, two cats and lives on the rural Isle of Wight



Spells for legal matters, injustice, neighbourhood or bodily disputes; also for safety when flying; to keep out all forms of malice, to guard against fire and winds and reflect negativity back to the sender.

#### Jade

Protective magick for babies, children and women, for gentle love, friendship and fidelity, for long life, healing and for animal welfare; guards against floods and tidal waves

#### Jet

Spells to stabilise finances, overcome debt problems and for property matters; for the safe return of loved ones, for older people and chronic illnesses and for leaving the past behind

#### Lapis Lazuli

Spells for overcoming fears and dangers of the night; against betrayal and psychic and emotional vampires, for promotion, house moves, leadership opportunities, wealth, wisdom, justice, learning and for female power

#### Moonstone

Spells for protection while travelling at night, against psychic attack and all supernatural malevolence, for wish magick and fertility spells and easy childbirth, for mothers and children, for passion, developing psychic powers and for keeping secrets and secret love.

#### Rose Quartz

Spells to heal and prevent abuse of any kind, for self esteem, for romance, for family harmony, for new love especially after loss or betrayals, for reconciliation, peace, the mending of quarrels, the return of lost love and to reduce addictive behaviour; also for children and animals

#### Silver

The metal of the Moon and moon goddesses throughout the world. Silver bells are believed to call fairies and nature spirits. Silver attracts prosperity; traditionally silver is turned over three times facing the crescent moon when it first appears in the sky to draw success and abundance throughout the month ahead. Silver is the travellers' friend, especially those who journey at night, over long distances or in lonely places.

#### Tiger's Eye

Spells for protection against verbal, physical or psychic attack, to attract prosperity and encourage success in any dealing with officialdom or banks, for property matters and renovation or DIY projects

#### Turquoise

Good for spells for travelling and for protecting all pets and horses from harm, against theft, vandalism and against financial and professional fraud, for leadership, recovering property or uncovering secrets

chamomile herbs and dried petals in small herb sachets or pouches as a focus for spells. You can keep them for children or person you made them for. You can also use specific flowers as a focus for spell energies placed in your home and empowered culinary cooking herbs in meals or flowers such as chamomile and rose as teas (but always check first in a good herbal book or at a pharmacy that they are safe especially if you are pregnant or suffer from any medical condition)

#### Apple blossom (*Cydonia malus*)

Brings fertility in every way; increases self-love; gradually restores health and optimism; a symbol of long life and lasting love; good health

#### Basil (*Ocimum basilicum*)

Faithful love and trust in love; abundance of all kinds; prosperity; protection; passion; eases stress and anxiety; helps with indecision and insomnia; conquers fear of flying

#### Chamomile, Roman (*Chamaemelum nobile*) and chamomile, German (*Matricaria recutita*)

For all healing rituals, especially those for babies' and children's ills; heals sorrow in love; restores confidence after a period of bad luck; protection; good for money and family matters

#### Geranium (*Pelargonium graveolens*)

Heals domestic conflict and trouble in the workplace (take a sachet into a troubled office); gentle love and trust; money

#### Hyacinth (*Hyacinth orientalis*)

Self-esteem; rebuilding of trust after betrayal; domestic happiness; increasing beauty and attracting beautiful things into your life

#### Jasmine (*Jasminum grandiflorum*)

Love; increases sexual desire; optimism; moon and night magick

#### Juniper (*Juniperus communis*)

Purifies homes; protects against accidents, thieves and all forms of illness; increases male potency

#### Lavender (*Lavandula angustifolia*)

Love, especially self-love and gentleness; happiness; health; guards against cruelty and spite; helps grief, sorrow and guilt; reduces stress and the power of addictions; new beginnings; healing

#### Lily of the valley (*Convallaria majalis*)

Restores happiness after sorrow or loss; fairy and deva magick; mothering issues

#### Marigold (*Calendula officinalis*)

Increases positive energies in a room or building; protective, especially at night and in domestic matters; resolution of legal problems and obtaining justice; increase of love and fidelity

#### Magnolia (*Magnolia glauca*)

Love and loyalty; reduces the power of addictions and obsessions, especially smoking; restores strength after a long illness or major setback; domestic peace

## Crystals and metals

Use these as a focus for spells and carry as a charm afterwards. You can repeat the spell when necessary to re-empower them

### Amber

Love and fertility spells, to call a twin soul and for beauty, courage and good health.

### Amethyst

Spells to repel psychic attack, to reduce the power of addictions of any kind, for weight loss and for any healing.

### Aquamarine

Spells for safety when you travel especially overseas or on a boat; for justice spells to resolve legal matters favourably and to call a loved one home.

### Aventurine

Spells for good luck, for games of chance and competitions and to attract unexpected money

### Carnelian

Spells to protect the home against fire, storm and the family against accidents, to kindle passion and fertility, for courage, self-confidence, creativity and independence.

### Citrine

Spells to bring new beginnings, investment and money especially to businesses, for optimism, employment, travel, examinations, for risk taking and to protect against negative people and unfriendly ghosts.

### Clear crystal quartz

Spells for any empowering or energising purpose, for health, energy, ambitions, fame, healing and angel magick and fulfilling dreams of any kind.

### Copper

Copper is sacred to many love goddesses including the Greek Aphrodite, and her Roman counterpart Venus. It is also the metal of the planet Venus and so the metal of all lovers and to encourage the gradual growth of prosperity and the restoration of health.

### Gold

Gold is the metal of the sun; a gold ring or earring may be dropped in sunlit water to grant wishes. everyday life: Attracts prosperity, power, success and also an abundance of health and happiness into the life of the wearer. It is said that gold rings, even very thin ones, bring fidelity to those in a relationship and protection from harm to all who wear them as long as the sun lasts.

### Mimosa (Acacia dealbata)

Removes a sense of isolation, especially for older people; brings and keeps love in later life; calms anxiety; relieves depression and nightmares; new love and passion; money.

### Mint (Mentha aquatica) and peppermint (Mentha piperita)

Purifies a bad atmosphere; drives away negativity from objects and places; a natural protector of travellers; money; health; love; passion; success.

### Parsley (Petroselinum sativum and Petroselinum crispum)

Purification herb; keeps away all harm; alleviates grief and sorrow; banishes misfortune; money; brings passion.

### Pine (Pinus), spruce (Picea excelsa)

Drives away all harm to home and family, especially to newborn infants; a fire tree; strengthens friendship in adversity; inspiration; good for travel and for guarding property and premises; employment success.

### Rose/rose otto (Rosa damascena), rose absolute (Rosa centifolia)

The ultimate gentle healing flower of love and reconciliation; self-esteem; healing the young, the very old, anyone who has suffered abuse and the vulnerable; love or fertility magick; reduces stress, eating disorders and other addictions.

### Rosemary (Rosmarinus officinalis)

Drives away illness, malevolence of all kinds and nightmares; improves memory and concentration; love; fidelity; prosperity.

### Sage (Salvia officinalis)

Longevity; good health; contentment; increases the ability to concentrate; protection of the home and family, also creatures, places and nations; good for examinations and tests; prosperity; wisdom.

### Tarragon (Artemisia dracunculus)

Associated with dragons and serpent goddesses; shedding of old burdens, guilt, fears and destructive relationships; courage and overcoming bullies and threats

### Thyme (Thymus vulgaris)

Psychically cleanses the home and land; divinatory; brings health; drives away nightmares and phantoms of the night; improves memory and concentration.

### Violet (Viola odorata)

Healing; gentle love; self-confidence; domestic happiness; getting one's talents recognised; keeping secrets.

