

Gildan Media

Companion PDF

DISCOVER YOUR PURPOSE

by

Rhys Thomas

Profile #1: Creative Idealist/Thinker

Creative Idealist/Thinker
PERSONAL PROFILE SUMMERY

Profile	<input type="checkbox"/> This is my PRIMARY PROFILE <input type="checkbox"/> This is my SECONDARY PROFILE <input type="checkbox"/> This is my THIRD, FOURTH, or FIFTH PROFILE
My Core Soul Qualities (for this profile)	1 _____ 2 _____
My Defensive Profile Patterns	1 _____ 2 _____
My Vow Statements (How I self-sabotage)	1 _____ 2 _____ 3 _____
My Freedom Statements (Solutions to my Vow Statements)	I am open to _____ I am open to _____ I am open to _____
My Favorite Negative Pleasures (How I self-sabotage)	Something I do that I shouldn't do but get pleasure from: _____ Something I get pleasure from not doing that I know I should do: _____
Lower and Higher Self Traits (matched pairs)	Lower: _____ Higher: _____ 1 _____ / _____ 2 _____ / _____
Actions to take for living courageously from your profile	1 _____ 2 _____
Speaking Your Truth (ESSENTIAL WORDS you must say to others)	1 _____ 2 _____
Law of Attraction (People, situations, etc. that I am attracting)	In defense, I attract _____ In my core, I attract _____

DISCOVER YOUR PURPOSE

Emotional Intelligence Specialist/Poor Me
PERSONAL PROFILE SUMMERY

Profile	<input type="checkbox"/> This is my PRIMARY PROFILE <input type="checkbox"/> This is my SECONDARY PROFILE <input type="checkbox"/> This is my THIRD, FOURTH, or FIFTH PROFILE
My Core Soul Qualities (for this profile)	1 _____ 2 _____
My Defensive Profile Patterns	1 _____ 2 _____
My Vow Statements (How I self-sabotage)	1 _____ 2 _____ 3 _____
My Freedom Statements (Solutions to my Vow Statements)	I am open to _____ I am open to _____ I am open to _____
My Favorite Negative Pleasures (How I self-sabotage)	Something I do that I shouldn't do but get pleasure from: _____ Something I get pleasure from not doing that I know I should do: _____
Lower and Higher Self Traits (matched pairs)	<div style="display: flex; justify-content: space-between; font-size: small;"> Lower: Higher: </div> 1 _____ / _____ 2 _____ / _____
Actions to take for living courageously from your profile	1 _____ 2 _____
Speaking Your Truth (ESSENTIAL WORDS you must say to others)	1 _____ 2 _____
Law of Attraction (People, situations, etc. that I am attracting)	In defense, I attract _____ In my core, I attract _____

Profile #3: Team Player/People Pleaser

Team Player/People Pleaser
PERSONAL PROFILE SUMMERY

Profile	<input type="checkbox"/> This is my PRIMARY PROFILE <input type="checkbox"/> This is my SECONDARY PROFILE <input type="checkbox"/> This is my THIRD, FOURTH, or FIFTH PROFILE
My Core Soul Qualities (for this profile)	1 _____ 2 _____
My Defensive Profile Patterns	1 _____ 2 _____
My Vow Statements (How I self-sabotage)	1 _____ 2 _____ 3 _____
My Freedom Statements (Solutions to my Vow Statements)	I am open to _____ I am open to _____ I am open to _____
My Favorite Negative Pleasures (How I self-sabotage)	Something I do that I shouldn't do but get pleasure from: _____ Something I get pleasure from not doing that I know I should do: _____
Lower and Higher Self Traits (matched pairs)	<div style="text-align: center;">Lower: Higher:</div> 1 _____ / _____ 2 _____ / _____
Actions to take for living courageously from your profile	1 _____ 2 _____
Speaking Your Truth (ESSENTIAL WORDS you must say to others)	1 _____ 2 _____
Law of Attraction (People, situations, etc. that I am attracting)	In defense, I attract _____ In my core, I attract _____

Profile #4: Charismatic Leader-Charmer/Enforcer-Seducer

Charismatic Leader-Charmer/Enforcer-Seducer
PERSONAL PROFILE SUMMERY

Profile	<input type="checkbox"/> This is my PRIMARY PROFILE <input type="checkbox"/> This is my SECONDARY PROFILE <input type="checkbox"/> This is my THIRD, FOURTH, or FIFTH PROFILE
My Core Soul Qualities (for this profile)	1 _____ 2 _____
My Defensive Profile Patterns	1 _____ 2 _____
My Vow Statements (How I self-sabotage)	1 _____ 2 _____ 3 _____
My Freedom Statements (Solutions to my Vow Statements)	I am open to _____ I am open to _____ I am open to _____
My Favorite Negative Pleasures (How I self-sabotage)	Something I do that I shouldn't do but get pleasure from: _____ Something I get pleasure from not doing that I know I should do: _____
Lower and Higher Self Traits (matched pairs)	<div style="display: flex; justify-content: space-between;"> Lower: Higher: </div> 1 _____ / _____ 2 _____ / _____
Actions to take for living courageously from your profile	1 _____ 2 _____
Speaking Your Truth (ESSENTIAL WORDS you must say to others)	1 _____ 2 _____
Law of Attraction (People, situations, etc. that I am attracting)	In defense, I attract _____ In my core, I attract _____

Profile #5: Knowledgeable Achiever/Rule Keeper

Knowledgeable Achiever/Rule Keeper
PERSONAL PROFILE SUMMERY

Profile	<input type="checkbox"/> This is my PRIMARY PROFILE <input type="checkbox"/> This is my SECONDARY PROFILE <input type="checkbox"/> This is my THIRD, FOURTH, or FIFTH PROFILE
My Core Soul Qualities (for this profile)	1 _____ 2 _____
My Defensive Profile Patterns	1 _____ 2 _____
My Vow Statements (How I self-sabotage)	1 _____ 2 _____ 3 _____
My Freedom Statements (Solutions to my Vow Statements)	I am open to _____ I am open to _____ I am open to _____
My Favorite Negative Pleasures (How I self-sabotage)	Something I do that I shouldn't do but get pleasure from: _____ Something I get pleasure from not doing that I know I should do: _____
Lower and Higher Self Traits (matched pairs)	Lower: _____ Higher: _____ 1 _____ / _____ 2 _____ / _____
Actions to take for living courageously from your profile	1 _____ 2 _____
Speaking Your Truth (ESSENTIAL WORDS you must say to others)	1 _____ 2 _____
Law of Attraction (People, situations, etc. that I am attracting)	In defense, I attract _____ In my core, I attract _____