All PDF sources can be viewed on the Nelson Mandela Foundation's website.

Visit: https://www.nelsonmandela.org/publications/entry/dare-not-linger.

All interviews conducted by Padraig O'Malley are from the O'Malley Archive and can be viewed on the Heart of Hope website, which is hosted by the Nelson Mandela Foundation.

Visit: https://www.nelsonmandela.org/omalley/index.php/site/q/03lv00017.htm.

Many of Nelson Mandela's speeches can be viewed on the Nelson Mandela Foundation's website.

 $\label{linear_visit} \textbf{Visit: } \underline{ \text{https://www.nelsonmandela.org/content/page/speeches}}.$