

RON ROTH'S
SPIRITUAL
HEALING
INTENSIVE

*Applying the Timeless Treasures
of Ancient Spiritual Practices*



GUIDEBOOK

RON ROTH'S
SPIRITUAL HEALING INTENSIVE:
Applying the Timeless Treasures of Ancient Spiritual Practices

GUIDEBOOK
INTROSPECTIVE QUESTIONS
AND PRACTICAL EXERCISES

IMPORTANT

To begin — Please save this Guidebook to your desktop or in another location.

TABLE OF CONTENTS

| | |
|--|----|
| Introduction | 3 |
| | |
| DAY 1: HOLY SPIRIT ENERGY AND CONSCIOUSNESS | |
| Session 1: Listening to God With Your Heart | 5 |
| Session 2: Expanding as a Fourth-Dimensional Being | 7 |
| Session 3: Understanding the Spirit as Energy | 9 |
| Session 4: The Wisdom of the Early Scriptures | 11 |
| DAY 1 iJournal | 12 |
| | |
| DAY 2: THE SCIENCE OF SPIRITUALITY | |
| Session 5: Invoking the Fire of the Holy Spirit | 13 |
| Session 6: Embracing the Energy of the Spirit | 15 |
| Session 7: Finding Balance Through Knowing God | 16 |
| Session 8: To Minister Is to “Walk God” | 17 |
| DAY 2 iJournal | 19 |
| | |
| DAY 3: SPIRITUAL HEALING: THE MEDICINE OF THE FUTURE | |
| Session 9: You Can Lean on God | 20 |
| Session 10: Opening to the Glorious Gifts of the Divine | 21 |
| Session 11: Using Divine Strength to Confront Negativity | 22 |
| Session 12: Understanding Truth as Universal | 24 |
| DAY 3 iJournal | 25 |
| | |
| DAY 4: PUTTING THE PRINCIPLES INTO PRACTICE | |
| Session 13: Visions and Dreams as the Language of Spirit | 26 |
| Session 14: Exploring Various Ancient Practices and Traditions | 27 |
| Session 15: You Are Wired for Abundance | 28 |
| Session 16: Breathing Divine Spirit Into Your Life | 29 |
| DAY 4 iJournal | 30 |
| | |
| DAY 5: COMPLETING THE CIRCLE | |
| Session 17: Creating Your Sacred Space | 31 |
| Session 18: How to Focus on Spirit | 32 |
| Session 19: Prayer and Worship in Truth | 33 |
| Session 20: Questions and Misperceptions | 34 |
| DAY 5 iJournal | 36 |

INTRODUCTION

Welcome to *Ron Roth's Spiritual Healing Intensive: Applying the Timeless Treasures of Ancient Spiritual Practices*. This Guidebook has been created to assist you in your own personal healing journey. As you listen to the program and explore your own unique healing potential, we welcome you to open your heart to the guidance of your higher self so that you can gain greater connection to the insights of the wise and passionate voice of your soul.

Ron Roth, Ph.D., is an internationally known teacher, spiritual healer, and modern-day mystic. He has been doing work as a spiritual teacher and healer for many decades. He encourages you to follow your own path to spirituality whatever that might be. The work that he does is intended to be an enhancement to your existing spiritual practices, so we suggest that you listen to your heart and your own inner guidance as you travel on this journey.

In this remarkable program Ron aids you in creating a deep and holy relationship with the Holy Spirit, and many of the saints and sages of Christianity, along with many other religious traditions. He suggests that you connect to Divinity in whatever tradition or form that speaks to you. Throughout the program Ron encourages you to meditate, to study the Scriptures, and to practice authentic prayer. Doing so empowers you spiritually, giving you the wisdom, courage, and conviction that can vastly transform your life.

In order to gain the full benefits that this program has to offer you, we suggest that you listen to each audio session at least twice, ideally three times, and then work on the corresponding segments of this Guidebook. Listening to the audio session several times allows it to sink into your subconscious mind and you gain more and more insights each time that you listen. Although there is space provided for your responses within this Guidebook and iJournal, be sure to keep an additional notebook or journal on hand as you listen to the program, do the exercises, and practice the prayers that are outlined in this Guidebook and the accompanying *Guidebook Companion: Inspirations and Insights: Scripture Passages and Healing Prayers*. Writing down your thoughts and feelings is a very powerful tool to gaining greater insight and clarity.

Take time out to contemplate and when applicable, **act** upon the invaluable insights that you gain. As you focus on opening your heart and connecting with the Divine, you will find that you will be given guidance through your intuition as well as through signs, symbols, and messages that come to you through events and experiences that you have throughout your day. Be sure to write down these insights as they occur. You may find that the more you focus on them, the more intense they will become.

Do not procrastinate. Take even five minutes to start to do your healing work. Whenever possible give yourself a schedule and a deadline, and be committed to following through on them. Without implementing any of the action steps that you have mapped out for yourself, this program simply becomes an exercise in listening. In order to gain the full benefits that this valuable program has to offer you, make the decision here and now to **do** this work, **act** upon your insights, and **achieve** the kind of results that come from an open heart and a spirit-directed soul.

DAY 1: HOLY SPIRIT ENERGY AND CONSCIOUSNESS

Session 1: Listening to God With Your Heart

In this session Ron introduces the purpose of this workshop and reminds you of the power that comes when listening to God with your heart. He explains that the work that will be done in this intensive is about integrating the Divine presence at the center of your being. He shares both personal stories and tales from the Scriptures to illuminate the message that experiencing God is done through the heart. It is an emotional and energetic exercise, only enhanced and supported through the intellect.

1. You will find the Prayer of John Newman in your Guidebook Companion on page 4. Say it out loud, study it, and meditate on it. Write down any insights that you gain.
-

2. Now try this exercise again, but first go into your heart. Say the Prayer of John Newman, study it, and meditate on it, while remaining in your heart. Write down any heart-based insights that you gain.
-

3. What differences did you experience from mind-based to heart-based contemplation?
-

4. What is your experience of God in your mind?
-

5. Now go deeply into your heart, and ask yourself what your experience of God is in your heart. Journal about your insights.
-

6. Ron describes his early experience with the Divine as similar to Bea Arthur's quote, "God will get you for this." What early lessons were you given about God? What was your perception of God as a child? Describe the messages you received and the impact that they have had on you throughout the years.
-

Session 2: Expanding as a Fourth-Dimensional Being

In this section Ron focuses on how you must continue experiencing yourself as a fourth-dimensional being in order to truly experience Divinity. He shares his own personal story of how he discovered his spiritual purpose in life through the spiritual meaning of his name. He continues with an explanation of how the Scriptures may be read in order to experience fully the wisdom that they bring. To end, he reminds you that spirituality is not merely a practice, but a lifestyle.

7. If you have a chance, take some time to look up the spiritual meaning of your name. How does it speak to you regarding your life's mission?
-

8. Ron explains that you must read the Scriptures with a mystical heart in order to gain their full benefits. Take a moment, and open the Bible (or any other spiritual text that you feel drawn to). Randomly choose a page, allowing spirit to direct you. Once you've opened to a particular page, place your index finger somewhere on that page. Now take a moment to read the Scriptures that you are pointing at. Read them two or three times. Take at least five minutes and meditate on what you've just read. If you don't fully comprehend the readings then ask the Spirit to illuminate them for you. How might they apply to your life at this time? What do they mean? What message might you need to hear from them? After a day or two of contemplating this text, reread it and see if you gain any new insights. Take some time to write in your journal about your experience.
-

9. Ron emphasizes that the only way we can stand still is to trust God, especially in crisis. Focus on this wisdom throughout your day. Next time you find yourself in the midst of an apparent crisis, big or small, stop. Take a breath. Ask God for guidance and strength, and affirm to yourself your trust in Divinity to take care of the challenge. Take another deep breath, make the choice to let go of "trying to control" the outcome, and continue to repeat to yourself that you are placing your complete trust in God to resolve the situation. Try to stay in this trusting place. Take some time to write in your journal about your experience and the eventual outcome.
-

10. Experiencing yourself as a fourth-dimensional being is remembering that first and foremost you are spirit. What are the largest obstacles that you are currently facing in your life that are preventing you from seeing your own divine nature? List them and then take some time to contemplate on and pray for assistance about each in the months ahead.

11. Ron describes spirituality as a lifestyle in this session. Do you believe that it is actually a part of your current lifestyle or an occasional experience throughout your week? Write a list of three commitments that you can make to yourself that will aid you in integrating spirituality into your lifestyle. For example, daily meditation.

Session 3: Understanding the Spirit as Energy

Ron opens this session with a prayer and meditation that invokes the breath of the Holy Spirit to move into you and heal you. He then explains how the words of the Scriptures are divine energy, and shares the good news that once you truly connect with spirit, you never have to feel alone again. He encourages you to pray in the energy of the saints to aid you in our own spiritual growth, and to invoke similar mystical synchronicities into your life through dialoguing with the Divine. He reminds you that you connect to the Divine with the assistance of the Holy Spirit. The true definition of authentic prayer is given, along with a description of how concepts of energy are revealed through the testaments of the Bible, citing an example from the Old Testament in the story of the Ark of the Covenant.

12. Ron cites several examples of having direct responses from his prayers. Write about a direct response that you have had. If you have not experienced this, then ask the Divine for one. Be patient, listen, and write about it in your journal.
-

13. Ron speaks of the energy power of unconditional love, one in which you feel that love in your physical being. Write about a situation or individual from whom you experience this love.
-

14. What have your most recent prayers been? What have you been asking God for? Have they been for material “mind”-based changes in your life? If so, can you translate these requests into spiritual desires?

15. Commit to saying the prayer “I am complete” at no less than five-minute intervals several times each day for the next week. Write about how you experienced this prayer and how it affected you.
-

16. You will find Solomon's Prayer from the Hebrew testament in your Guidebook Companion on page 5. Ron reveals concepts of how divine energy works from this sacred passage. Read this passage aloud and meditate on it. Ask divine spirit to give you some indication of how you might have divine energy move through you more in your life. In your journal, write about any insights that you may gain.
-

Session 4: The Wisdom of the Early Scriptures

Ron emphasizes the importance of returning to the simple truths of the early Scriptures in order to invoke the extraordinary gifts that the Holy Spirit brings to your life, especially in healing work. He interprets the Lord's Prayer, "Our Father," as a means for teaching you how to follow your spiritual paths. In this session you are invited to focus your energies on your intentions as you continue this healing path with Ron, noting that the energy that you give out will undoubtedly return to you in abundance.

17. Ron shares that there are many basic truths revealed in the early Scriptures. He explains that while praying about the intensive he was guided to focus on the simple yet powerful insights of these Scriptures. For at least one week, open a page in the early Scriptures of your Bible. Read them. Meditate on them, and ask spirit to aid you in gaining some understanding of their words. Understanding may not always come, but you can be assured that the energy of these sacred texts will resonate within you. Take some time to write down any feelings, insights, or experiences that you have while doing this exercise.

18. Ron encourages you to ask yourself, "How would Christ respond to this situation?" when you are questioning experiences in your life as you pursue your spiritual path. Think of an aspect of your life that you are currently in conflict with, and ask this question (if Christ is not one of your spiritual masters, feel free to substitute Him for another who resonates with you). Write out the response and what it illuminates for you in your life.

19. You will find the Lord's Prayer on page 6 of your Guidebook Companion. Based on the insights that Ron revealed, practice this prayer daily for at least two weeks. Say the prayer, invoking the energy of Christ into the experience, and ask for guidance on how you may better follow your spiritual path. Write down any insights or feelings that you experienced following this practice.

JOURNAL FOR DAY 1

A large, empty rectangular box with a thin black border, intended for the user to write their journal entry for Day 1. The box occupies most of the lower half of the page.

DAY 2: THE SCIENCE OF SPIRITUALITY

Session 5: Invoking the Fire of the Holy Spirit

This session opens with Ron's powerful description of the rains in the Prophecy of Joel and how they paralleled the rains that poured down the day before the workshop. He then draws another parallel between the invocation of the fire of the Holy Spirit during Pentecost and the fires that were present in the Ark of the Covenant. He explores the ability that the apostles had to speak foreign tongues when they were given the gift of the Holy Spirit, and tells of his own miraculous story of this gift. To contrast this, he then describes an event in which he was guided to be silent during a sermon and the power of the Holy Spirit that arose from that silence. The session ends with song, prayers, and meditation to invoke the fire of the Holy Spirit, release burdens, and embrace the silence.

20. Ron explains how God's healing flows through him, despite his imperfections. He reminds you that you do not have to be a perfect saint to experience the Divine in your life. What self-critical perceptions might you have that speak to the belief that you are not worthy of God's presence in your life because of your imperfections, your humanness? Take some time to write a dialogue with that voice within you. Explore where it came from and why it feels the way it does. Then go into your heart. Sit quietly for a few minutes, and then ask Divine energy to flow through you. Now write out a response to that self-criticizing voice through the voice of your divine self.

21. After completing the exercise above, make note of any insights that you have gained through the experience. When you hear your self-incriminating voice in the future, practice this exercise to gain the wisdom and insights of your higher self.

22. Do you find yourself awkward with silence? Does this prevent you from meditating as often as you would like? If so, take some time to write out a prayer to the Holy Spirit in your journal, requesting Her guidance and support in allowing yourself to experience the wisdom and energy of the Divine through more silence in your life. Begin each day with this prayer, and make note of any transformations that you experience in response to it.
-

Session 6: Embracing the Energy of the Spirit

In this session Ron discusses how you can use the passages of ancient text for both meditation and medication. He encourages you to continuously pray so that you can keep your vibration levels high. He introduces you to the lives of St. Maximilian Colby and Mother Teresa, and emphatically states that the strength of such powerful saints came from the Divine, and not from themselves. He encourages you to remain in the present as often as you can, for that is where you experience the presence of God – in the now!

23. Ron states that once you know you have “arrived” in spirit, then you’ve lost it. He then discusses how prayer can keep you at higher vibration levels. How often do you pray? Whenever you start to feel you have “arrived”, say a prayer. Note what you experience as a result of the prayer.

24. How do negative energies such as hatred and resentment currently exist in your life? Do an inventory, and make a list of any such energies and how they are currently manifesting in your life.

25. Now that you have made your inventory, make a commitment to say a prayer to transform each of these energies. Describe your experience after doing each prayer.

26. Choose one of the saints or sages from your religious tradition whom you feel particularly drawn to. Research this persons life, then begin to pray to him or her daily, invoking his or her energy into your life and asking for his or her continued support and guidance in your life (the Invocation to the Angels and Saints for Assistance in Healing and Deliverance may be found in your Guidebook Companion on page 7). Try to create an intimate relationship with your chosen saint or sage, connecting with them throughout your day. Write about anything that you experience in response to this exercise.

Session 7: Finding Balance Through Knowing God

Ron further discusses the science of the Divine in this session. He opens by explaining how spirit manifests itself in many ways. He illuminates the true meaning of the words “psychic” and “to know” in relation to Divinity, and distinguishes the difference between disconnected affirmation and affirmation that is connected to the light of spirit. He ends by explaining the practical aspects of spirituality and how your life will become balanced as you get to know God.

27. Ron reminds you that the healing of the spirit is for mental, physical, and spiritual issues in your life. In what areas of your life are you struggling to seek wholeness?

28. On page 9 of your Guidebook Companion you will find the Prayer to be Filled with God’s Spirit. Before going through the list you made of areas where you are seeking wholeness, take time daily to recite this prayer, allowing yourself to fully open to the powerful energy of God’s Spirit. Record anything that you might experience in doing so.

29. What has been your interpretation of intuition or psychic insight?

30. Write down an experience that you had in which you were powerfully guided by your intuition. If you haven’t had such an experience yet, ask Divine spirit to help you open to the guidance of your intuition.

31. In what areas of your life are you seeking more balance? List each area in your journal, and then take some time each day to meditate on each area, asking spirit for guidance on how you can gain greater balance in each area. Write about your experiences, in your journal.

Session 8: To Minister Is To “Walk God”

Ron opens this session by citing many examples of spiritual phenomena that can be found in the Holy Bible. He then shares several stories of spiritual phenomena that he experienced in his life and that certain saints experienced in theirs. He then shares the insights that he has gained through the study of The Book of Acts and encourages you to take the time to study and meditate on them yourself.

32. Are you open to experiencing spiritual phenomena in your life? If you have any blocks to opening yourself to experiencing the various ways that spirit can manifest, write them down and meditate on how you may be able to overcome them.

33. Choose at least three of the Scripture passages that provide evidence of psychic phenomena in the Holy Bible (listed on pages 10–11 of your Guidebook Companion). Look them up in the Bible, study, and meditate on each of them. Write about any insights that you receive, in the space provided below.

Phenomenon 1:

Phenomenon 2:

Phenomenon 3:

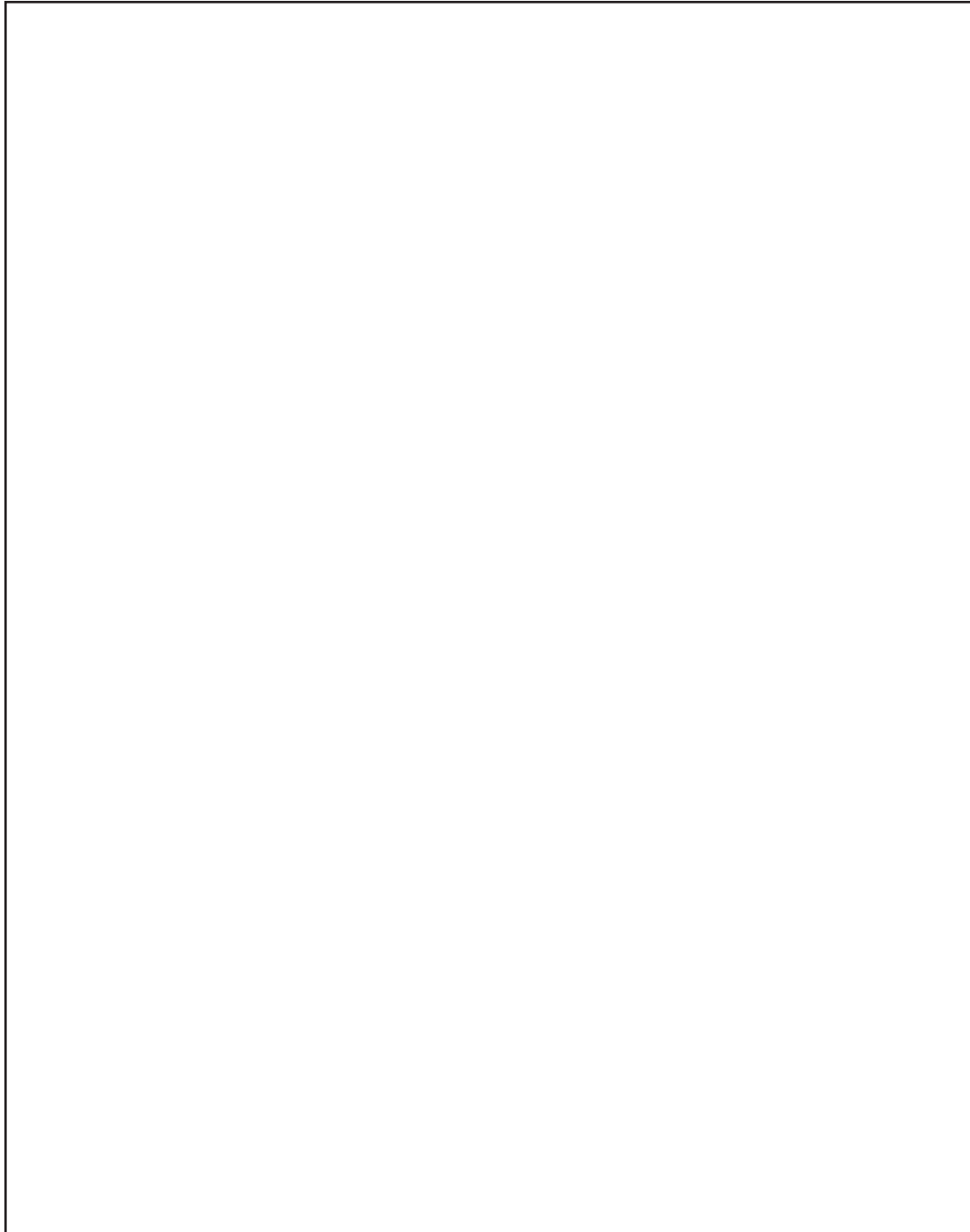
34. Choose at least three paragraphs from the Book of Acts Scriptures (listed on page 12–15 of your Guidebook Companion). Look them up in your Holy Bible and meditate on each of them. Write any insights that you receive, in the space provided below or in your journal.

Acts Scripture 1:

Acts Scripture 2:

Acts Scripture 3:

JOURNAL FOR DAY 2

A large, empty rectangular box with a thin black border, intended for journaling. It occupies most of the page below the title.

DAY 3: SPIRITUAL HEALING: THE MEDICINE OF THE FUTURE

Session 9: You Can Lean on God

Ron opens this session with a prayer reminding you that you are meant to live as fourth dimensional beings, but also in the real world. Renée sings a reprise of “Lean on Me” to remind you that as you commit to your spirituality, you will find that you can handle real-life practicalities with greater ease. Ron shares additional Scripture passages and stories, and discusses how forgiveness is a gift to ourselves, as we become a vacuum for higher energy when we forgive.

35. In your journal list any areas in your life in which you are feeling greatly burdened. After writing your list, take some time to meditate on each apparent burden. You may wish to surrender each burden to the Divine, or perhaps pray for guidance on each. As you work through the items on your list, write down anything that you experience in response to your intention.

36. Ron discusses how his workshops flow when he aligns himself with the power of the divine. When in your life have you experienced being in “the flow,” when all seemed to come to you effortlessly? Write about this experience in your journal. If you believe that you haven’t experienced this yet, then create the intention to do so. Trust that it will, and be willing to move with it when it does. Record any impressions or insights in your journal.

37. Ron discusses how wars are often waged based on differences of opinions and perceptions. Where are you waging such wars in your life? Be honest with yourself. Once you have created this list, imagine that you are the counterpart, the other individual with the differing opinion. Now try to see the situation through that person’s eyes. Does this change the experience for you in any way? Write about any insights you gain, in your journal.

Session 10: Opening to the Glorious Gifts of the Divine

When you open to the power of the Divine, you may be graced with many gifts. In this session Ron discusses these gifts, from the ability to manifest in your life, to the strengths you gain in ministering within your given lifestyle and circumstances. Aligning yourself with the flow of the Divine can be enhanced through practices such as forgiveness and viewing the world beyond human eyes, through the eyes of your heart.

38. Do an inventory of your life. Take some time to make note of every individual whom you need to forgive in your life. Make a list of these individuals in your journal.

39. Take some time each day to connect with spirit to help you forgive each of the individuals listed. Write about any experiences that you have as you proceed through this exercise.

40. Meditate on 1 Corinthians: 12, (on page 16 of your Guidebook Companion). Ask that the spiritual grace that God has given to you manifest as a loving, healing presence to the people you meet. Observe how this intention manifests in your life and in the lives of those you touch.

Session 11: Using Divine Strength to Confront Negativity

Ron opens this session with several prayers and exercises. He then focuses his discussion on how you can armor yourself from experiencing negativity in your life through the instruction of St. Paul in his letter to the Ephesians. He discusses dark energies, sometimes known as the Satan, and illuminates what the “saton” or Satan really is. Ron says that unlike many images Satan is not a being with horns that reigns in an eternal fire, but is any negative energy that exists.

41. You will find the Prayer of St. Francis in your Guidebook Companion on page 17. Recite this prayer daily for at least one week, taking some time to meditate on it after each recitation. In your journal write about any feelings or insights that you gain from doing this exercise.
-

42. Ron states that there is a great power that rests in decrees. In your Guidebook Companion on page 18 you will find Decrees of Truth Regarding the Holy Spirit. Recite these decrees, doing so with great strength and conviction. Do this on a regular basis. Especially during times when you are feeling weak or lacking in energy, take the time to recite these decrees. After doing so, make note of any changes that you might experience physically, spiritually, or emotionally. Record your findings.
-

43. As Ron has previously discussed, fear blocks your energy. Take some time to meditate on your fears. List anything that arises. Now turn to page 19 of your Guidebook Companion (Father Sudac’s Prayer of Surrender). Recite this prayer and allow it to permeate every fearful cell of your body. Record anything that you experience in response to this exercise, in your journal.
-

44. List any negative energies you are currently experiencing in your life. How are you responding to these energies? Are you fighting negativity with further negativity?

45. Ron asserts that exhaustion is a positive energy, meaning that emotionally he has done a great job doing God's work. Contrary to that is Fatigue, which he defines as a negative energy that pulls your body down. Do you often find yourself fatigued? If so, how can you relieve this fatigue, or at least turn it into positive exhaustion?

Session 12: Understanding Truth as Universal

Ron continues his discussions on dealing with negative energies. He opens by explaining that knowing how to deal with these energies comes from heart-based discernment.

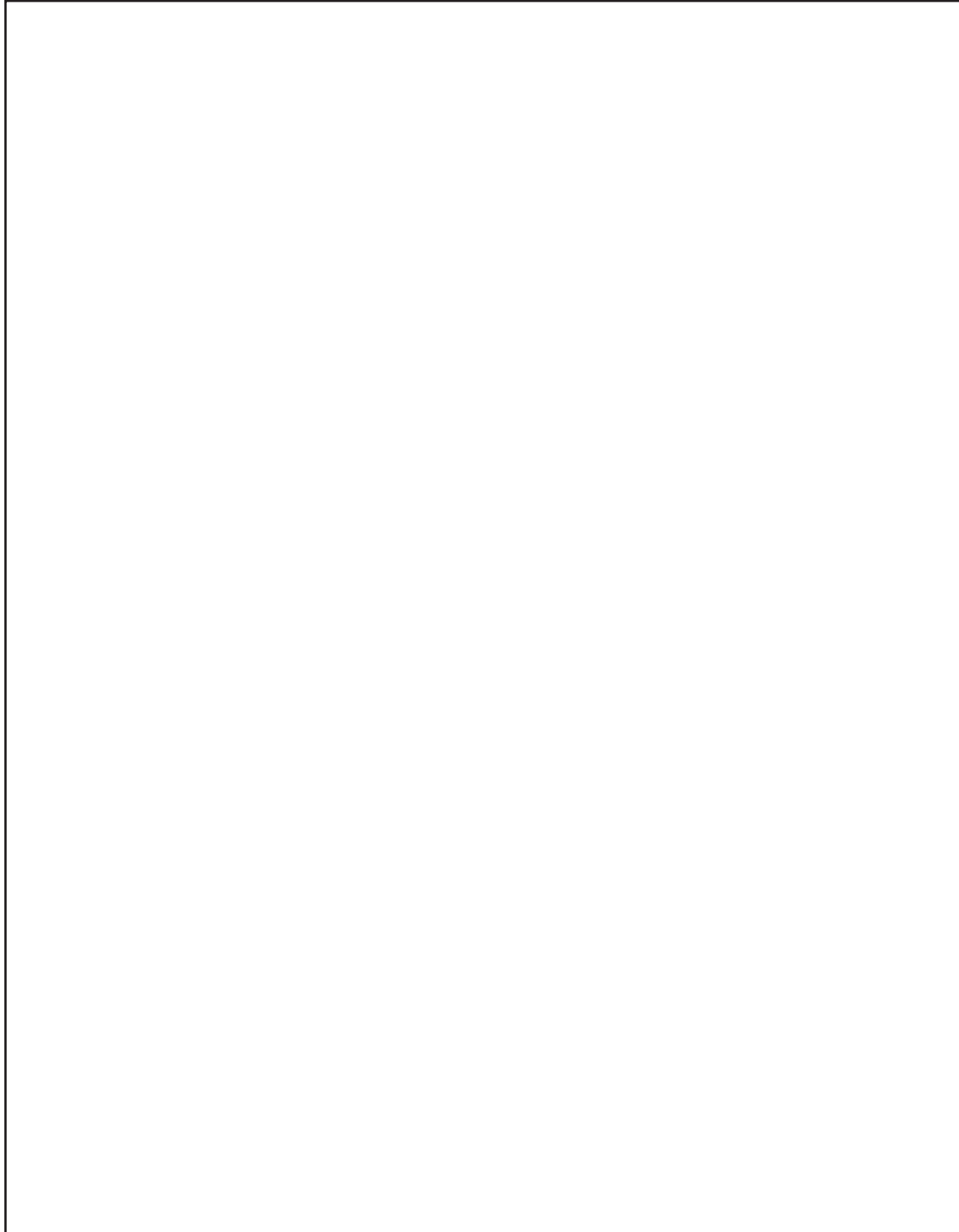
He then emphasizes how imperative it is for you to set boundaries in this technologically advanced age of cell phones and computers. He discusses relationships and one of Satan's greatest tricks as being the belief that you are separate. He then continues with an explanation of the armoring symbolism in St. Paul's Letter to the Ephesians.

46. How are you currently being affected by the latest technological trends? Do you spend too much time on the cell phone or computer? Have you set boundaries that allow you to have quiet, personal time without any interruption from others? In your journal write a plan to allow yourself greater personal time.

47. Do you hold the belief that you are separate from God? If so, how does this belief manifest itself in your life? If you don't know, then take the time to meditate on this to gain further insight.

48. How much do you currently rely on your partner, your children, your friends, or anyone else in your life to make you feel complete? Ron emphasizes that right relationships arrive when we know that we are already complete. Do an inventory of your life and investigate in what areas you are leaning on others to make you feel whole. An indication of this may be resentment or anger that you hold against another because they have disappointed you or not met your expectations. Create an action plan to release the other person from the immense responsibility, and write it out in your journal.

JOURNAL FOR DAY 3

A large, empty rectangular box with a thin black border, intended for journaling or writing. It occupies the majority of the page below the title.

DAY 4: PUTTING THE PRINCIPLES INTO PRACTICE

Session 13: Visions and Dreams as the Language of Spirit

In this session Ron discusses how your visions and dreams, that which you focus on and think about, consequently manifest in your life. The passion that you generate toward something is key. He cites Romans 4:17, the story of creation, as an obvious example. His final words are a reminder that the way you see yourself and the responsibility that you are willing to take in your life hold great power. Along with the Divine, you are a co-creator of your life.

49. For the next 24 hours, make a mental note of what you focus most on during your day. At the end of the day, make a list of these things, and note how many of them would ultimately achieve positive results in your life. You might practice this exercise for a couple of weeks, noting how much that which you focus on manifests in your life.

50. Ron states that the outcome of your day is your choice. Make the decision that for the next 24 hours, you are going to have a terrific day. Spend at least five minutes meditating this intention and planting it into your conscious mind and heart. In your journal write about how you experienced this day in relation to your intention.

51. Take 10 minutes and look at yourself in the mirror. Take note of what thoughts and feelings arise as you do so. Are you able to look at yourself without self-criticism? If not, write out your negative thoughts and feelings in your journal. Try doing this exercise on a weekly basis with the intention to heal any negative self-talk. Continue to journal about your experiences as you practice this exercise.

Session 14: Exploring Various Ancient Practices and Traditions

In Session 14 Ron discusses some of the practices and ancient beliefs of various traditions. He focuses particularly on the death rites and purification practices of various ancient civilizations. He also explains the concepts of purgatory, the existence of spirit energies, the communion of saints, and elementals. He ends with a reminder that you need not fear if you are a spiritual being and focus on love.

52. Ron explains that Christ saw the light in everyone. Imagine that you were to meet Christ. What do you think he would illuminate as your light? What gift(s) do you possess that should be used?

53. Ron defined elementals as being negative energy that has been fed through one's habitual negative thoughts and actions. Could there possibly be an elemental (something that you created with repeated lustful, negative, or hurtful thoughts) in your life? If you believe that there is, spend some time each day in prayer, requesting that your angels and guides, spiritual master, or any divine being that you feel a connection to, aid you in releasing this energy and replacing it with greater compassion and love.

54. Make the commitment to observe your thoughts regarding this negative energy. You can then begin to confront the energy and make the decision not to feed it anymore. Write about your journey as you work through this exercise and release this energy.

55. Do you have any fears regarding death, or dark energy? If so, list them in your journal, then meditate on them and ask Divine spirit to shed some light on how you can overcome them.

Session 15: You Are Wired for Abundance

Ron discusses the relationship between abundance and your spirituality. He explains how, as a fourth-dimensional being, you are naturally wired for prosperity in your life. He illuminates how your fear blocks the natural flow of the abundance that is available to you at all times. He ends this session by answering questions that some of the audience members have about forgiveness, effective prayer, and finally, how to maintain healthy boundaries while remaining compassionate and spiritual in your endeavors.

56. Do you have a belief that states that living an abundant lifestyle is not holy or spiritual? If so, investigate where you first obtained this belief and how you are perpetuating it in your life. Then meditate on your blocks around abundance, asking spirit to give you guidance in overcoming any emotional obstacles that you may have.

57. List any fears that you have regarding finances, money, and prosperity. Do you suffer from lack consciousness? If so, what action steps can you take to overcome these fears so that you are able to remain in the natural flow of abundance?

58. Ron states that there is nowhere in sacred teachings that states that you must disregard boundaries. The more you grow in love of yourself, the easier it is to say no. Whom or what have you been unable to say no to in your life?

59. Make a plan to say no to the issue above. Before doing so, say a prayer for courage and divine guidance. Describe your experience.

Session 16: Breathing Divine Spirit Into Your Life

Ron starts this session with the “I am God breathed” exercise. He then continues by responding to some audience questions dealing with how to confront the fear of pain, how to pray for the dead, and how to deal with your own human frailties with greater love and compassion. He ends with a reminder that rules and regulations are created by man, and not by a benevolent God.

60. Ron encourages you to do a meditation when you are entering physical treatment that you fear. One suggestion is to say the “Love Is Kind” prayer, change any references to the word “love” with your name. The next time you are scheduled to receive a physical procedure that you fear, say this prayer and record your feelings and insights.

61. What negative energies are you holding onto that may be fatiguing you? List them in your journal and work on releasing them with the assistance of the Divine.

62. Make a list of the “rules” that you have attributed to the voice of God through your religious history. Meditate on each of the rules, asking Holy Spirit to aid you in discerning the truth behind the beliefs.

JOURNAL FOR DAY 4

A large, empty rectangular box with a thin black border, intended for journaling. It occupies the majority of the page below the title.

DAY 5: COMPLETING THE CIRCLE

Session 17: Creating Your Sacred Space

Ron provides you with suggestions on how you can create a sacred space. He lists a myriad of tools that you can use, and urges you to create daily spiritual rituals. He reminds you that there is no “right” way to celebrate the Divine. You are encouraged to be creative and find the voice that speaks uniquely to you.

63. Have you created a daily prayer ritual? If not, write out a daily ritual in your journal and commit to doing it regularly.

64. Find at least three tools that you can use to enhance the environment in which you meditate or pray. List them in your journal, and make a point of adding them to your sacred space.

65. Ron describes how oil, salt, water and other blessed objects may be used to aid you in healing, in the segment of your Guidebook Companion, Deliverance Through “Blessed Objects” (pages 20–22). Read through this description and choose at least one of the blessed objects that you would like to work with. Take some time within the next two weeks to create a blessing ritual using this object. Record any thoughts, insights, or feelings that you have in response to practicing this holy ritual.

66. Ron describes how he experiences the Divine through nature and the beauty of the four seasons. Do you experience Divinity in nature? If so, how? Write about the natural elements that you are grateful for in your life, and how you see God reflected in them.

Session 18: How to Focus on Spirit

Ron opens this session with an explanation of how you can get things done in record time when you are living in a higher spiritual vibration. He also explains how you are often given more than one choice when an opportunity comes along.

67. Ron states that God often gives you several wonderful options to choose from when you are in a highly spiritual energy and ask for help. Have you ever experienced this in your life? If so, describe the circumstances in your journal. If not, make a point of asking for Divine guidance on an area of your life, and pay attention to the responses that you receive.

68. The next time you are struggling with something, take a moment and go within. Look inside yourself and simply ask spirit, "Guide me. I don't know what to do," and listen for spirit's response. Record your experience in your journal.

69. Have you ever had a casual, humorous conversation with the Divine? If not, pray for one and record your experience in your journal.

70. Ron emphasizes how important it is to release toxic negative energy from your body. Do you have a method of healthy release? If so, describe it in your journal. If not, find a way to release anger, frustration, fear, or pain that may arise. Describe it in your journal.

Session 19: Prayer and Worship In Truth

Ron delves deeper into methods of how to effectively worship God. He provides a more in-depth explanation of the Lord's Prayer and discusses the power of the sound vibrations of the name of God in its original Aramaic translation. He then proceeds with answering further questions from the audience regarding the nature of the Holy Spirit and how important it is to integrate Her energy into your daily routine.

71. This session begins with a prayer and then a meditation in opening to divine spirit. Go through this exercise at least once a day for a week. Take note of how your body feels as you invoke Divine energy into each of your chakras, or energy centers. Also write down any emotional, attitudinal, or physical changes that you note in response to this exercise.

72. Ron describes the Holy Spirit as a persona, energy with a personality. If you haven't already done so, make a point of connecting with the Holy Spirit on a regular basis. You may wish to practice the Prayer to the Holy Spirit (page 23 of the Guidebook Companion) daily. Communicate with Her in an intimate and informal way, asking Her for a greater presence in your life. Be sure to record any feelings, thoughts, or insights that you experience in response to your developing relationship with Her.

73. At the end of this session, Ron urges you to form a prayer group to aid you in creating an atmosphere for the Holy Spirit to do Her work. Is there anyone that you could meet and pray with on a regular basis? If not, perhaps you can pray to Divine spirit to aid you in finding an individual or individuals with whom you can pray.

Session 20: Questions and Misperceptions

Ron responds to a myriad of questions in this session. He deals with several misconceptions regarding the rules of various religions and religious leaders, superstitions, and Padre Pio's suffering. He continues by clarifying the true meanings of "sacrifice" and "reparation." He ends by encouraging you to first and foremost heal yourself along with paying attention to the spiritual cues in your life.

74. Make a list of any misperceptions that you believe you have regarding spirituality. Go through the list and meditate on each, requesting that spirit aid you in discerning the truth about each matter.

75. List any beliefs that you have that are in conflict with the affirmation that you are God's beloved child.

76. There is great power in repeated mantra or prayer. In the act of repetition, divine energy reprograms your subconscious mind to correct any erroneous thoughts. Each morning for the next week repeat the phrase "I am God's beloved child" 100 times (you may wish to incorporate prayer beads into this practice). Or, as another option, you may wish to write out this powerful mantra. Take note of any feelings, insights, or thoughts that arise as you do this exercise.

77. Each evening for the following week write 100 times "Upon me God's favor rests." Again take note of any feelings, insights, or thoughts that arise as you do this exercise.

78. As a final exercise, write a prayer of gratitude to the Divine for all of the blessings that you have received in your life. Throughout the next week, make a note of all that you appreciate and take some time each day to offer thanks. You may wish to continue your gratitude list as you discover the greater sense of peace and joy that fills your heart as you recognize the wonders and miracles that are constantly present in your life.

I JOURNAL FOR DAY 5

A large, empty rectangular box with a thin black border, occupying most of the page below the title. It is intended for the user to write their journal entry for Day 5.

MUSICIANS

Harold Grandstaff Moses: Piano, Viola, Vocals, Composer

Musical cosmologist Dr. Harold Grandstaff Moses is a composer, recording artist, and director of the Celebrating Life Institute (Peru, IL) and the Institute of Harmonic Science (Phoenix, AZ). As a workshop facilitator, Moses teaches people to “find their voice, and sing their truth.” He advocates singing and active music listening as powerful tools for personal growth and transformation. His choral chants incorporate the languages of science and spirit, while teaching the physics and metaphysics of sound, vibration and harmony as a path of restoration for the body, mind, and spirit. “Your music is for me, and many others, a shortcut to God.” - Gerald G. Jampolsky, M.D.

Laura Hungerford: Tamboura

Laura J. Hungerford is a holistic health practitioner and energy therapist who uses music as a transformational tool. She is the president of Crucible Sound, a record label with more than two dozen titles in the New Age and Spiritual markets. She performs on the Indian tamboura with her husband Harold Moses (viola) to create “Songs of the Soul” - unique improvisational musical readings for individuals, couples, and groups.

Renée Morgan Brooks: Vocals

Internationally known spiritual diva Renée Morgan Brooks believes, “Love is a power, and if you surround people with it they will do amazing things.” This multitalented performer reaches deep into the hearts and souls of her audiences, where she uplifts, inspires, and empowers. Her spiritual depth and deep heart connection carry her into a variety of corporate, theatrical, ecumenical, and private venues, where she is in demand as a dynamic performer and motivational speaker. “She doesn’t sing the songs; she is the song!” - Neale Donald Walsh

To schedule appearances, purchase recordings, or contact the above artists:

Crucible Sound

Laura J. Hungerford

602-298-6862

crucible12@aol.com

www.musicfortheheart.com

Harry Pickens: Piano

Harry Pickens is an internationally renowned jazz pianist. He has been a collaborator with many jazz legends, including Dizzy Gillespie, Milt Jackson, James Moody, and Freddie Hubbard, and his legendary performances and workshops have touched the lives of over 150,000 people of all ages throughout the United States, Europe, Canada, and Japan. Mr. Pickens lectures internationally on the practical applications of the “skills of jazz” for personal, community, organizational, and global transformation. He may be contacted by emailing hpickens@bellsouth.net.

MUSIC REFERENCE

| | | |
|------------|-----------------|--------------------------------------|
| Session 1 | CD 1, Track 1 | <i>Amazing Grace</i> |
| Session 4 | CD 2, Track 2 | <i>Holy Spirit, Come to Me</i> |
| Session 5 | CD 3, Track 5 | <i>Come, Holy Spirit, I Need You</i> |
| Session 9 | CD 5, Track 5 | <i>Come Now, Fiery Dove</i> |
| Session 13 | CD 7, Track 1 | <i>Come, Holy Spirit</i> |
| Session 16 | CD 8, Track 6 | <i>I Am God Breathed</i> |
| Session 19 | CD 10, Track 1 | <i>I Am Opening</i> |
| Session 20 | CD 10, Track 10 | <i>This Little Light of Mine</i> |

All of the material presented in this program has been recorded at a live Spiritual Healing Intensive workshop with Ron Roth. If you would like to experience any of Ron's dynamic workshops, please call 1-800-814-4036, or visit his website at www.ronroth.com.

Enhance Your Audio Library with These Great Titles from Nightingale-Conant!

Forgive and Be Free to Create Your Ideal Life

By Michael Wickett

22071CD

*Reclaiming Your Spiritual Power:
Making the Connection With the Source of All Healing*

By Ron Roth, Ph.D.

22350CD

*Your Psychic Pathway:
Listening to the Guiding Wisdom of Your Soul*

By Sonia Choquette, Ph.D.

17480CD

*Soul Mapping:
An Imaginative Journey to Self-Discovery*
By Nina Frost, Dr. Richard Shoup, and Dr. Kenneth Ruge
22700CD

*The Tao of Abundance:
Eight Ancient Principles of Abundant Living*

By Laurence Boldt

22920CD

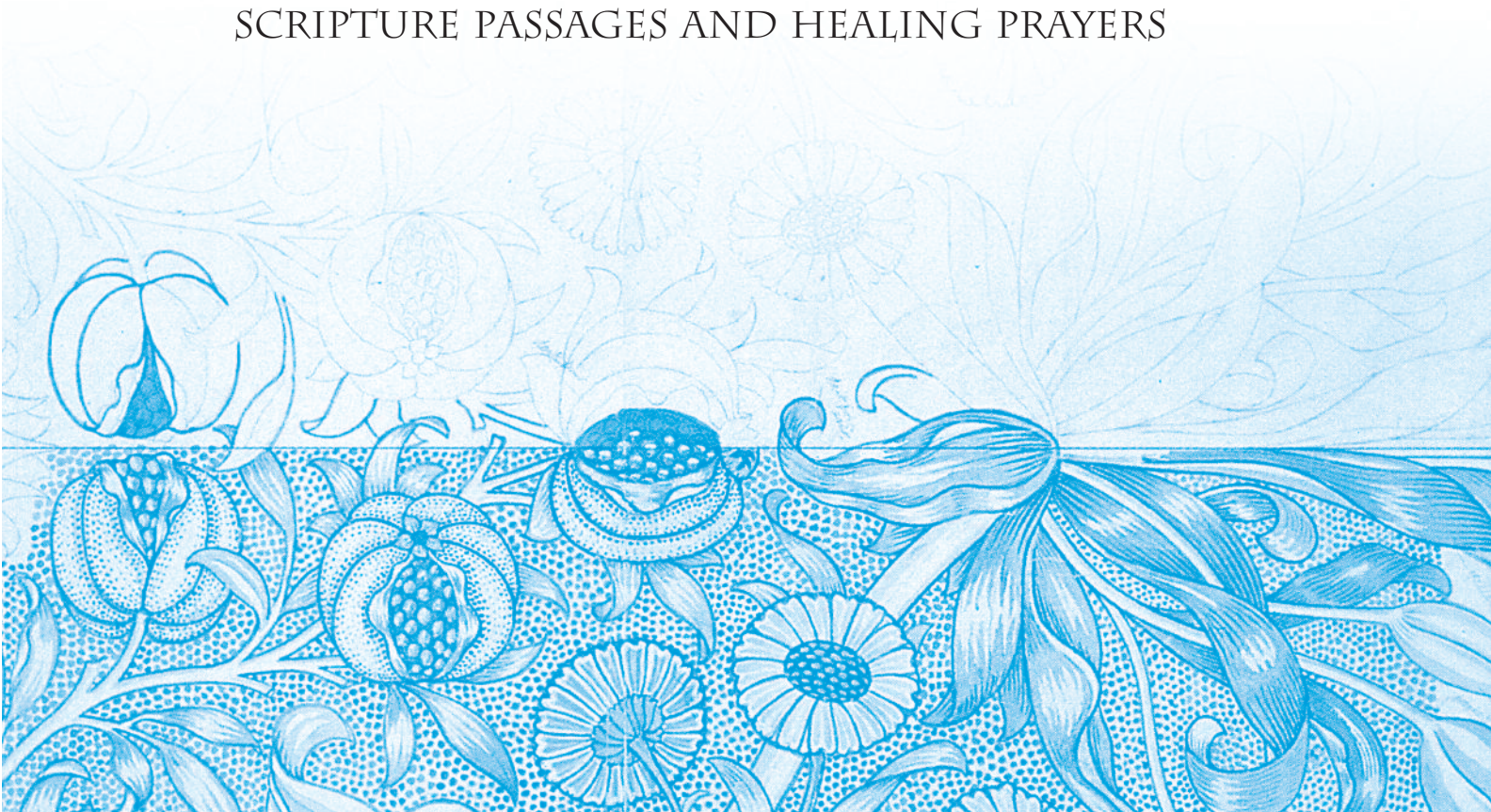
All available from Nightingale-Conant at phone: 1-800-525-9000
or visit our website at www.nightingale.com

or for our UK clients
phone: 01803 666100 • nightingaleconant.co.uk.



RON ROTH'S
SPIRITUAL HEALING INTENSIVE:
Applying the Timeless Treasures of Ancient Spiritual Practices

GUIDEBOOK COMPANION
INSPIRATIONS AND INSIGHTS:
SCRIPTURE PASSAGES AND HEALING PRAYERS



IMPORTANT

To begin — Please save this Guidebook Companion to your desktop or in another location.

TABLE OF CONTENTS

| | |
|---|----|
| Introduction | 3 |
| The Prayer of John Newman (referred to in Session 1) | 4 |
| Solomon's Prayer (referred to in Session 3) | 5 |
| The Lord's Prayer (referred to in Sessions 4, 19) | 6 |
| Invocation to the Angels and Saints for Assistance in Healing and Deliverance (referred to in Session 6) | 7 |
| Prayer to Be Filled With God's Spirit (referred to in Session 7) | 9 |
| Psychic Phenomenon Recorded in the Holy Bible (referred to in Session 8) | 10 |
| The Book of Acts: Power, Prayer, and Love in Action (referred to in Sessions 8, 9) | 12 |
| From I Corinthians: 12 (referred to in Session 10) | 16 |
| Prayer of St. Francis (referred to in Session 11) | 17 |
| Decrees of Truth Regarding the Holy Spirit (referred to in Session 11) | 18 |
| Father Sudac's Prayer of Surrender (referred to in Session 11) | 19 |
| Deliverance Through Blessed Objects (referred to in Session 17) | 20 |
| Prayer to the Holy Spirit (referred to in Session 19) | 23 |

INTRODUCTION

Welcome to *Ron Roth's Spiritual Healing Intensive: Applying the Timeless Treasures of Ancient Spiritual Practices*. This Guidebook Companion comprises a multitude of scripture passages and prayers that Ron encourages you to study, practice, and meditate upon. Doing so can enhance your spiritual connection as you focus your energy on heart-filled contemplation and prayer.

We suggest that you do the exercises in the Guidebook that correspond with this Companion to achieve maximum benefits from this program.

In the table of contents, beneath each passage that is listed you will find a cross-reference to the session number that it corresponds with in the Guidebook. Although this booklet may stand alone, you may gain an even deeper experience by responding to the related questions that you will find in the Guidebook.

Feel free to use this companion as you see fit. If you wish to post some of the prayers in your sacred space, you are encouraged to do so. Remember that the Spirit speaks to each of us in her own unique way. If you find yourself drawn to using this Companion in a creative and unusual way, feel free to move as the Spirit guides you. In the eyes of the Divine there is no right or wrong way to pray.

THE PRAYER OF JOHN NEWMAN

Dear Jesus, help me to spread your fragrance everywhere I go.

Flood my soul with your spirit and life.

Penetrate and possess my whole being so utterly that my life may only be a radiance of yours.

Shine through me and be so in me that every soul I come in contact with may feel your presence in my soul.

Let them look up and see no longer me, but only the Christ.

Stay with me and then I shall begin to shine as you shine.

So to share is to be a light to others.

The light, oh, Jesus, will be all from you; none of it will be mine.

It will be you shining on others through me.

Let me preach you without preaching, not by words but by my example, by the catching force, the sympathetic influence of what I do, the evident fullness of the love that my heart bears for you.

Spirit of the living God, fall afresh on us this day.

Melt us. Mold us. Fill us. Use us.

Spirit of the living God, fall afresh on us.



SOLOMON'S PRAYER

And now, oh Lord God, rise up and enter this resting place
that belongs to you, where the Ark of your strength
and power has been placed.

Rise up and enter this sacred place.

Let your priest, oh Lord God, be cloth and let your saints
rejoice in your kind, wondrous deeds.

Oh Lord God, do not ignore me.

Do not turn your face away from me, your anointed one.

Oh, remember your love for David, my father, and your
kindness to him.



THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done

on earth as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses as we forgive those

who trespass against us,

and lead us not into temptation,

but deliver us from evil

now and at the hour of our death.

Amen.

INVOCATION TO THE ANGELS AND SAINTS FOR ASSISTANCE IN HEALING AND DELIVERANCE

Leader:

O God, Loving Creator of all,
That we might be healed of all our physical ailments,
That we might be healed of all wounds of heart and spirit,
That we might be healed of all that separates us from You,
From each other, and from ourselves,
That we might work to heal the planet,

Holy Angels,
Holy Angels, our protectors in danger,
Holy Angels, our friends and helpers,
Holy Angels, who lead us to God,
Holy Michael, the Archangel,
Holy Gabriel, the Archangel,
Holy Raphael, the Archangel, whose name means "God has healed,"
Holy Angels, who drive away the fallen angels by the power of God,
All you holy angels of healing,

Lord, have mercy,
Christ, have mercy,
Lord, have mercy,

Response:

send your angels to be with us.
send your angels to be with us.
send your angels to be with us.
send your angels to be with us.
send your angels to be with us.

help us to be healed.
help us to be healed.
help us to be healed.
help us to be healed.
help us to be healed.
help us to be healed.
help us to be healed.
help us to be healed.

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

| | |
|---|-----------------------------------|
| Holy Mary, | <i>assist us in our healing.</i> |
| Saint Joseph, | <i>assist us in our healing.</i> |
| Saint Peter and Saint Paul, | <i>assist us in our healing.</i> |
| Saint John, | <i>assist us in our healing.</i> |
| Saint Mary Magdalene, | <i>assist us in our healing.</i> |
| Saint Ignatius, | <i>assist us in our healing.</i> |
| Saint Lucy, | <i>assist us in our healing.</i> |
| Saint Hildegarde, | <i>assist us in our healing.</i> |
| Saint Claire, | <i>assist us in our healing.</i> |
| Saint Benedict, | <i>assist us in our healing.</i> |
| Saint Francis, | <i>assist us in our healing.</i> |
| Padre Pio, | <i>assist us in our healing.</i> |
| Saint Teresa of Avila, | <i>assist us in our healing.</i> |
| Saint Theresa of Liseux, | <i>assist us in our healing.</i> |
| All holy saints and enlightened masters, [and, in silence, any spiritual saints you desire to involve] | <i>assist us in our healing.</i> |
| | |
| Lord, be merciful, | <i>Lord, deliver your people.</i> |
| From all evil, | <i>Lord, deliver your people.</i> |
| From every past error, | <i>Lord, deliver your people.</i> |
| From everlasting death, | <i>Lord, deliver your people.</i> |
| By your death and rising to new life, | <i>Lord, deliver your people.</i> |
| By your gift of the Holy Spirit, | <i>Lord, deliver your people.</i> |

PRAYER TO BE FILLED WITH GOD'S SPIRIT

I am a spirit. I have a soul and I live in a physical body. My spirit is the candle of the Lord. God, my Father/Mother, is guiding me into all the truth through my spirit. I am a child of God, born of the divine essence of God, filled with the spirit of God, and led by the spirit of God. I listen to my heart of love as I look to my spirit to guide me.

The Holy Spirit gives direction to my spirit, an illumination to my mind. She leads me in the way I should go in all the affairs of life. She leads me by an inward light. The inner eyes of my understanding are being enlightened. The wisdom of God fills me. Her love is perfected in me. I have grace from the Holy Spirit. I am becoming spirit conscious. I listen to the voice of my spirit and follow my being and the energy of the divine spirit. I trust in the Lord with all my heart and do not lean on my human understanding. In all my ways, I acknowledge God and He directs my paths. I walk in the light of God's peace. I will continue to train and develop my human spirit. I meditate upon God's love day and night. Therefore, I shall make my way prosperous and I will have good success in life.

My spirit and consciousness expand continually. Thanks be unto my heavenly Father/Mother who always causes me to be more than a conqueror. Amen.

PSYCHIC PHENOMENA RECORDED IN THE HOLY BIBLE

CLAIRVOYANCE

| Book | Chapter | Verse |
|----------|---------|---------------------------|
| 1 Samuel | 2 | 27 |
| 1 Samuel | 9 | 15, 16, 17, 18, 19, 20 |
| Daniel | 10 | 7, 8, 9 |
| John | 1 | 48 |
| John | 4 | 16, 18 |
| Acts | 8 | 26 |

SPIRIT CONTROL

| | | |
|----------|----|-----|
| 1 Samuel | 10 | 6 |
| Ezekiel | 2 | 2 |
| Ezekiel | 3 | 24 |
| Ezekiel | 8 | 1,3 |
| 2 Peter | 1 | 21 |
| 1 John | 4 | 1 |

SPIRIT VOICES

| | | |
|------------|----|--------------------------|
| Genesis | 22 | 11,12 |
| Exodus | 3 | 4 |
| Judges | 6 | 20 |
| Judges | 13 | 3 |
| 1 Samuel | 3 | 10 |
| 1 Kings | 19 | 7, 13 |
| Daniel | 4 | 31 |
| Luke | 1 | 28 |
| Luke | 2 | 9, 10, 11, 12, 13, 14 |
| Luke | 9 | 35 |
| John | 12 | 28 |
| Acts | 9 | 4, 5, 7 |
| Acts | 10 | 13, 15 |
| Revelation | 1 | 10 |

MESSAGES FROM DEPARTED SPIRITS:

| | | |
|----------|----|--------|
| 1 Samuel | 28 | 19 |
| Luke | 9 | 30, 31 |

| | | |
|------------|----|--------|
| Acts | 22 | 17, 18 |
| Revelation | 1 | 17, 18 |
| Revelation | 22 | 9 |
| Matthew | 17 | 3 |

SPIRIT RETURN: LEVITATION AND TRANSPORTATION OF THE PHYSICAL BODY

| | | |
|---------|----|----|
| 2 Kings | 11 | 11 |
| Ezekiel | 8 | 3 |
| Matthew | 14 | 29 |
| Acts | 1 | 9 |
| Acts | 8 | 39 |

TRANCE

| | | |
|---------|----|----|
| Numbers | 24 | 4 |
| Ezekiel | 4 | 24 |
| Daniel | 8 | 18 |
| Daniel | 10 | 9 |
| Acts | 10 | 10 |
| Acts | 22 | 17 |

SPEAKING THROUGH TRUMPET

| | | |
|------------|----|------------|
| Exodus | 19 | 13, 16, 19 |
| Exodus | 20 | 18 |
| Revelation | 1 | 10 |

SPIRIT COMMUNICATIONS IN DREAMS

| | | |
|----------|----|--------|
| Job | 33 | 15 |
| Joel | 2 | 28 |
| Genesis | 28 | 12 |
| Genesis | 31 | 24 |
| Genesis | 37 | 5 |
| Genesis | 41 | 17 |
| Judges | 6 | 11, 21 |
| 1 Samuel | 28 | 13, 14 |
| Ezekiel | 8 | 3 |
| Daniel | 3 | 25 |

| Book | Chapter | Verse |
|-------------|----------------|-----------------|
| Daniel | 5 | 5 |
| Daniel | 6 | 10 |
| Daniel | 9 | 21 |
| Mark | 16 | 5, 6, 9, 12, 14 |
| Luke | 24 | 15, 30, 31, 36 |
| John | 20 | 12, 14, 19 |
| John | 21 | 1 |
| Acts | 10 | 3, 19 |
| Revelation | 13 | 17, 18 |

**SPIRIT MANIFESTATIONS,
IN LUMINOUS CLOUDS
AND FLAMES OF FIRE**

| | | |
|--------------|----|--------|
| Genesis | 15 | 17 |
| Exodus | 3 | 2 |
| Exodus | 13 | 21 |
| Leviticus | 9 | 24 |
| Numbers | 16 | 35 |
| Judges | 6 | 21 |
| Judges | 13 | 30 |
| 1 Kings | 18 | 38 |
| 1 Kings | 19 | 11, 12 |
| 2 Kings | 1 | 10, 12 |
| 1 Chronicles | 21 | 26 |
| 2 Chronicles | 17 | 1, 2 |
| Matthew | 17 | 2 |
| Mark | 9 | 3, 7 |
| Luke | 9 | 3, 7 |
| Acts | 2 | 3 |
| Acts | 12 | 7 |
| Acts | 26 | 13 |

**PSYCHIC PROTECTION
AGAINST FIRE**

| | | |
|--------|----|--------|
| Isaiah | 6 | 6,7 |
| Daniel | 3 | 25, 27 |
| Mark | 16 | 18 |

**SOUNDS FROM
SPIRITUAL REALM**

| | | |
|------------|----|----|
| Ezekiel | 3 | 13 |
| John | 23 | 29 |
| Acts | 2 | 2 |
| Revelation | 11 | 19 |

**CELESTIAL MUSIC AND
MUSICAL INSTRUMENTS**

| | | |
|------------|----|-----|
| Revelation | 1 | 10 |
| Revelation | 14 | 2 |
| Revelation | 15 | 2,3 |

LOCATING LOST OBJECTS

| | | |
|----------|----|----|
| 1 Samuel | 9 | 20 |
| Matthew | 17 | 27 |
| John | 21 | 6 |

**TOUCHED BY SPIRIT OR
DISCARNATE HAND**

| | | |
|------------|----|--------|
| Daniel | 8 | 18 |
| Daniel | 10 | 10 |
| Revelation | 1 | 17, 18 |

INDEPENDENT WRITING

| | | |
|-------------|----|----|
| Daniel | 5 | 5 |
| Exodus | 24 | 12 |
| Exodus | 31 | 18 |
| Exodus | 32 | 16 |
| Exodus | 34 | 1 |
| Deuteronomy | 5 | 22 |
| Deuteronomy | 9 | 10 |

AUTOMATIC WRITING

| | | |
|--------------|----|----|
| 1 Chronicles | 28 | 19 |
|--------------|----|----|

MATERIALIZATION

| | | |
|---------|----|--------|
| Genesis | 3 | 8 |
| Genesis | 18 | 1, 2 |
| Genesis | 32 | 24 |
| Exodus | 24 | 10 |
| Joshua | 5 | 13, 14 |

THE BOOK OF ACTS: POWER, PRAYER, AND LOVE IN ACTION

- Acts: 1:14 They joined together constantly in prayer.
- Acts 1:24 Then they prayed, “Lord, you know everyone’s heart, show us which of these two you have chosen to take over this apostolic ministry which Judas left to go where he belongs.”
- Acts 2:1 They were together in one accord.
- Acts 2:28 You have made known to me the paths of life; you will fill me with joy in your presence.
- Acts 2:42 They devoted themselves to prayer.
- Acts 3:1 One day Peter and John were going up to the temple to pray at the time of prayer [3 p.m.]
- Acts 4:23 & 24 When they heard this, they raised their voices together (in one accord) in prayer.
- Acts 5:41 The apostles left the Sanhedrin rejoicing.
- Acts 6:4 And we will devote ourselves to prayer and the ministry of the word.
- Acts 6:6 The apostles prayed [over them] and laid their hands on them.
- Acts 7:59 While they were stoning Him, Stephen prayed.
- Acts 8:15 When they [Peter and John] arrived, they prayed for them that they might receive the Holy Spirit.

- Acts 8:22 Repent and pray to the Lord. Perhaps He will forgive you for thinking such a thing. [Peter to Simon the Sorcerer]
- Acts 8:24 [Simon said to Peter] Pray for me so that nothing you said may happen to me.
- Acts 9:11 The Lord said, “Go to Straight Street and ask for a man from Tarsus named Saul, for he is praying.”
- Acts 9:40 Peter got down on his knees and prayed.
- Acts 10:3 One day at about 3 p.m. [the Jewish time of prayer] Cornelius had a vision.
- Acts 10:4 The angel said, “Your prayers and gifts to the poor have come up as a memorial offering before God.”
- Acts 10:9 Peter went up on the roof to pray.
- Acts 10:30 Cornelius said, “Four days ago I was in my house praying at this hour [3 p.m.]”
- Acts 11:5 Peter said, “I was in the city of Joppa praying.”
- Acts 11:18 When they heard this, they praised God.
- Acts 12:5 So Peter was put in prison, but the church was earnestly praying for him.
- Acts 12:12 Peter went to the house of Mary, the mother of John Mark, where many people had gathered and were praying.
- Acts 13:2 While they were worshiping the Lord and fasting, the Holy Spirit spoke to them.
- Acts 13:3 After they had prayed, they placed their hands on Barnabas and Saul and sent them off.

- Acts 14:19, 20 They stoned Paul and dragged him outside of the city thinking he was dead. But after the disciples gathered around him, he got up and went back into the city.
- Acts 14:23 Paul and Barnabas appointed elders for each church with prayer and fasting.
- Acts 15:28 It seemed good to the Holy Spirit and to us. [How could they arrive at this without prayer - as they made their prior decisions in prior chapters based on the results they got through prayer.] [Implied]
- Acts 16:13 They went outside the city gate to the river where they expected to find a place of prayer.
- Acts 16:16 Once when we were going to the place of prayer, we were met by a slave girl who had a spirit. ...
- Acts 16:25 About midnight Paul and Silas were praying and singing hymns to God (there was an earthquake and prison doors flew open.)
- Acts 17:27 God [desires] that man would seek Him [vs. 28], for in Him, we live and move and have our being. [Implied]
- Acts 18:9 One night the Lord spoke to Paul in a vision. [Implied]
- Acts 19:6 The Holy Spirit came on them and they spoke in tongues.
- Acts 20:7 On the first day of the week we came together to break bread.
- Acts 20:36 When he had said this, Paul knelt down with all of them and prayed.
- Acts 21:5 All the disciples and their wives and children accompanied us out of the city and there on the beach we knelt to pray.

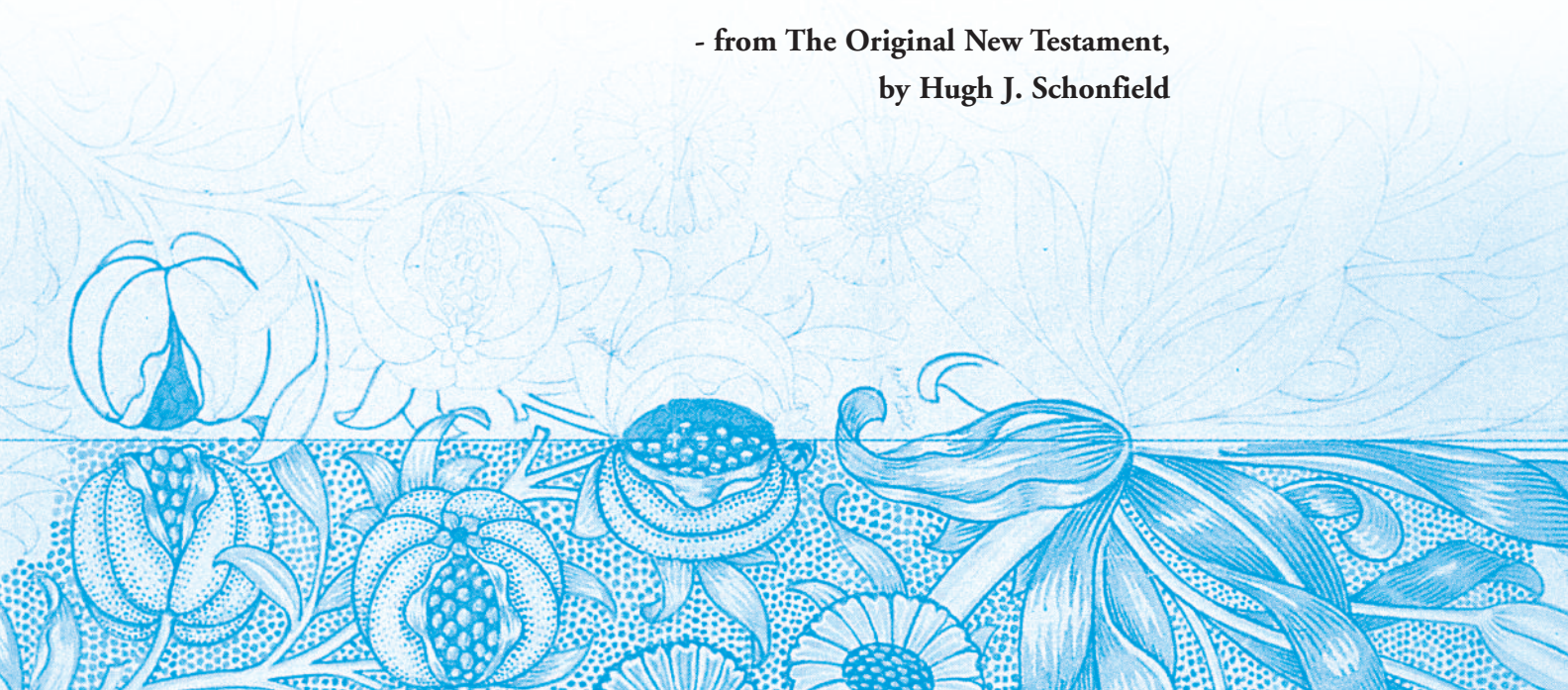
- Acts 21:20 Hearing this, they praised God.
- Acts 22:13 Ananias stood beside me [Paul] and said, “Brother Saul receive your sight.” [Prayer of command]
- Acts 22:17 When I (Paul) returned to Jerusalem and was praying at the temple, I fell into a trance and ...
- Acts 23:11 The Lord spoke to Paul. [Implied]
- Acts 24:11 I went up to Jerusalem to worship.
- Acts 24:14 I admit that I [Paul] worship the God of our Fathers as a follower of the way.
- Acts 26:29 Paul said, “I pray God that you and all who are listening today may become what I am.” [A follower of Jesus]
- Acts 27:23 Last night an angel of God to whom I belong, stood beside me and said, “Do not be afraid, Paul ...”[Implied]
- Acts 27:29 They dropped four anchors and prayed for daylight.
- Acts 27:35 After this, he [Paul] took some bread, broke it and began to eat. [Implied]
- Acts 28:8 His father [the father of Publius] was sick in bed suffering from fever and dysentery. Paul went in to see him and after prayer, placed his hands on him and healed him. [vs. 9]
When this happened the rest of the sick on the island came and were healed.
- Acts 28:15 At the sight of these men, Paul thanked God.

FROM I CORINTHIANS: 12

... to each has been given that particular spiritual manifestation which was appropriate. For one has been given through the Spirit the faculty of wisdom, another according to the same Spirit the faculty of insight, and yet another the faculty of faith by the same Spirit. To another, still by the one Spirit, has been given gifts of healing, to another the effecting of miracles, to another prophecy, to another the discerning of the nature of spirits, to yet another variety of tongues, to another interpretation of tongues. For all these manifestations one and the same Spirit is responsible, allocating specifically to each at will.

Now you are Christ's body, and its respective organs, and God has placed these in the Community as follows: first envoys, second prophets, third teachers, next mediums, next those with gifts of healing, those with intuition, those who give guidance, and those with varied tongues. Are all envoys? Are all prophets? Are all teachers? Are all mediums? Have all gifts of healing? Do all speak in tongues? Are all interpreters? Make the higher gifts your aim. Yet let me point out to you a still better course to pursue.

- from **The Original New Testament**,
by **Hugh J. Schonfield**



PRAYER OF ST. FRANCIS

Lord, make me an instrument of your peace

Where there is hatred ... let me sow love.
Where there is injury ... pardon.
Where there is discord ... unity.
Where there is doubt ... faith.
Where there is error ... truth.
Where there is sadness ... joy.
Where there is darkness ... light.

O Divine Master, grant that I may not so much seek

To be consoled ... as to console.
To be understood ... as to understand.
To be loved ... as to love.

For

It is in giving ... that we receive.
It is in pardoning ... that we are pardoned.
It is in dying ... that we are born to eternal life.



DECREES OF TRUTH REGARDING THE HOLY SPIRIT

Thou shall decree a thing and it shall come to pass. - Book of Job

Daily I am immersed in the presence and power of the Holy Spirit; thus I am healed, made whole, and filled with joy and peace in the Holy Spirit.

I receive the Holy Spirit in all areas of my life and levels of my being now.

I am a temple of the Holy Spirit, an outpouring of God and therefore my body and life is to the world.

I walk in the power and strength of the Holy Spirit.

The Holy Spirit is my teacher concerning the things of life.

The healing love of the Holy Spirit permeates my body and my life, bringing about total well-being.

The Spirit of God that raised up Jesus dwells in me and I am made whole.

I am strengthened and healed by the power of the Holy Spirit within me.

Holy Spirit, your vitalizing energy floods my whole being and I am healed.

I press forward with boldness in the power of God's Spirit and I am healed.

I daily praise and thank the Holy Spirit, the spirit of life and health, for constantly restoring me to perfection of body.

(To acquire the mind that is always open to the Holy Spirit, we must be persistent in prayer.)

FATHER SUDAC'S PRAYER OF SURRENDER

Come, Most Holy Spirit.

Come, Spirit of Grace.

Come, our Healer.

Come, Risen Lord.

Come, our beloved Teacher.

Lord, my heart is in need of You. The depths of my heart cry out to You. I wish to open myself entirely to You. I desire that You penetrate me completely, that I belong to You, that You enter into my heart. I desire that only You dwell there. I desire to love You eternally. Fill me with Your Holy Love. Strengthen me and be with me always. May Your Holy Name be praised.

I pray to you, Lord, for every person, for every heart that is beating for You. Answer their prayers. Do not allow any of them to be lost. This life passes so quickly. Allow us to become aware of what is important, to not lose ourselves but to gain You. You are the only center of our lives. Only with You can I know what and who I am.

Come, Lord.

Come, Most Holy Spirit.

My heart is waiting for You.

Amen.

DELIVERANCE THROUGH "BLESSED OBJECTS"

God did extraordinary miracles through Paul. Handkerchiefs and aprons that had touched him were taken to the sick, and their illnesses were cured and the evil spirits left them.

Acts 19:11-12

People brought the sick into the streets and laid them on beds and mats so that at least Peter's shadow might fall on some of them as he passed by ... And all of them were healed.

Acts 5:15-16

From the earliest days of Christianity, so-called "blessed objects," such as the handkerchiefs touched by Paul, have been used to bless and heal the sick and to drive off evil.

People begged Jesus to let them touch the edge of His cloak, and many were healed in this way (**Matthew 14:36**). Then there was the man who could not hear or speak, whose speech was healed when Jesus touched his tongue with His own spit (**Mark 7:3-35**) – a reflection of the ancient belief that the spit of a holy man had curative powers.

Traditionally Christians have prayed over various objects (such as oil), asking God to use them as channels of His healing and delivering power. I do not know how it happens, but these objects seem to be extensions of the person who prays for them, much as a piece of inert iron can be magnetized and hold the charge afterward.

OIL

In the early centuries of the life of the Church, and still today, oil is blessed with a forceful prayer based on the letter of James: *Is any of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord.*

James 5:14

Oil is useful not only in healing prayer, but has long been considered a help in casting out unclean spirits.

The traditional Catholic prayer for oil gives some idea of how early Christians prayed, and of the kind of prayer you yourself might compose to bless the oil.

Lord God almighty, before whom the hosts of angels stand in awe, and whose heavenly service we acknowledge, may it please you to regard favorable and to bless and hallow this creature, oil, which has been pressed from the juice of olives. You have ordained it for anointing the sick, so that, when they are made well, they may give thanks to you, the living and true God. Grant, we pray, that those who will use this oil, which we are blessing, may be delivered from all suffering, all infirmity, and all wiles of the enemy. Let it be the means of averting any kind of adversity from man and woman, made in your image and already set free by the death and resurrection of Jesus, so that they may never again suffer the sting of the ancient serpent. Amen.

In the early centuries, oil was blessed either by a bishop or by some charismatic person who might be a bishop or priest or layman or laywoman.

In praying for deliverance, we anoint the afflicted person's forehead and/or hands, or any other area of the body where there is or has been suffering.

SALT

Second among the common elements that are blessed and used to exorcise negative spiritual energies, elementals, and unclean spirits is salt.

Blessed salt can be sprinkled on food – reflecting again, an early Christian tradition.

Blessing:

God's creature, salt, I cast out the demons [negative spiritual energies] from you by the living God, by the true God, by the Holy God, by God who ordered salt to be thrown into the water-springs by Eliseus to heal it of its barrenness. May you be a purified salt, a means of health for those who believe, a medicine for body and soul for all who make use of you. May all evil be driven afar from the place where you are sprinkled. And let every unclean spirit be repulsed by the Holy Spirit. Amen.

Let us pray.

Almighty, everlasting God, we humbly ask you to manifest your mercy and goodness to graciously bless this creature, salt, which you have given for mankind's use. May all who use it find in it a remedy for body and mind. And may everything

that it touches or sprinkles be freed from uncleanness and any influence of the evil spirits through the Presence of the resurrected Jesus, our Lord. Amen.

If you are a follower of Jesus, you might say the following over yourself if you feel troubled by demons (negative spiritual energies). Sprinkle the salt in the form of a cross and say simply, *"In the name of the Father, Son, and Holy Spirit, I command any evil to leave and only Jesus Christ to be present."*

WATER

Blessed water ("holy water") is still another help in praying for deliverance. It differs from oil in that you can sprinkle it around when you bless a room or a house, and it does not stain as oil would.

The prayer of blessing for water is like the blessing for oil and salt. In the prayer we ask: *May you be a purified water, empowered to drive afar all power of the evil enemy, in fact, to root out and banish all demons [negative spiritual energies]. We ask this through the power of our Lord Jesus Christ and the Holy Spirit. May everything that this water sprinkles in home and gatherings of people be delivered from all that is unclean and hurtful; let no breath of contagion hover there, no taint of corruption; let all the wiles of any evil come to nothing. By the sprinkling of this water may everything opposed to the safety and peace of the occupants of these homes and places be banished, so that in calling on your holy name they may know the well-being they desire, and be protected from every peril. Amen.*

All these prayers, originally written in a medieval style, need not be used as they stand. We do not need to use oil, salt, and water at all when we pray for deliverance. But they can be a help; and we need to realize that there is a tradition, going back to the earliest days of Christianity, encouraging us to use them. If these prayers are not suitable for you and you wish to use any of these elements, fashion your own prayers.

STILL OTHER HELPS

Oil, salt, and water by no means exhaust all the possibilities of blessed objects that may contain God's power to heal and exorcise.

All we really need to know is that we have many creative possibilities to help us in the deliverance ministry.

These are not merely visual aids, but bring God's healing power in some mysterious way to the afflicted person.

If we rely excessively on these objects, on the other hand, we are getting into superstition. Our basic reliance must always be on the power of God, the Holy Spirit.

Abbreviated form for blessing of Salt and Water: *Almighty God, we ask you to bless this salt as once you blessed the salt scattered over the water by the prophet Elisha. Wherever this salt and water is sprinkled, you drive away the power of evil, and protect us always by the presence of your Holy Spirit. Amen.*

PRAYER TO THE HOLY SPIRIT

from *The Healing Path of Prayer*, by Ron Roth

You replace my restless, tense mind with the peace that comes from knowing there is a Shepherd who leads me and guides me into the tranquil valley, where He refreshes me with fertile, lovely, inspiring, uplifting thoughts.

COME, HOLY SPIRIT, you replace the anxiety and fear within me with the calm serenity, quiet confidence, and courageous faith that comes from knowing there is a rock upon which I am able to lean during the storm, a rock that will not falter or crumble, a rock that is sturdy, strong, and always there waiting with arms outstretched in love.

COME, HOLY SPIRIT, you replace the scars of bitterness and resentment within me with the ointment of joy and gladness which comes from knowing the Forgiver and Healer who wraps me in His tender care.

COME, HOLY SPIRIT, you replace the coldness and hardness of my heart, the dullness of my mind, the darkness of my spirit with the soft, warm golden rays of your never-ending Light. You penetrate down deep into my very being, uncovering all that was hidden, and you enliven within me once again the dying ember of a great love for God, for others, and for myself.

HOLY SPIRIT, thank you for letting me see myself as you see me, a wonderful being made in Your image, vibrant and alive with abilities and potential for doing great things for You and Your people.

HOLY SPIRIT, thank you for this tremendous, powerful truth that You are with me, in me, and for me all the days of my life, healing me and filling me full of your Presence, Love, Peace, and Joy. Amen.

