

# Voice and Speech Exercises

## BREATHING

(to be used in conjunction with sides 7 & 8)

Ex. 1

1  
1, 2  
1, 2, 3  
1, 2, 3, 4  
1, 2, 3, 4, 5 . . . etc.

Ex. 2

Beat, Beat, Drums  
Blow, Bugles, Blow  
Boomlay Boomlay Boomlay Boom

Ex. 3

This is the house that Jack built.  
This is the malt that lay in the house that Jack built.  
This is the rat that ate the malt that lay in the house that Jack built.  
This is the cat that killed the rat that ate the malt that lay in the house that Jack built.  
This is the dog that worried the cat that killed the rat that ate the malt that lay in the house that Jack built.  
This is the cow with the crumpled horn that tossed the dog that worried the cat that killed the rat that ate the malt that lay in the house that Jack built.

## OPEN THROAT

Ex. 4

A E I O U

Ex. 5

Tone Carriers:

M

N

ING

Ex. 6

Croon, Croon, a hush-a-bye tune.  
Croon as the moon glides by,  
Lullaby, Lullaby,  
Bye, bye.

## LOWER JAW

Ex. 7

How Now Brown Cow,  
Why do you look so sad?  
How Now Brown Cow,  
You should be gay and glad.  
Here on the grassy ground I found you,  
Browsing with crowds of cows around you,  
How Now Brown Cow,  
Why do you frown at me?

## LIPS

Ex. 8:

BABABA . . .  
MAMAMA . . .  
PAPAPA . . .  
WAWAWA . . .  
WHAWHAWHA . . .

Ex. 9

We Have Rubber Baby Buggy Bumpers.

Ex. 10

Come Come, Bumble Bee,  
Hum, hum, hum.

Ex. 11

Peter Prangle Picked Prickly Prangly Pears.

Ex. 12

Mrs. Peck Pigeon  
Is picking for bread.  
Bob-bob-bob  
Goes her little round head.  
Tame as a pussy cat  
In the street,  
Step-step-step  
Go her little red feet.  
With her little red feet  
And her little round head,  
Mrs. Peck Pigeon  
Goes picking for bread.

## TONGUE

Ex. 13

Peter Piper, the pepper picker, picked a peck of pickled peppers. A peck of pickled peppers did Peter Piper, the pepper picker, pick. Now, if Peter Piper, the pepper picker, picked a peck of pickled peppers, where is the peck of pickled peppers that Peter Piper, the pepper picker, picked?

Ex. 14

Amidst the Mists and Coldest Frosts,  
With Stoutest Wrists and Loudest Boasts,  
He Thrusts His Fists Against the Posts  
And Still Insists He Sees the Ghosts.

### DEVELOPING RANGE

Ex. 15

Do, Re, Mi, Fa, Sol, La, Ti, Do,  
Do, Ti, La, Sol, Fa, Mi, Re, Do.

Ex. 16

Let your voice come down evenly, smoothly, as a  
sigh.

Then evenly up and ever so high.  
Hold your tones level and high today,  
Then level and low tomorrow I say.  
Let tones glide high and slide down low.  
Learn to say "no, No, NO."

### THE 13 VOWEL SOUNDS

Ex. 17

#### FRONT:

Eve  
Is  
Exercising  
Actively

Eve is exercising actively.

Ex. 18

#### BACK:

Who  
Would  
Obey  
All  
Office  
Arts

Who would obey all office arts.

Ex. 19

#### MID:

Irma  
Appears  
Uppity

Irma appears uppity.

### LONG VOWELS

Eve  
Who  
All  
Arts  
Irma

### SHORT VOWELS

Is  
Apple  
Obey  
Al  
Exercise  
Would  
Office  
Uppity

### SHORT VOWEL PROBLEMS

Ex. 20 - APPLE -

Apple  
Arrow  
Bar racks  
Marry  
Carriage  
Man

Ex. 21 - OFFICE -

What  
Watchdog  
Not  
Got  
Modest  
Cosmopolitan

Ex. 22 - UH, UP -

Up  
Come  
Bud  
Rug  
Dust  
Such  
Judge  
Bun

### LONG VOWEL PROBLEMS

Ex. 23 - ALL -

All  
Law  
Aurkward  
Daughter  
Caught  
Thought

Ex. 24 - FATHER -

Ha  
Ha  
Calm  
Farm  
Darn  
Yard  
Father

Ex. 25 - IRMA -

Err  
Early  
Earnest  
Were  
Sir  
Fir  
Church  
Germ

THE 9 DIPHTHONGS

SHORT:

Ably  
I  
Oiled  
Old  
Owls

Ably I oiled old owls.

LONG:

Here's  
Their  
Poor  
Orchard

Here's their poor orchard.

Ex. 29

Owls are prowling around on the bough.  
I pronounce vowels hourly while on the couch  
in our house.

SHORT & LONG VOWELS

Ex. 26

<u>H</u> ad	<u>H</u> ard
<u>C</u> at	<u>C</u> art
<u>L</u> ack	<u>L</u> ark
<u>N</u> ot	<u>N</u> aught
<u>S</u> hot	<u>S</u> hort
<u>C</u> od	<u>C</u> ord

Ex. 27

<u>M</u> atch	<u>M</u> arch	<u>M</u> uch
<u>C</u> at	<u>C</u> art	<u>C</u> ot

Ex. 28

SHORT VOWEL PRACTICE WITH SENTENCES

Animals vanished as if by magic and went happily down the pass.  
What was it?  
Bob forgot to lock it.  
Jonn is not in the office.

LONG VOWEL PRACTICE WITH SENTENCES

Artificial rivers are harmless and calm at Carver's marvelous bazaar.

THE 29 CONSONANTS

I Both lips hitting each other:

Peter  
Plans  
Betty's  
Meals  
When  
Willing

II Upper teeth on lower lip:

Finally  
Vivian

III Tip of tongue between teeth:

Threatened  
Them

IV Tongue touching upper teeth and gums:

Tom  
Trains  
Dads  
Nice  
Lamb

V Tip of tongue free of upper teeth ridge:

Sally's  
Zoo  
Shows  
Pleasure  
Reasily

VI Front of tongue:  
Yesterday

VII Back of tongue:  
Ken  
Created  
Good  
Songs

VIII Throat:  
Helen  
Behaved

IX Made with friction:  
(Combinations of two consonants sounds)  
Charmingly  
Jaded

Ex. 30 - P, B -

Pan	Ban
Ample	Amble
Cap	Cab

Ex. 31 - F, V -

Fail	Vail
Proofs	Proves
Life	Lives

Ex. 32 - TH -

Thigh	Thy
Cloths	Clothes
Mouth	Mouthes

Ex. 33

### TARANTELLA

Do you remember an Inn, Miranda?  
Do you remember an Inn?

And the tedding and the spreading  
Of the straw for a bedding,  
And the fleas that tease  
In the High Pyranees,  
And the wine that tasted of the tar.

And the cheers and the jeers  
Of the young mulateers  
Under the dark of the vine verandah.

Do you remember an Inn, Miranda?  
Do you remember an Inn?

And the cheers and the jeers  
Of the young mulateers  
Who hadn't got a penny,  
And who weren't paying any,  
And the hammer at the doors and the din?

And the hip, hop, hap,  
Of the clap  
Of the hands to the twirl  
And the swirl of the girl  
Gone chancing, glancing, dancing  
Backing and advancing  
Snapping of the clapper to the spin  
Out and in  
And the ting, tong, tang, of the guitar.

Do you remember an Inn, Miranda  
Do you remember an Inn?

Never more, Miranda  
Never more.

Only the high peaks soar,  
And aragon a torrent at the door.  
No sound  
Only the boom, of the far waterfall  
like doom.