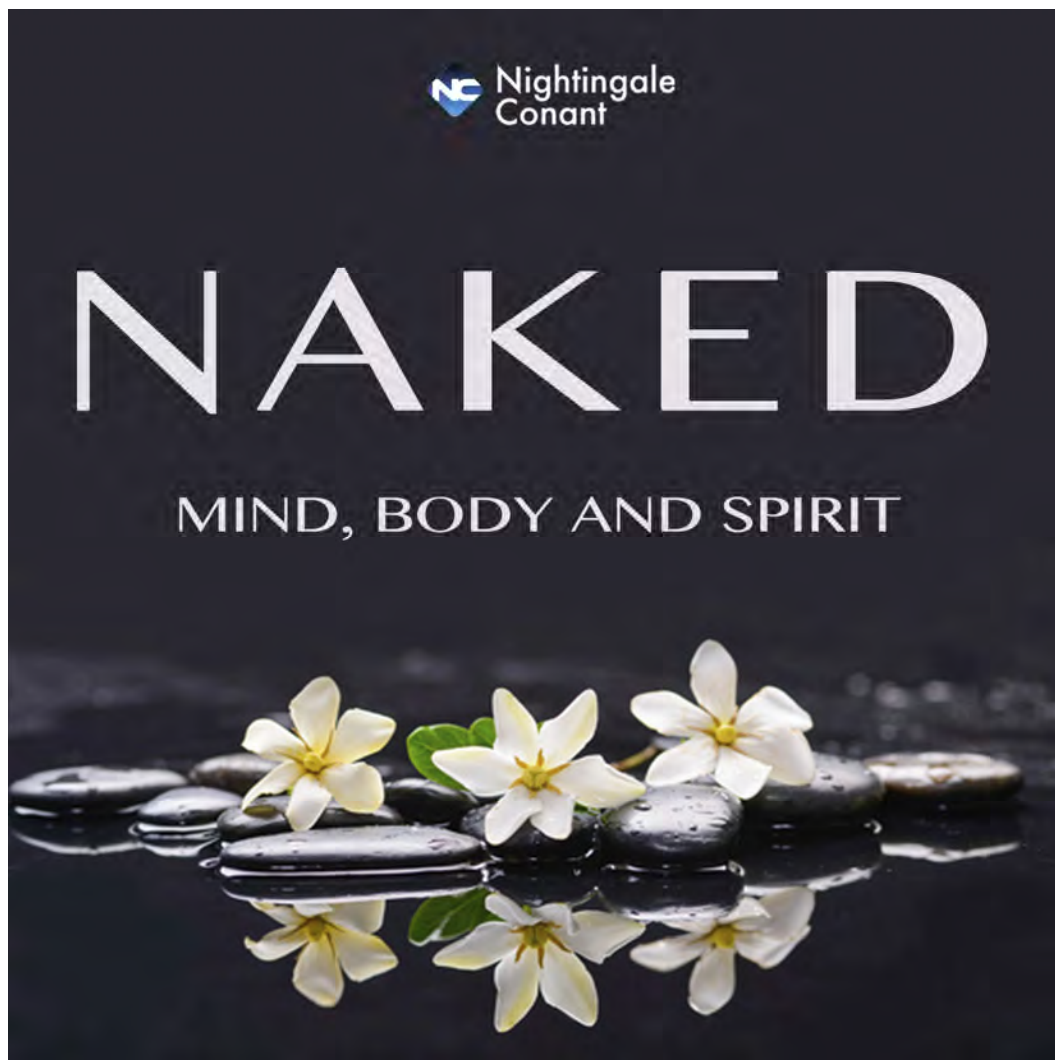


**Each of us seek answers to
questions that have played
on the minds of humans
since time began.**



This 'Best Of' Compilation Course presents best selling Nightingale Conant experts on health to wealth issues that will set the course to change your life.

Contents and Action Guide

Check out the full complete programs from
Nightingale Conant best sellers.



You have questions. We have answers.

- How long can we live? There is proof of your opportunity to live a full 100 plus year lifestyle.
- Can we make our dreams come true? Passions create the joy and fulfillment needed to extend a rich fun life.
- Can religion and science co-exist or does one cancel out the other?
- Science and philosophy have led the human mind for centuries and this course presents both time tested and new data that shows both are moving closer together in our 21st century.
- **This course is about finding your balance.**
- Discover the naked truth about your mind and thinking skills...your health and financial fitness...and the power of your spiritual adventure on this planet.
- Here's the plan to answer these and many more questions ... there are three major categories we will call on our experts for help. Mind...Body...Spirit.
- Nightingale Conant has more proven best sellers and experts in each field of expertise to provide the facts, concepts, ideas and inspiration. We have researched hundreds of hours of information and selected 53 best selling programs from 38 of our authors to edit specific messages for each topic covered in distinct 20 minute chapters.
- **There are 45 chapters with over 15 hours of vital information.**
- In our series of episodes for the category about your mind, we'll focus on thinking skills, attitude, motivation and improving brain function. Our series on the naked body concerns nutrition and fitness. We'll also discuss your financial health since it takes money to live an extra 30 or 40 years. And, with the series on spirit, some of our best sellers have spent lifetimes discovering the power of faith and belief with our connection to our life plan and purpose.



Check out the full complete programs from Nightingale Conant best sellers.



Naked: Mind, Body and Spirit

Table of Contents

A complete list of all the programs featured is included after the contents

Hour 1

Chapter One – Introduction

Welcome to the compilation of great ideas for a richer full long life from our best selling programs. Chapter one serves as our introduction and overview of the 15 plus hours of vital information coming up to plan your 100 plus year lifestyle. Health to wealth is what we want for a long life, and the authors you hear represent years of study and real world experience to share with you a powerful means to plan what's next in your future. This session includes: Eric Plasker who asks if you knew you could live to 100, what would you do today? Jim Rohn explains how ideas plus inspiration work to make you better. Robert Allen proposes ways to make serious money. Plus, Brian Tracy, John Abdo, Marianne Williamson and Wayne Dyer round out session one.

Chapter Two - How Long

There are some amazing stories how many have escaped the doctor's death sentence. According to the American Cancer Society, improvements in treatment, the five-year relative survival rate has increased from 49% in the mid-1970s to 69% in the most recent time period. Some experts say that a spontaneous remission is "either divine intervention or the immune system." It may be hard to believe, but one key factor of healing the un-curable is happiness. Mark Victor Hansen explains how having fun is healthy. Cancer survivor, Paul Pearsall, asks about the 'magic pill.' Eric Plasker shows how cancer can be prevented by lifestyle.

Chapter Three - Dream It Do It

Imagination is powerful and a mystery, as no one knows for a fact where our best ideas come from. We know the mechanics, but we search for the source. Earl Nightingale inspired millions to becoming more creative. Now, it's your turn. Tony Alessandra presents secrets of geniuses. And, a powerful message from Jim Rohn about the seasons of your life.

**Check out the full complete programs from
Nightingale Conant best sellers.**



Can a program called NAKED not deal with sex? No, it can't. Throughout these pages of additional information we have added some quick quizzes.



This first quiz is about sex and your 100 year life plan.

What issues can have a negative impact on your sex life?

- A: Health Issues
- B: Stress
- C: Finances
- D: Age



Is sex more important to men than women?

- A: Men
- B: Women

Do most agree that unmarried people should not have sex?

- A: Yes
- B: No



The answer will be revealed shortly.

Check out the full complete programs from Nightingale Conant best sellers.





Hour 2



Chapter Four – Philosophy

“Every science begins as philosophy...it arises in hypothesis and flows into achievement.” That quote starts this session as Jim Rohn, Greg Braden, Marianne Williamson, and Earl Nightingale share details about philosophy, science, and religion. Knowing yourself is key to becoming the person you could be and should be.

Chapter Five - Who Are We

Have you questioned what you believe? We question a lot in life such as where to go to school and who to marry. This brings us to the big question for this episode...Who are we? Greg Braden, Wayne Dyer, and Marianne Williamson talk about who we see in the mirror.

Chapter Six - Self Talk

Do others think you are successful and do you think so? One simple way to forecast the life we want, the life that could be and should be, is to use positive self talk to pull us in to the future. Denis Waitley, Tony Alessandra, Mark Victor Hansen, Napoleon Hill, and Paul Pearsall have the details.

Check out the full complete programs from
Nightingale Conant best sellers.



Quiz



What is the average age expectancy?

- A: 65
- B: 70
- C: 75
- D: 80

The answer will be revealed shortly.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 3



Chapter Seven - Present Moment

To do the things you want you may have to do something you don't want in the present. Living in the moment may be called mindfulness. Mindfulness can for many reduces stress. These states of awareness can also boosts immune functioning, reduce chronic pain, lower blood pressure, and helps patients cope with cancer. Find out more from Paul Pearsall, Dan Millman, Eric Plasker, and Greg Braden in this session packed with present moment power.

Chapter Eight - Will to Fail

Why do so many more people seem to have a Will to Fail more than a Will to Live. Success is more of a challenge. You have to believe in something and do something to succeed. Imitating and echoing what's happening around you and in the news on social media is easier than fighting for a will to win. This leads to a much more common occurrence. The conscious mind can free you from the prison of your mind. Listen to the answers from Greg Braden, Marianne Williamson and Guy Finley from their best sellers.

Chapter Nine - Release the tension

Do you have the patience to withstand the tension it takes to get better? Can you gather all you may need now in the present moment to get ready for whatever is thrown at you tomorrow? You can be sure there will be tension and adversity. However, you can handle it. Not sure? Rest assured the answers are ready from Jim Rohn, Denis Waitley, Eric Plasker, John Abdo and Marianne Williamson.

**Check out the full complete programs from
Nightingale Conant best sellers.**



Quiz Answer

What is the average age expectancy?

- A: 65
- B: 70
- C: 75
- D: 80

The answer:

Some reports indicate the average life expectancy in the United States is 78.24 years:

75.78 years for men and
80.81 years for women.

The truth is, your personal life expectancy depends on health, lifestyle, and mental attitude.

For fun, calculate how much time on average you have left based on the Social Security Life Expectancy Calculator at:

<https://www.ssa.gov/OACT/population/longevity.html>

To beat the odds, take the advice of our experts. The next chapters have answers to add more years to your life and more life to your years.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 4



Chapter Ten - The Cure

Best way to stay healthy is to not get sick in the first place. However, who wants to do all those pushups and eat kale everyday? Where's the fun in that? Paul Pearsall, Tony Alessandra, and Dan Millman will help you find joy.

Chapter Eleven - You are what you eat

"We are indeed much more than what we eat, but what we eat can nevertheless help us to be much more than what we are." That quote jumpstarts our conversation about your 100 plus year lifestyle that is also fun. Details from experts on the topic Eric Plasker, Mark Stengler and Paul Pearsall.

Chapter Twelve - Quality of Life

Is the quality of your life determined by your measurements and appearance? Find out why there are no excuses in this session with Eric Plasker, Bernie Siegel, Mark Victor Hansen, and fitness expert John Abdo.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 5



Chapter Thirteen - Staying Young

How do you stay young? First, you have to have a reason. This session is loaded with good reasons and skills to stay young and fun. Hear what Earl Nightingale, Jim Rohn, and Napoleon Hill propose.

Chapter Fourteen – Belief

Do you believe in the things not seen that may at some time materialize? Or, do you live as a casual observer without a great deal of thought about supernatural powers. Joe Vitale answers, “How do you know inspiration?” Plus, Greg Braden, Wayne Dyer and Guy Finley.

Chapter Fifteen - The Universe

It doesn't take a rocket scientist to point out how science is coming closer and closer to what we believe about the universe. So, what's our place and why are we here? Find out more with Greg Braden and Marianne Williamson.

Check out the full complete programs from
Nightingale Conant best sellers.



Quiz



How many people worldwide have faith in some form of religion?

- A: 35%
- B: 45%
- C: 75%
- D: 95%

The answer will be revealed shortly.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 6



Chapter Sixteen – Reality

Are we discovering reality or creating it? Can you learn something from Harry Potter? Marianne Williamson thinks so. Plus, Michael McCarthy, Joan Borysenko and Joe Vitale have advice.

Chapter Seventeen - Ancient Wisdom

Throughout the ages for tens of thousands of years there have been wisdom keepers. Has something dramatically changed since those ancient times when it comes to belief? When did we stop listening to the wisdom keepers? Greg Braden explains what happened to ancient wisdom. Plus, thoughts on the connectedness of ether from Napoleon Hill. Marianne Williamson adds more.

Chapter Eighteen – Faith

What do we call the faithful? Do you have a name for what you believe? There is something revealed in names. The bigger the purpose the bigger the faith will be needed. Your ideas will also attract a lot of criticism. Your vision is a magnet for people's comments that will test and retest your faith in your ability to make it happen. Wayne Dyer, Marianne Williamson, Mark Victor Hansen and classic advice from Napoleon Hill will help you.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 7



Chapter Nineteen – Friends

Do you have friends in high or low places? Not the pretend friends on social media, but real people you see, hear, and spend time with and not just text message. Would you meet someone new in a hot tub? Wayne Dyer did and we'll learn what happened. Plus, Jim Rohn, Earl Nightingale, Tony Alessandra, and Mark Victor Hansen offer more.

Chapter Twenty – Power

Imagine the most powerful person in the world answers your call and begins to listen... then; you forget why you called and get distracted. Communication skills are becoming rare in our techno connected world ...real communication of listening and responding. Real communication requires a real connectedness. Tony Alessandra, Greg Braden, Joan Borysenko, Guy Finley, and Joe Vitale all have advice.

Chapter Twenty One – Creation

There are about 100 billion galaxies in the observable Universe...the galaxies we can see. Did this all begin with a big bang? Greg Braden answers and we hear more ideas from Marianne Williamson, Paul Pearsall, and Joan Borysenko.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 8



Chapter Twenty Two - Fear or Freedom

What opportunities have come to you? What did you do about them? Did you have faith enough to overcome any fears to follow your dream of freedom? Opportunities knock all the time. The key to success has very little to do with being at the right place at the right time. Timing is important in a time of huge disruptions. To tackle this topic, we hear from Earl Nightingale, Wayne Dyer, Michael McCarthy and Asara Lovejoy.

Chapter Twenty Three - Brain Power

The race is on. Alzheimer's and related dementias research builds each year. The good news is there are things we can do to stimulate our brain power. On aging and memory we have information from Michael McCarthy. Plus, John Abdo says it's never too late to get exercise. Wayne Dyer spoke on brain chemistry, and Joan Borysenko shares one specific skill to boost our ability.

Chapter Twenty Four - Practice Winning

Here's something that is guaranteed to reduce stress. Accomplishment is the greatest stress reliever. The good news is there is something you can do and one of the greatest quarterbacks of all time, Joe Montana tells you why. Denis Waitley, and Tony Alessandra have more on winning.

**Check out the full complete programs from
Nightingale Conant best sellers.**





Hour 9



Chapter Twenty Five - Ethical Thinking

Is ethical thinking always the right thing to do? Sure sounds like these two ideas are the same thing and create a sense of moral authority. However, what about cases we see on the news where an obvious murderer goes free because of a legal principle that was intended to be the ethical treatment under the law. Is it right for the guilty to escape consequences? Just because you can do something legally doesn't mean you always should. Zig Ziglar, Earl Nightingale, and Jim Rohn made a career teaching millions that doing the right thing is the only way to succeed. There's more from them in this session.

Chapter Twenty Six – Finances

Do you really want to live to 100 or more years? What if you were stranded on a deserted island with no one? How would you make it without your cell phone...not to mention food and shelter? Living another 30 or 40 years doesn't sound so good. It doesn't sound so good either if you are sick, confined to a bedroom and have no money. But, in the real world that happens a lot. The truth is finances are critical at all age, Eric Plasker says you may not want to be 100, but you may not have a choice. Mark Victor Hansen and Ric Edelman discuss your financial plan to last 100 years.

Chapter Twenty Seven - Cost of Staying Healthy

Here's some good news...Cancer patients are treated with a wide variety of ground-breaking treatment options. The bad news....the cost of the cure may kill you. So, how much is enough? Eric Plasker has advice on the healthcare crisis. Ric Edelman, Robert Allen, and Jim Rohn have more.

Check out the full complete programs from
Nightingale Conant best sellers.



Sex Quiz Answer

What issues can have a negative impact on your sex life?

- A: Health Issues
- B: Stress
- C: Finances
- D: Age

Answer:

All of the above. Health being the most important and age the least important

Is sex more important to men than women?

- A: Men
- B: Women

Answers:

Important to quality of life

- Men 85%
- Women 61%

Critical to Good Relationship

- Men 67%
- Women 50%

Think about sex once or more a day

- Men 45%
- Women 8%

Do most agree that unmarried people should not have sex?

- A: Yes
- B: No

Answer

This opinion has changed over the decade from 1999 to 2009.

In 1999, 41% thought that unmarried people should not have sex. In 2009, that number dropped to only 22%. That means 8 out every 10 think a test drive is just fine.

Find out more: Source:

https://www.aarp.org/content/dam/aarp/research/surveys_statistics/general/2011/sex-romance-relationships-09.doi.10.26419%252Fres.00063.001.pdf

Hear what our authors say in upcoming chapters.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 10



Chapter Twenty Eight - Deal with loss

Having a clear mind about facing loss in our lives is a critical skill for those who make it to the 100 plus year life. The popular kids in school are not looking so good...or may have passed. Living to a hundred comes with a cost. There are the obvious payments such as living a healthy lifestyle and generating enough wealth to pay your way an extra 30 or 40 years. There's also another cost. Some things and some people close to you will not be around on your 100th birthday. Find out what Paul Pearsall, Marianne Williamson, Wayne Dyer, Joan Borysenko, Bernie Siegel, and Joe Vitale have to say.

Chapter Twenty Nine - Sex, Life and Rock n Roll

How could a course called "Naked" avoid talking about sex? Well. It can't. Leo Buscaglia, the doctor of love spoke of the fountain of youth and the risk of loving. Plus, Zig Ziglar, Mark Stengler, and Bernie Siegel have emotional and medical advice

Chapter Thirty - Spiritual Healing

When it comes to spiritual healing, the medical profession and science seems to be closing the gap on whether prayers work. This session features some amazing stories about the power of prayer. Bernie S. Siegel, Joan Borysenko, Luanne Oakes, and Larry Dossey provide proof of the power of prayer. Plus, Andrew Newburg explains the results of brain imaging during prayer.

**Check out the full complete programs from
Nightingale Conant best sellers.**



Quiz Answer

How many people worldwide have faith in some form of religion?

- A: 35%
- B: 45%
- C: 75%
- D: 95%

The answer:

Pew Research studies indicate more than eight-in-ten people identify with a religious group.

<http://www.pewforum.org/2012/12/18/global-religious-landscape-exec/>

On the flipside, “How many people are atheists” Pew Research reveals the following study:

<http://www.pewresearch.org/fact-tank/2016/06/01/10-facts-about-atheists/>

Our authors have something to say in the next few chapters.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 11



Chapter Thirty One - Near Death Experiences

They say in polite society to never discuss religion, politics or sex. Polite society must never read Facebook. What about people who speak of death? How fast does that topic empty the dinner table? Try it sometime just after the main course lands and the crazy uncle tells a dirty joke. Just say, "What's it like to die?" The oldest surviving explicit report of a near death experience comes from the Greek philosopher, Plato. The current state of these experiences is the topic for Joan Borysenko, David Hawkins, Bernie Siegel and Larry Dossey.

Chapter Thirty Two - The Problem with God

The problem with God has been around for centuries. As soon as the human brain began developing, there is evidence that humankind sought a higher intelligence. They needed someone to blame when the animals didn't show up, or the crops failed. Some researchers say the quest for God goes as far back as the Middle Paleolithic period in time that spans the period from 300,000 to 50,000 years ago. Our ancient memory there is a clue according to Greg Braden. Ron Roth, Andrew Newburg, and Larry Dossey have more.

Chapter Thirty Three - Money

Ever notice the celebrities comment on how money is not important? They say these things casually as they sip from 200 dollar bottles of Scotch from their gated ocean front communities. There's a better perspective on money in this session with Jim Rohn, Dan Millman, Mark Victor Hansen and Robert Allen.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 12



Chapter Thirty Four – Generations

Each generation has challenges, and in this session we have evidence that today's millennials have a burden much heavier than at any other time. Greg Braden, Gabrielle Bosche, and Michael McCarthy present the evidence

Chapter Thirty Five – Aging and Winning

Saying I'm old or getting old is dangerous. Find out why with Wayne Dyer, Byron Katie, Bernie Siegel, Guy Finley and Earl Nightingale.

Chapter Thirty Six - Self Talk

We are in a constant state of expressing something about ourselves. Good and bad. James Allen wrote that darkness does not exist. Darkness is only a shadow blocking the light that is everywhere in the universe. Think of the night. The darkness that covers us covers only a fraction of the earth that is turned away momentarily from the light of the sun. Light is the constant. Darkness is a shadow. The same can be said of our internal dark thoughts about ourselves. Learn more about self talk from Denis Waitley, Joe Montana, Marianne Williamson, and Tony Alessandra.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 13



Chapter Thirty Seven - Do You Believe in Miracles

According to surveys, about three of every four Americans believe in miracles. Not just believe in God, but they believe bushes burn and seas part. And, modern day miracles of survivors seem to prove their point. However, if you are on the side of doubt, you are certainly not alone. Our founding fathers like Thomas Paine wrote “All the tales of miracles, with which the Old and New Testament are filled, are fit only for impostors to preach and fools to believe.” Not believing presents some serious consequences here on earth over time. In this session, Marianne Williamson shares the origin of A Course in Miracles. Wayne Dyer, Greg Braden, and Michael McCarthy share more.

Chapter Thirty Eight - The Universe is Connected

Ever have a vivid dream of a lost loved one? Or, have the phone ring just as you were about to call the same person that is calling you? Napoleon Hill explained this in his thoughts about Ether. He wrote, “Ether in which this little earth floats, in which we move and have our being, is a form of energy moving at an inconceivably high rate of vibration, and that the ether is filled with a form of universal power.” There’s more to learn from Marianne Williamson, Greg Braden and Wayne Dyer.

Chapter Thirty Nine - Why Bad Things Happen

Adversity and impossible odds beg this question for most of us at some time...Why do bad things happen to good people? We have answers from Jim Rohn, Greg Braden and Marianne Williamson.

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Nightingale Conant best sellers.





Hour 14



Chapter Forty - The Future

Understanding the past and seeking knowledge from other times sets the stage for us to look forward...and what can be more forward thinking than a visionary genius? We have a long history of looking toward the future. In this session Greg Braden continues, along with Tony Alessandra, Guy Finley and Earl Nightingale.

Chapter Forty One – Rewards

There should be rewards at the end of the day. Ready for some good news? We have it for you with Denis Waitley, Ric Edelman and Brian Tracy.

Chapter Forty Two - Acceptance and Forward Motion

Each of us faces times of decision and acceptance. We can choose who we are...or we can settle for other's expectations. Getting up in the morning and letting go of the past will be covered in this session from Peter McLaughlin, Michael Wickett, Guy Finley, Wayne Dyer, Stephen Edwards, Marianne Williamson and Joe Vitale.

Check out the full complete programs from
Nightingale Conant best sellers.





Hour 15



Chapter Forty Three – Control

Acceptance does not mean we should relinquish our control. On the contrary, letting go is a principle that allows us to put away the weak negative influences and develop a sense of positive control over our day to day life and future. There is one principle that has been proven over time to help us control our future. Brian Tracy, Denis Waitley, Peter McLaughlin, Joe Vitale, Mark Victor Hansen, and Wayne Dyer have more.

Chapter Forty Four - Using The Past

If hindsight could really be 20 / 20 vision, you'd think the past would be an instruction rather than intrusion. Understanding your past from Marianne Williamson provides a new respect for what the past can do for you. Plus, Ron Roth, Wayne Dyer, Mark Victor Hansen and Earl Nightingale.

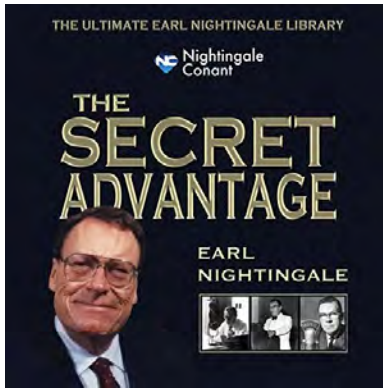
Chapter Forty Five - What's Next

This is the final chapter in Naked: Mind, Body and Spirit, so we call this chapter Revelations just as in the ancient writing that shared the same title of its final chapter. Why mess with a winning formula? In our final chapter we look at what happens next to our minds, our bodies, and our spirits. A French philosopher wrote, "We are not human beings having a spiritual experience; we are spiritual beings having a human experience." If that is true we have to wonder...what's next. Does our purpose during this time continue into the next to fulfill a higher plan? Does our time and work here live on for generations to come? Our power packed line up includes Wayne Dyer, Leo Buscaglia, Earl Nightingale, Wayne Dyer, Jim Rohn and Vic Conant.

Check out the full complete programs from
Nightingale Conant best sellers.



Additional Compilation Programs with Joe Nuckols from Nightingale Conant



Powerful **Earl Nightingale** messages organized into four skill sets demanded by leading corporations. The complete program includes 64 episodes - over 21 hours of life-changing powerful ideas. All you need is one idea that engages your unlimited potential, and you will get anything you want.



Become the sustaining resource as a sales professional or entrepreneur in today's tough competitive market. The way people buy may change, the way people sell only gets better. Discover the proven principles from 45 best-selling courses from the extensive Nightingale Conant library. **Sales Revelation**, the ultimate collection of Nightingale Conant's best-selling sales and business leaders share 33 select 20-minute topics with over 11 hours edited into an easy-to-use format.



Everyone ends up somewhere - the question is where. **The Goals and Vision Mastery Course** provides you with skills to get what you want - but much more.

This collection of select messages is taken from 64 best-selling courses from 57 proven experts. Our Nightingale Conant compilation programs are designed to make it easy for you to hear selections in a topic-driven format

Joe Nuckols is a best selling Nightingale Conant author, producer and narrator. The banner on his website, JoeNuckols.com states, ***The Way the World Is. The Way the World Can Be.*** That is a mission statement to bring you answers that will pull you into a future of unlimited success.

Joe is an expert in personal development with over 40 years of study and work in the field, and he is an award-winning advertising writer and winner of journalism awards. In partnership with Nightingale-Conant, Joe created the world's first all motivation radio format, WNN — Winners News Network. Later, he was the morning personality on the Personal Achievement Radio Network, syndicated by ABC Radio Networks heard in Los Angeles, Chicago, and other markets nationwide. His Nightingale Conant compilation courses are taken from thousands of hours of best selling programs and courses. Each course focuses on a simple format. Easy to listen to 20 minute chapters address a specific topic featuring excerpts for our best sellers. Meet Joe online and have access to videos such as the **DARE Matrix**: a Nightingale Conant 4 hour movie also available at Nightingale.com. Joe has produced a number of documentaries that can be found free on Youtube.com including *The Nightingale Conant Story*, *The Andrew Carnegie Documentary*, *The Truth about Napoleon Hill* and *Andrew Carnegie*.

Check out the full complete programs from Nightingale Conant best sellers.



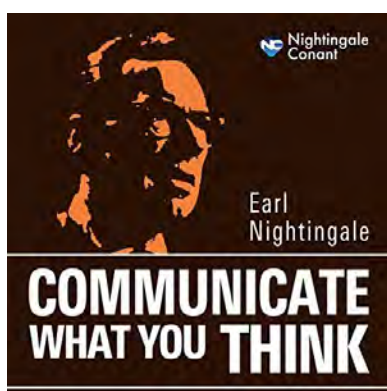
Programs Included in this Course

Specific topics have been selected from these best sellers



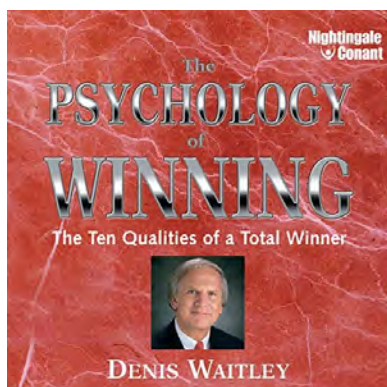
Profit from the "Program of Presidents" in ***Lead the Field***. Hundreds of thousands of people have profited from the wisdom and savvy of *Lead the Field*!

In fact, *Lead the Field* has often been referred to as the "Program of Presidents" because so many top executives have incorporated Earl's guidance and wisdom into their management philosophies. When you listen to this landmark program you'll be awestruck by the simplicity and timelessness of Earl Nightingale's words and ideas.



A basic, practical "how to" guide to more successful communication

No matter what your career objectives are, ***Communicate What You Think*** will help you achieve them. You'll do a better job in selling ideas, plans, or procedures to associates or customers.. Even your written reports, letters and memos will get more attention - and action. You'll discover how to transmit messages from one person to another without sacrificing meaning or intent.



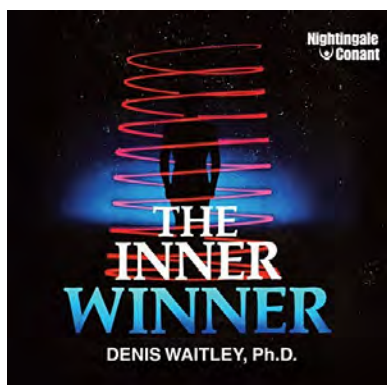
***The Psychology of Winning* will teach you how to program your mind for success and achievement.** Whether you realize it or not, you are in the game! And winning is only an attitude away. The outcome of the game is on your shoulders. So ask yourself:

Is my career a runaway success?

Am I a champion to my family?

Am I excited to get up every morning and start another day in my own shoes?

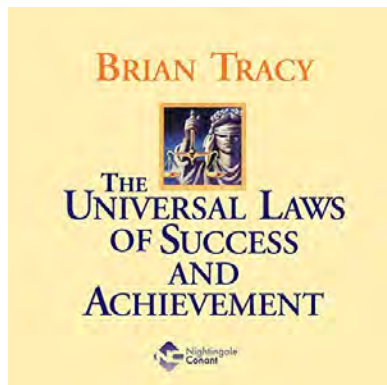
Winners can honestly answer each question "yes."



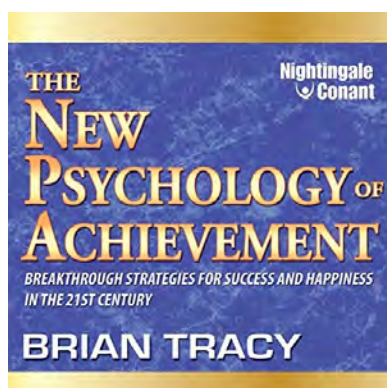
Denis Waitley has studied and counseled winners in every walk of life, from top executives of Fortune 500 companies to Super Bowl champions, astronauts, and returning POWs. During the past decade, he served as Chairman of Psychology on the US Olympic Committee's Sports Medicine Council, responsible for performance enhancement of all US Olympic athletes.

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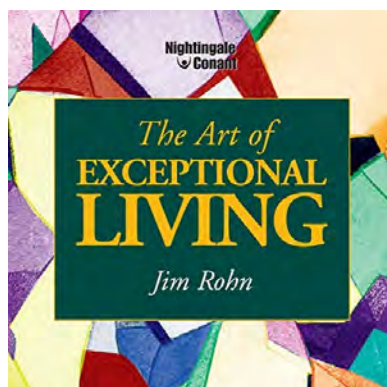


Brian Tracy has spent his life seeking answers, and he didn't do it in the hallowed halls of academia or from behind the desk of a consultant's office. He did it as a deckhand and a farm worker, as a construction worker and a factory worker - and the laws of success he learned have made him a millionaire many times over. These laws apply in every time and place, and can be used by anyone to enhance his or her life. Some of these laws were written as far back as 2000 BC by the ancient Egyptians, and they've been mentioned in literally thousands of books throughout the centuries.

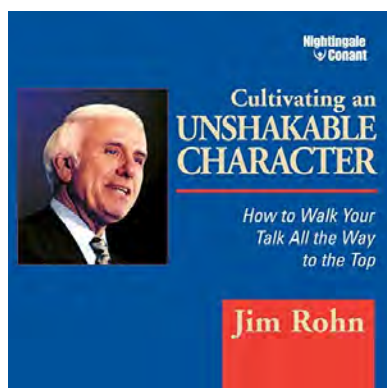


Accomplish more in the weeks, months, and years ahead than you ever imagined possible! Now completely updated!

The all-time classic - completely updated to meet the needs of the 21st century achiever! ***The Psychology of Achievement*** is an all-time classic in the Nightingale-Conant library, with over one million copies sold to date. Since its original publication, Brian Tracy has become established as one of the world's leading experts in personal development, the Number One-selling Nightingale-Conant author of all time, and a mentor to countless other speakers and thought leaders in the personal development industry.



***The Art of Exceptional Living* by Jim Rohn** is the can't-miss guide that shows you how to begin living life according to your own rules. Catch up on your success and attain all you want and need. Let success expert Jim Rohn teach you how to master the art of living exceptionally well! Jim will teach you the importance of self-education, developing new skills, and how to start your own personal success library filled with information that will make you more knowledgeable as well as more employable. Jim Rohn is credited with inspiring and teaching the likes of Anthony Robbins, Les Brown, and countless others various success principles in the areas of financial independence, education, relationships, and much more!

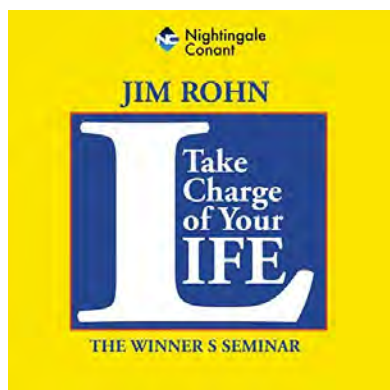


Name the one quality that can take you to the top and keep you there! According to Jim Rohn, the answer is character - the collection of qualities synonymous with greatness. When you have character, you're a person of substance, and you truly deserve the personal and professional success you'll attain.

Cultivating an Unshakable Character by Jim Rohn is a spellbinding program in which you'll uncover the 12 pillars of character that form the indestructible foundation for personal and professional success. Discover how to develop uncommon courage, why it pays to adopt a "the-buck-stops-here" attitude, and how to make yourself a more confident leader.

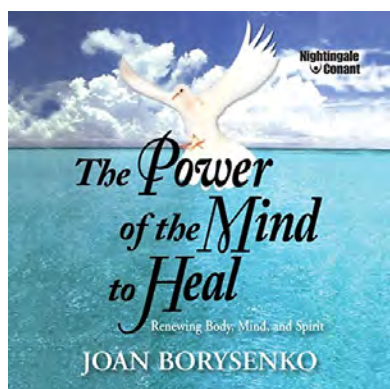
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The Jim Rohn Philosophy: Take Charge of Your Life

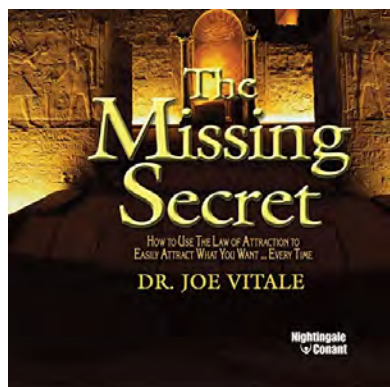
"When talking about personal success, I like to ask four questions. Why? Why not? Why not you? Why not now?" Why not acquire the means to travel first class through life, to see the Mona Lisa firsthand, to swim the crystal waters of the Bahamas, to sample the food in Paris or Africa? Why not do it all? There's really nothing like a view from the top.



Joan Borysenko teaches the process of healing is one of self-realization.

It is a peeling away from the fears, concepts, and negativity that obscure the light of our own true nature and its innate essence of compassion, creativity, wisdom, and love. As negativity is transformed, the physical body often heals as well.

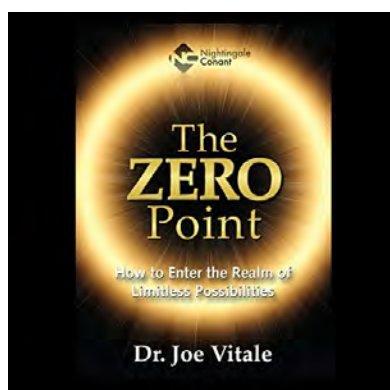
Life is an exacting teacher, constantly challenging you to transcend your fears and find your essence. Drawn both from modern psychology and the great spiritual traditions of the world, ***The Power of the Mind to Heal*** is an audiobook that presents transformative methods of overcoming negative patterns and finding the higher self.



The Missing Secret

How to Use the Law of Attraction to Easily Attract Whatever You Want... Every Time

The phenomenal popularity of *The Secret* film and book has put widespread attention on the age-old universal force known as the Law of Attraction. Millions of people around the world have been ignited by the possibility that they hold the power to create the life they want. Few people are more familiar with the true impact of this phenomenon than bestselling author and world-renowned marketing mastermind **Joe Vitale**.



Let Dr. Joe Vitale guide you into the realm of limitless possibilities that begins at... ***The Zero Point!***

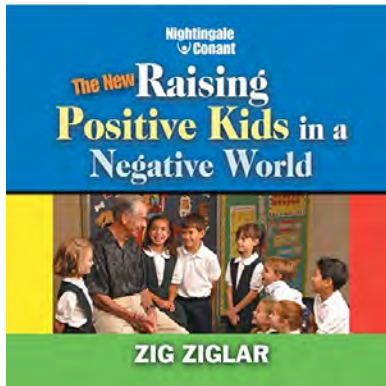
Imagine that in any moment - every moment - you could receive pure, direct, unfiltered information from God/Source/the Divine on the best action to take, the absolute right thing to do, the most beneficial choice to make. After 30+ years of study and practice, Dr. Joe Vitale has arrived in that place of magic and miracles. In *The Zero Point*.

Check out the full complete programs from Nightingale Conant best sellers.

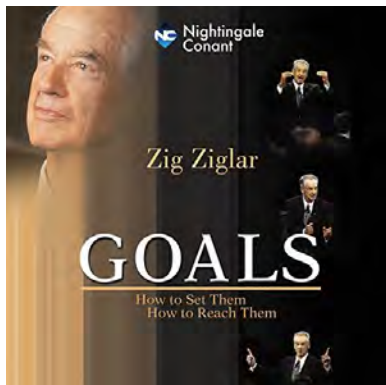




Widely considered the best NFL quarterback of all time, **Joe Montana** personifies performance excellence and personal integrity both on and off the field. Montana teams up with performance coach **Tom Mitchell, PhD**, to extend to all areas of life the truths of success on the field. ***The Winning Spirit*** shows that ultimately, performance excellence is fueled by personal integrity. This is the key to winning the inner game, which is about accountability and attitude as well as desire, enthusiasm, effort, and appreciation.



In today's fast-paced ever-changing society, parents are hit with more controversial, pressure-packed decisions to make than ever before. With the Internet, cable television, and video games bombarding our children and attempting to make an assault on their minds daily, what are parents to do? Zig Ziglar, one of America's most prominent motivational speakers and success coaches now brings you the guidelines that you need to face life's parental challenges. In this updated version of Zig's classic audiobook ***Raising Positive Kids in a Negative World***, Zig shows you that today's parenting challenges really aren't so different from the challenges of the past.

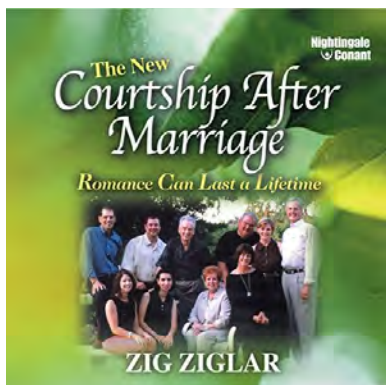


Set goals...and reach them!

Without clearly defined goals, you simply can't achieve the success you want!

In ***Goals***, **Zig Ziglar** guides you through a clear, beautifully organized "success trip". Along the way you'll learn how to recognize and set your goals.

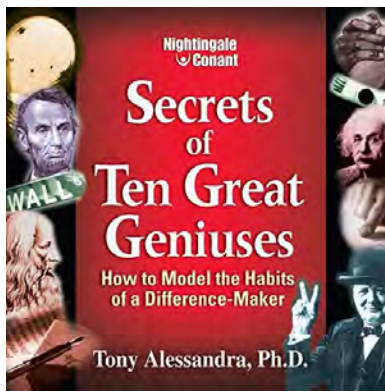
You'll learn techniques for finding extra time you didn't think you had and for cutting down big goals to easy-to-handle size. Now you can take advantage of this all-important opportunity to write your "business plan for life".



Zig Ziglar and his beautiful wife Jean were married for more than 50 years. In ***Courtship After Marriage***, Zig shares his personal experience, the ups and downs that he has encountered in his own marriage, and how these experiences have strengthened his marriage beyond what even he dreamed possible. Zig teaches couples how to focus on their own marriage and invest themselves in simple, effective strategies that can make their marriage everything it was meant to be. Strategies that have stood the test of time and the stresses and pressures we all face day-to-day.

Check out the full complete programs from Nightingale Conant best sellers.

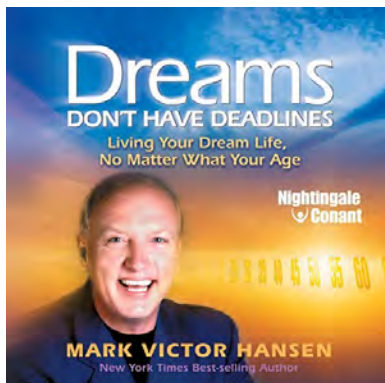




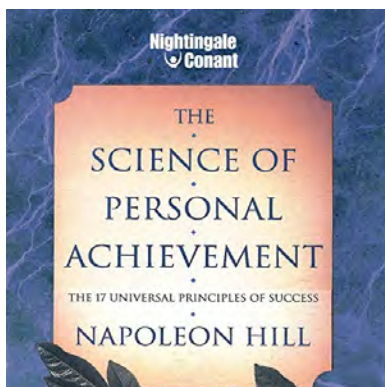
To further inspire you on your journey to uncovering the genius that lies within you, ***Secrets of Ten Great Geniuses*** is thought-provoking and worthy of deeper reflection. Perhaps the genius within you yearns to be expressed **Tony Alessandra, Ph.D.**, has a street-wise, college-smart perspective on business, having fought his way out of NYC to realize success as a graduate professor of marketing, entrepreneur, business author, and keynote speaker. Tony brings a broad foundation of experience to every program he delivers, with examples, analogies, and proven solutions your team can implement immediately.



In ***This I Believe: Timeless Lessons from the World's Greatest Student of Successful Living***, Vic Conant shares insights culled from a lifetime in the company of the greatest success ideas - and the greatest practitioners of those ideas - that the world has ever known. Personal development isn't merely Vic Conant's job - it's his life. And with a 35-years-strong marriage, two terrific kids, a thriving business, and an unshakably positive attitude that has carried him through good times and bad, he is living proof of their incredible effectiveness.



No one knows more about making dreams come true than **Mark Victor Hansen**. As co-creator of the hugely successful *Chicken Soup for the Soul®* series, Mark is responsible for the sale of more than 60 million books, with the numbers rising every day. Learn the tools, techniques, strategies, and tactics to live the life you know that you were meant to live. It's all in ***Dreams Don't Have Deadlines***.



Napoleon Hill devoted his life to studying this question, analyzing the success of more than 500 of the 20th Century's greatest achievers. His exhaustive research proved that the essence of success lies within 17 simple principles that, when used together, serve as an infallible formula for achievement. These 17 key principles are the foundation of ***The Science of Personal Achievement***, a comprehensive course in success that empowers you to convert any adversity into advantage.

Check out the full complete programs from Nightingale Conant best sellers.





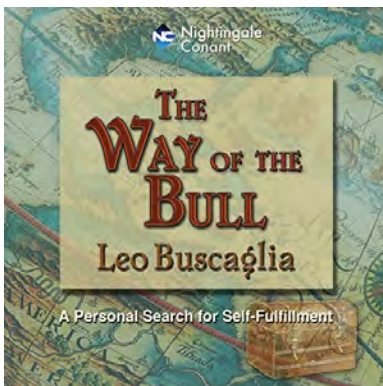
Learn the Secrets of Tapping the Power of Today's New Tidal Wave of Talent to Give Your Business the Ultimate Edge In ***The Millennial Solution***, There's a revolution going on in today's workforce. A new generation of talent is coming onto the scene with incredible creativity, innovation, and insights. This is the generation that has been raised with knowledge of the leading technologies. **Gabrielle Bosché**, a millennial herself, now brings her unique passion and understanding of this powerfully distinctive group to you!



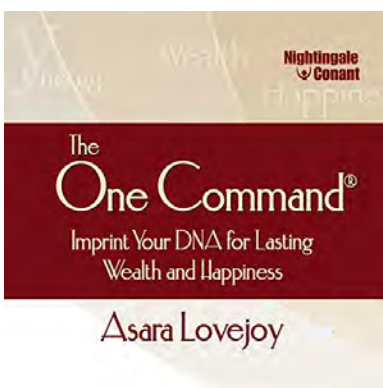
Bring the power of **Love** into all areas of your life!

Once in a while, a person steps out from the crowd with a message so powerful that you can simply cannot ignore it. That person is **Dr. Leo Buscaglia**.

At a time when things are becoming increasingly impersonal, when electronic gadgets have taken the place of face-to-face embraces, when families are embittered and fragmented, a message of Leo's is more important than ever - the message of love.



Share in a joyful, enlightening journey! In everyone's life, there's one journey that stands out...the one in which you discover yourself and your mission in life. Join **Leo Buscaglia** on his journey of a lifetime! Leo's mission: discovery of self. Rediscovery and verification of the ancient truths. And a search for beauty, friendship, and understanding. With his lifelong and seasoned traveling partners - curiosity, compassion, and love - Leo embarks on what is destined to become a lengthy, wondrous, and sometimes arduous journey in ***The Way of the Bull: A Personal Search of Self-Fulfillment***. Accept his heartfelt invitation to become his newest traveling companion.

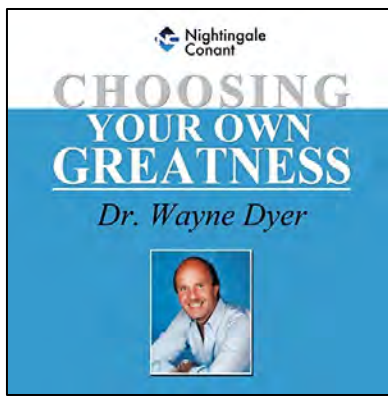


Unleash the extraordinary power of your theta mind for limitless success at every level with ***The One Command***. Discover the One Command that will direct your whole self toward creating the life you want - right down to your DNA!

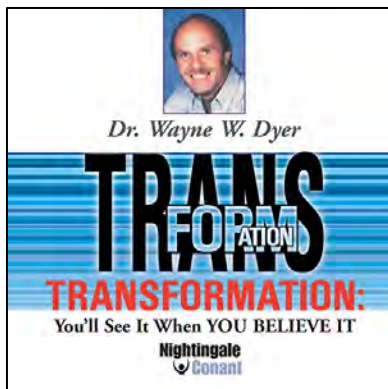
In this highly anticipated program, beloved teacher and author **Asara Lovejoy** reveals her renowned One Command® process for instantaneously accessing your theta mind - the "power mind" brainwave state which contains all the makings of your untapped greatness. Using this simple and extremely powerful process, you will be able to shift into the miraculous theta mind state anywhere, anytime, to experience the kind of extraordinary, limitless thinking that leads to massive life success.

Check out the full complete programs from Nightingale Conant best sellers.

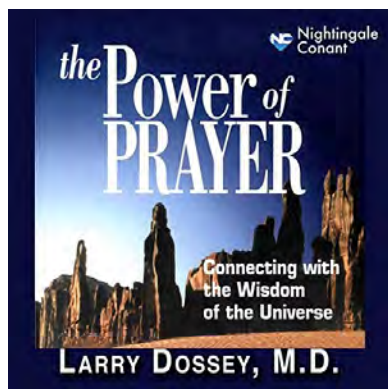




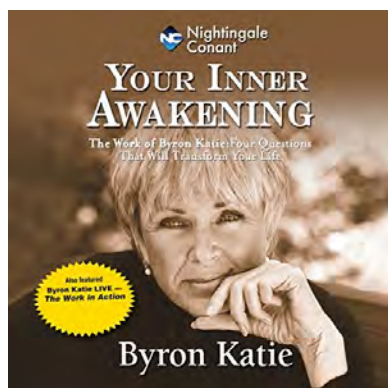
According to the news media, **Dr. Wayne W. Dyer** is an author, a psycho-therapist, a college professor, a lecturer, a TV and radio personality, and a consultant. To his fans everywhere, he's much more than that. Wayne Dyer is a respected and highly regarded analyst of life, and its meaning. Many consider him America's number-one problem solver and life enhancer. That Wayne Dyer is a legend in his own time there can be no doubt.



Wayne Dyer lives the philosophy he espouses in this audio program. It is an approach to life advocated by many others, including the late Albert Einstein. Notes Dyer: "Albert Einstein said that a human being is a part of the whole which we call the 'universe.' He experiences himself, his thoughts and his feelings, as something separated from the rest of humanity, a kind of optical delusion of his consciousness. This delusion is a prison restricting us to our personal desires and to affection for a few persons nearest to us. Our task, as Einstein said, is to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in all its beauty." Let Dr. Wayne Dyer help free you from this self-imposed prison, as he has helped thousands of other people over the years.



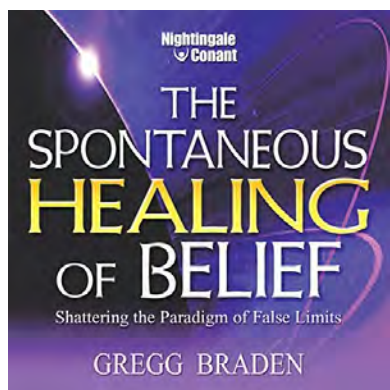
This is a program about accessing this incredible power by reaching within yourself. About accessing it in a way that mankind has used since the beginning of time. Accessing it in a way you may already be very familiar and comfortable with. Through prayer. **The Power of Prayer** is a personal journey exploring the link between science and spirituality. Recounted by a medical doctor, **Larry Dossey M.D.**, he leads you through the same realizations that have profoundly changed his own life, and his understanding of the natural world, and what our role as humans is in it. Through an examination of the scientific experiments, anecdotal third-person accounts, and stories about his own experiences in the practice of medicine, Dr. Dossey will bring you to new assumptions about yourself and the spiritual nature within you.



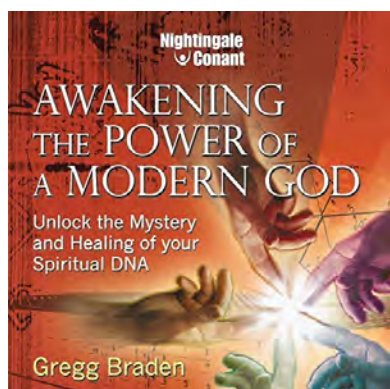
In **Your Inner Awakening** Byron Katie will teach you this revolutionary process so that you can use it to question and undo any stressful thought that keeps you from experiencing mental clarity. Eventually you may find, as so many others have, that peace and joy flow into every area of your life.

Check out the full complete programs from Nightingale Conant best sellers.

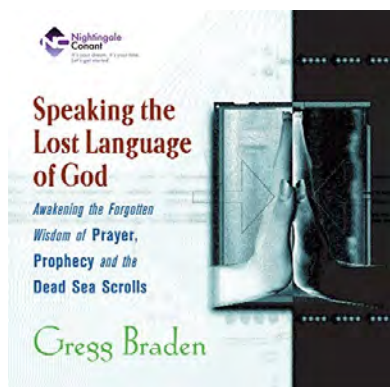




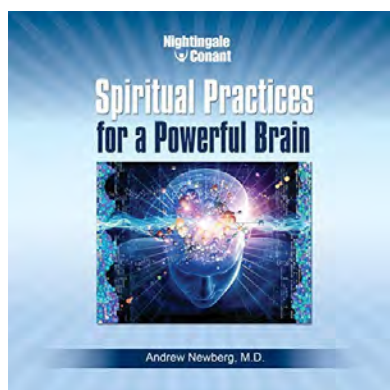
Discover the most powerful force in our universe with **Greg Braden**
 In ***The Spontaneous Healing of Belief***, you will discover paradigm-shattering revelations that demonstrate why:
 We are not limited by the laws of physics as we know them today!
 We are not limited by the laws of biology as we know them today!
 Our DNA is a code that we can change and "upgrade" by choice!



Sometimes we find the solutions to life's deepest mysteries in the most unlikely places. In hindsight, we often find that the most elusive answers were, in fact, right before our eyes. We simply didn't recognize them. ***Awakening the Power of a Modern God: Unlock the Mystery and Healing of Your Spiritual DNA*** deciphers the great spiritual mystery of how we interact with the forces of creation. In this fascinating program, visionary and scholar **Gregg Braden** shares the life-changing discovery that led him from a successful career in aerospace and defense to an extensive 12-year study of the most sacred and honored traditions of humankind. Crossing the traditional boundaries of science and spirituality,



In ***Speaking the Lost Language of God: Awakening the Forgotten Wisdom of Prayer, Prophecy, and the Dead Sea Scrolls***, you'll discover that the answer to these and similar questions is a resounding "Yes!" Visionary and scientist **Gregg Braden** takes you on a journey of exploration, discovery, mystery, and insight. A journey that leads you to the wisdom of the ancients and an understanding that the most powerful force in the universe resides within you now. In this illuminating program, Gregg cites study after study in which modern science is now proving what the ancients have been saying since the beginning of time: There is an unseen web of energy that connects us all. A growing number of scientist call this web of energy the Mind of God.



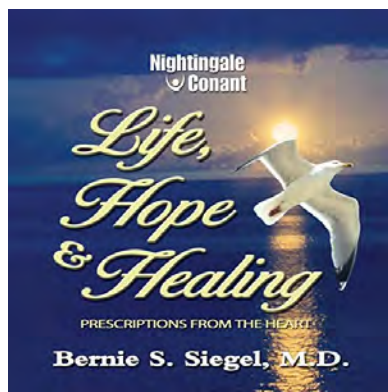
Discover why God is good for your brain!

Tap the power of the God-brain connection! Recent studies at the cutting edge of neuroscience have proven a startling connection between spirituality and cognitive function. In short: Under certain circumstances, spiritual practice can make your brain *dramatically* more powerful.

Dr. Andrew Newberg has developed a collection of nine targeted spiritual practices designed to help anyone, of any background or belief system, enrich their mind and body as well as their soul.

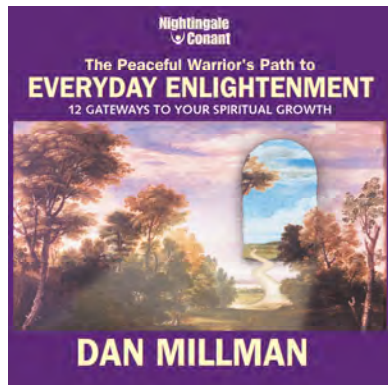
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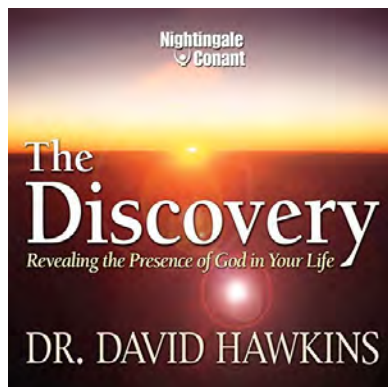
Discover the true secrets of health, peace, and happiness!

Many years ago, as a practicing surgeon, **Dr. Bernie Siegel** observed the power of the human mind to affect physical outcomes. His observations led him to explore new forms of cancer therapy that utilize a patient's own innate healing potential. Today, he is world-renowned as a pioneer in the field of holistic medicine, and an inspiration to millions of people around the globe. In ***Life, Hope and Healing***, Bernie - as he prefers to be called - shares his "prescription" for creating a full, rich, joyful, and genuinely "healthy" life.



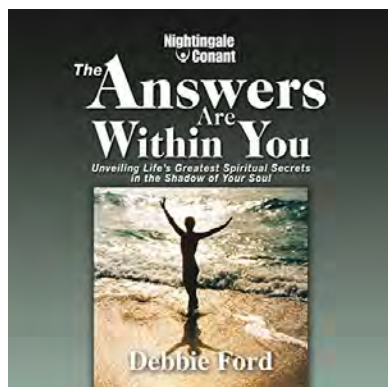
Discover Your Gateway to a More Fulfilling Life!

In ***The Peaceful Warrior's Path to Everyday Enlightenment***, **Dan Millman** connects the heart of spiritual teachings with the practical realities of daily life. He provides down-to-earth perspectives on everyday issues like money, sex, relationships ... unraveling the mysteries of body, mind, and emotions to make the spiritual ascent simple and attainable. Favoring practical outcomes over abstract philosophy, Dan Millman provides sound advice so that, entered one by one, each of the 12 Gateways frees your attention to see the Spirit everywhere, everyday, in everyone and everything — leading you to a realistic practice of everyday enlightenment.



Stop pursuing enlightenment and discover the direct path to God today!

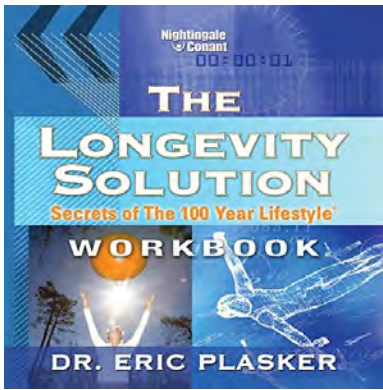
David Hawkins, M.D., Ph.D., has traveled along the outermost edges of spiritual evolution for more than four decades. From calling on God when he was on the brink of death to living as a hermit for 12 years to focus on spiritual study and meditation, Dr. Hawkins is a true spiritual warrior. In ***The Discovery: Revealing the Presence of God in Your Life***, Dr. Hawkins reveals critical "insider" information that provides a simple clarity for "being" and "living" the reality of the mystic in your daily life.



Debbie Ford ***The Answers Are Within You*** According to this *New York Times* best-selling author, each of us is born with a divine purpose and unique gifts, which we often lose sight of when we create our "story". This story, a collection of self-limiting beliefs, manufactures a false self and casts a shadow that prevents us from achieving success in many areas of our lives. As she explains, "the key is to stop chasing the feel-good moments and make peace with our stories so we can understand, accept, and embrace everything in the past that has caused us pain." When we find the courage to look into our painful stories, and embrace them for both the losses as well as the gains we have experienced, we can then open to the divine plan for our lives. In this one-of-a-kind program, Debbie shares her own story of addiction and how she learned to embrace it in order to gain greater wisdom and ultimate direction in her life.

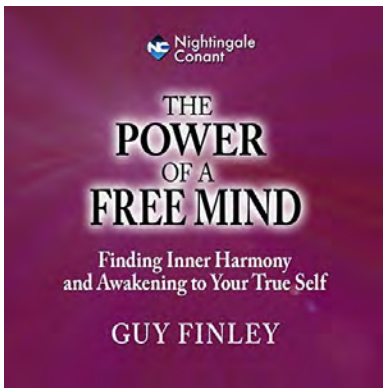
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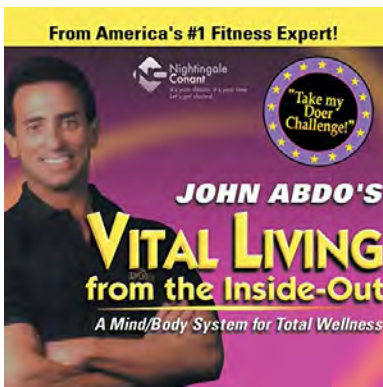


Secrets of the 100 Year Lifestyle

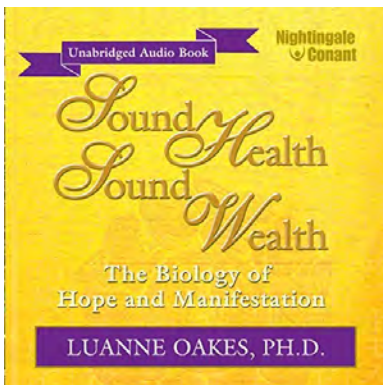
People are living longer than ever before. In fact, centenarians —people who live to 100 or older — are one of the world's fastest growing segments of the population. And, while your parents and grandparents may have been blindsided by their longevity — and suffered for it — that doesn't have to happen to you. Aging can be a good thing — the opportunity to realize all of your dreams and establish a remarkable legacy — if you prepare for it.



Guy Finley in *The Power of a Free* mind tells you how you can get anything you want or need out of life by relying on this inner resource. Let Guy Finley blaze a trail for you to your own Free Mind and heightened self-realization. Let him teach you that there is no one to please but yourself. And let him show you how to achieve all your heart's desires. Along the way, you'll also learn to; benefit from whatever happens to you



John Abdo is an expert in weight training, aerobics, polymetrics, fat loss, athletic strength training, health and nutrition. He is the co-host and co-producer of the popular weekly fitness television series *Training and Nutrition 2000* which John began in 1985. John is the personal trainer of choice for legions of athletes, fitness enthusiasts, health seekers, and people who want to feel great about themselves.



The Sound Health, Sound Wealth system will engage your *whole* consciousness and being in the process of achieving prosperity and fulfillment - on the material, physical, and spiritual levels.

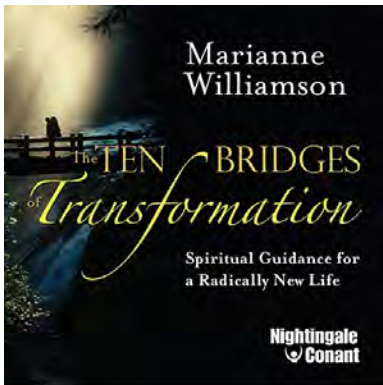
Dr. Luanne Oakes articulates the essential, timeless principles that underlie the sound frequency treatment and makes it so powerful. You will understand on a rational level what you experience on a subconscious and cellular level during the treatment.

Check out the full complete programs from Nightingale Conant best sellers.

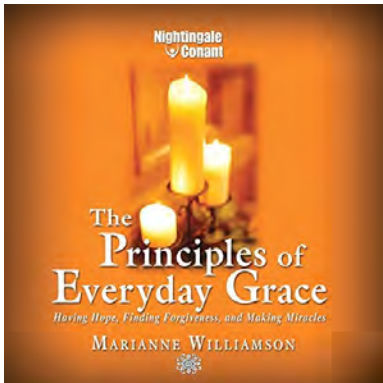




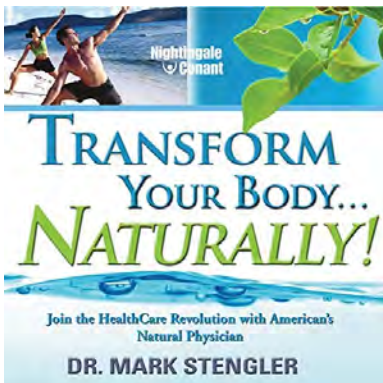
The Ultimate Marianne Williamson Library, by best-selling author, spiritual teacher, and lecturer, Marianne Williamson. In this collection of great ideas in sound, you will hear some of the greatest audio segments that we at Nightingale-Conant had the great pleasure to publish with Marianne - ranging from the late 1980s to the early 2000s, in both dynamic live lectures and intimate studio recordings. Each volume of this series is organized around a specific set of topics on which Marianne had a great deal to say over these 25+ years.



In ***The Ten Bridges of Transformation***, world-renowned spiritual teacher **Marianne Williamson** addresses 10 universal human challenges that act as gulfs, separating us from all the things we most want and need in life. When they rear their head - as they quite frequently do - we are rendered paralyzed by them, powerless and incapable of true movement. In response, Marianne offers 10 radical new ways of encountering these inevitable challenges.



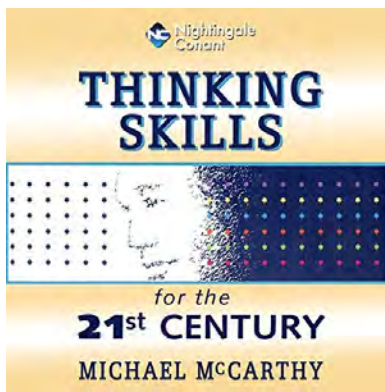
Hope, Finding Forgiveness, and Making Miracles. As this world appears to be speeding up and wrapping itself around fear-based thoughts, you find yourself having to make difficult choices. How do you find moments of grace during these personally trying times? The answer, according to renowned author **Marianne Williamson**, lies in asking for grace



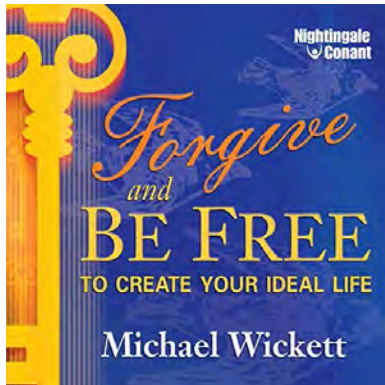
Considered by many to be the future of American healthcare, homeopathy - known as today's energy medicine - is currently in regular use by doctors around the world. While natural medicine is becoming increasingly popular in America, few doctors have the training and experience that **Dr. Mark Stengler** does with homeopathy and other forms of natural medicine. That's why, in this empowering audio program ***Transform Your Body... Naturally!***: ***Join the HealthCare Revolution with America's Natural Physician.***

Check out the full complete programs from Nightingale Conant best sellers.



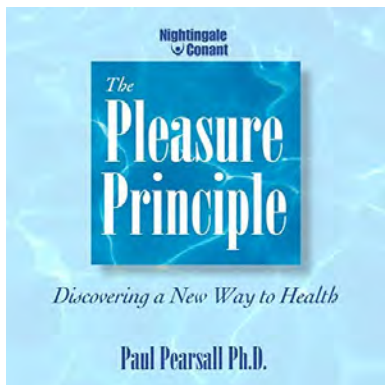


Text messages. Printouts and contracts. Magazines and newspapers. Wave after wave rolling toward you. Information demanding your attention. At home and the office. Every moment of the day. Change is happening fast. Advances in technology make it possible to produce and deliver information in the blink of an eye. It's a challenging sea of rising waters, and it's your job to stay on top. To process and digest all of this information. To put it to work to your advantage. It's essential you develop new skills keep pace with the turbulent tide. **Michael J. McCarthy's *Thinking Skills for the 21st Century*** helps you sharpen the skills.



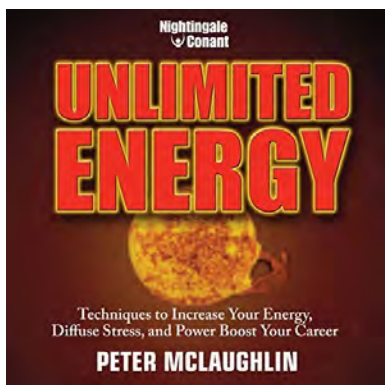
Today you can make a brand new start!

Welcome to a program that will change your whole life - a program that will help you to create the life of your dreams. **Michael Wickett** has been recording success strategies and prosperity principles since 1982. For Michael, this is the most exciting program that he has ever been involved with. It is a culmination of twelve years of his most passionate efforts. The embodiment of this program contains the great secret to peace and personal power. It is simply the principle of forgiveness. As you will hear, the principle of forgiveness will open up your world to unlimited opportunities.



Using new research from the field of psychoneuroimmunology, **Dr. Paul Pearsall** goes beyond the Spartan "no pain, no gain" philosophy to one most aptly described as "no bliss, no benefit": if you enjoy it, it's good for you. Instead of stripping joyful activities from our lives, he encourages us to enjoy them in moderation. The key, he says, is balance. Discover how you can literally let good health "happen".

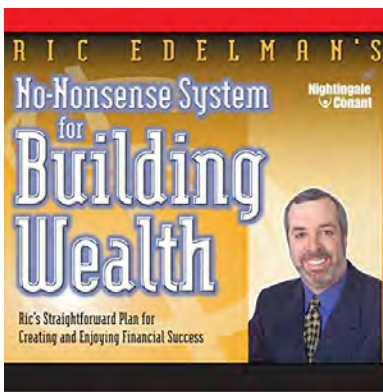
The *Pleasure Principle: Discovering a New Way to Health* is just what the doctor ordered



With ***Unlimited Energy***, you can finally perform in your "energy zone" - where energy, confidence, calmness, flexibility, focus, and fun combine to create a fulfilling and vital life. From teaching you to become more productive to guiding you to improve your relationships, this program will help you live every day with incredible energy and vitality. Humor, relaxation, proper nutrition, adequate exercise, and positive thinking lead to high energy levels that make up the foundation of happy and successful lives. Over the years, **Peter McLaughlin** has conducted hundreds of interviews with everyone from CEOs to front-line employees. During these sessions, he discovered that only a few people were living their lives to their fullest potential. He also realized that the majority of people didn't know how to optimize their effectiveness, creativity, or energy.

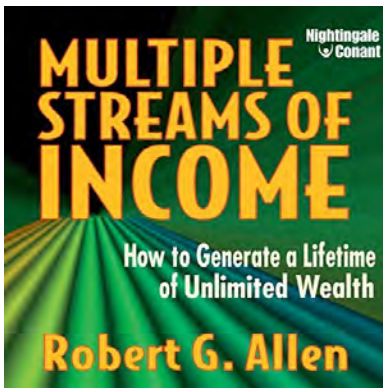
Check out the full complete programs from Nightingale Conant best sellers.



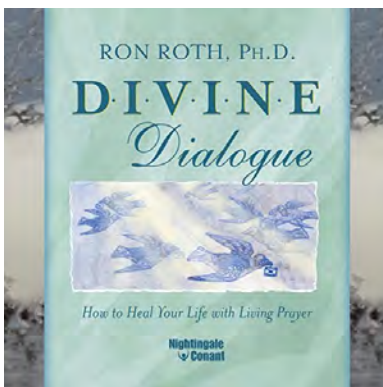


Ric Edelman, one of the nation's best-known and most successful financial advisors is on a mission - to replace the financial "non-sense" that abounds today and replace it with financial "un-common sense". Ric calls his advice "un-common sense" because most people haven't thought through their financial plans completely enough to see the errors that they may be making - errors that compounded over time could cost you hundreds of thousands of dollars in future wealth!

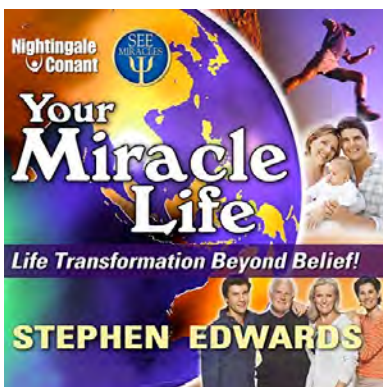
In this program Ric debunks much of the hearsay and misconceptions in today's financial advice community and gives you solid, structured, proven financial advice to help you build a future that will give you financial peace of mind.



Using **Robert G. Allen's** powerful, proven techniques, you can create multiple streams of income - income so stable and secure it can lead to a lifetime of wealth and ease. Whether your goal is to gain extra monthly income or to escape the stress of the rat race altogether, ***Multiple Streams of Income: How to Generate a Lifetime of Unlimited Wealth*** can put you on the path to prosperity, peace, and health.



In ***Divine Dialogue***, **Ron Roth** crosses cultures, eras, and denominations as he takes you on a journey to the essence of prayer. He shows you how to embrace prayer as an empowering experience of the heart. He shares astonishing, profoundly moving stories of individuals whose bodies and souls were miraculously healed when they welcomed true prayer into their lives. And he teaches you how to open your whole life to its healing power.



Facing your fears is quite possibly the single most important work you can do for yourself, your families, and the world as a whole. The next step is to confidently walk through your fears. That is where the coaching and counsel of **Stephen Edwards** comes in. Most people simply allow their fear to paralyze them. When you make the decision to face your fear, you immediately feel the power. You instantly become more alive. Your senses are heightened. The world around you becomes more vibrant. And you become a greater person by far than you previously imagined yourself to be. You faced your fears and you took action. This program will help you consciously tap into your potential. It will give you more confidence and certainty in yourself and your abilities to deal with any situation.

Check out the full complete programs from Nightingale Conant best sellers.



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We have more compilation programs to be released soon featuring our best selling authors and experts from Nightingale Conant.

PUMP: Get Motivated! Stay Motivated!

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