

Sarah's CHOICE

RECIPE FOR SARAH'S DOUGH DAB

Ingredients:

4 cups flour

1 teaspoon salt

½ cup lard or shortening

5 teaspoons baking powder

Milk

Stir dry ingredients in a bowl with a spoon. Add enough milk to make a stiff dough. Roll out on a floured board and cut into round pieces. Put in a greased frying pan and fry until done. Turn as you would for a pancake. Brown on both sides, then serve as a bread substitute.