

*MARRIED
AND STILL
LOVING IT*

The Joys and Challenges of the Second Half

GARY CHAPMAN
HAROLD MYRA

MARRIED AND STILL LOVING IT

Use the following list of personality differences to help you construct your own list of differences.³

1. Dead Sea Stores thoughts and feelings. Talks little.	Babbling Brook Tells all. Whatever they hear, see, or think, they tell.
2. Robin Rises early, alert and singing. "The early bird gets the worm."	Owl Awake at night but come morning, the "do not disturb" sign is on the door.
3. Aggressive "Let's go get it." "Let's make it happen." "Seize the day."	Passive "Let's wait till it comes to us." "Everything comes to him who waits."
4. Neatnik "A place for everything and everything in its place" is their theme.	Slob "Where is it?" is their most asked question.
5. Planner Plans ahead. Takes care of every detail.	Spontaneous Doer "Don't waste time planning. We'll work out the details as we go."
6. The Butterfly Flits from event to event. Life's a party.	The Raccoon "Can't we stay home tonight? I'm tired."
7. The Professor "Let's be logical." "Think about it."	The Dancer "I don't know why, I just do." "Why do I have to have a reason?"

MEETING IN THE MIDDLE: THE DANCE OF DIFFERENCES

8. First Class "It only costs \$5 more to go first class. We deserve it."	Economy "We can save lots of money and economy is nice enough."
9. Reader "Why would anyone waste time watching TV when there are so many good books to read?"	TV Addict "It's my way of relaxing." "I don't like to read." "Besides, I don't watch that much TV."
10. Symphony Lover "Bravo, bravo!" "Don't you just love that Opus #12 in A minor?"	Bluegrass Devotee "Now that's real music; it tells a story." "Listen to that banjo."
11. The Jogger The aerobic exercise—jogging. "My goal is the marathon. Rain or shine, I'll be there."	The Walker "I don't want to ruin my knees by jogging. I want to enjoy the scenery as I walk."
12. Channel Surfer "Why waste time on commercials. I can watch three shows at once if I omit the commercials."	Commercial Watcher "Can't we just enjoy one program instead of seeing parts of three? Besides, we can talk during the commercial."

Notes

1. Paul Tournier, *The Adventure of Living* (New York: Harper & Row, 1967), 137.
2. Jerry and Shirley Rose, *Significant Living* (New Kensington, PA: Whitaker House, 2000), 15.
3. Gary Chapman, *Now You're Speaking My Language* (Nashville: B&H Books, 2007), 141.
4. For additional help in relating to adult children, see *How to Really Love Your Adult Child* by Gary Chapman, PhD and Ross Campbell, MD (Chicago: Northfield).
5. John 16:33.
6. George Sweeting, *Who Said That?* (Chicago: Moody, 1995), 250.
7. www.healthywomen.org/content/article/sex-after-50, 2.
8. www.psychologytoday.com/blog/all-about-sex/201205/erection-changes-after-50.